



# **ANNUAL REPORT**

## **2023-24**

**LOKOPRIYA GOPINATH BORDOLOI REGIONAL INSTITUTE OF MENTAL HEALTH**

TEZPUR-784001

ASSAM





श्री जगत प्रकाश नड्डा  
**SHRI JAGAT PRAKASH NADDA**  
माननीय केन्द्रीय मंत्री  
**HON'BLE CABINET MINISTER**  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय  
**Ministry of Health and Family Welfare**



श्री प्रतापराव जाधव  
माननीय आयुष राज्य मंत्री (स्वतंत्र प्रभार)  
एवं माननीय राज्य मंत्री  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय,  
**SHRI PRATAPRAO JADHAV**  
Hon'ble Minister of State (Independent Charge)  
of Ministry of AYUSH and Minister of State of  
Ministry of Health & Family Welfare, Government  
of India



श्रीमती अनुप्रिया पटेल  
**SMT. ANUPRIYA PATEL**  
माननीय राज्य मंत्री  
**Hon'ble Minister of State**  
स्वास्थ्य एवं परिवार कल्याण मंत्रालय व  
रसायन एवं उर्वरक, भारत सरकार  
**Health & Family Welfare and  
Chemicals and Fertilizers,  
Government of India**

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## FROM THE DIRECTOR'S DESK

With great pride and a deep sense of fulfilment, I present the Annual Report for 2023-24 of Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH). This year has been marked by both challenges and remarkable achievements as we remain committed to our mission of providing compassionate, high-quality, and evidence-based mental health care and allied behavioural sciences services. As we reflect on our journey, we honour the vision and dedication of those who came before us, whose contributions laid the foundation for our growth.



At LGBRIMH, we firmly believe that mental health is integral to overall well-being. Our efforts this year have been guided by the principles of dignity, respect, and compassion, ensuring a safe and healing environment for all those under our care. The dedication of our healthcare professionals, support staff, and community partners has been instrumental in achieving our goals and delivering on our promise to positively impact the lives of those we serve.

### **Highlights of the Year:**

We served over 1,43,853 outpatient cases and 2,163 inpatient cases, reinforcing the trust placed in us by the community. Additionally, our team conducted 3,50,454 laboratory and radiology investigations to support patient care, further showcasing our extensive service delivery.

We continue to expand our facilities, offering specialized departments like Addiction Medicine, Geriatric Mental Health, Child and Adolescent Psychiatry, Psychosocial Rehabilitation, Tobacco Cessation Clinic and Behavioural Addiction Clinic. Rehabilitation services offered Occupational Therapy Unit, Physiotherapy Unit, Speech Therapy Unit, Special Education Unit and Wellness Centre Unit. We also introduce Tele-yoga Services this year, leveraging technology to promote mental well-being and holistic care for individuals.

To promote accessibility and awareness, our team conducted 68 community extension clinics, benefiting 6,892 individuals. Awareness initiatives on prevention, promotion and rehabilitation further strengthened mental health outreach in the region

LGBRIMH remains a hub of academic excellence, training 940 students this year, including institutional trainees and visiting students, across various programs like M.D. Psychiatry, M.Phil. in Clinical Psychology and Psychiatric Social Work, Ph.D. in Clinical Psychology, Ph.D. in Psychiatric Social Work, Ph.D. in Psychiatric Nursing, Masters in Medical Laboratory Sciences, Diploma in Psychiatric Nursing, PDF and certificate programs. In addition, LGBRIMH hosts various students, Doctors and staff from other institutions for exposure training, providing them with valuable insights and hands-on experience in mental health care. Fifty percent of the seats in our academic programs (MD Psychiatry, M.Phil. Clinical Psychology and

Psychiatric Social Work, M.Sc Nursing (Psychiatric Nursing), MMLS) are reserved for candidates from the North Eastern region on a rotation basis, ensuring greater accessibility and opportunities for local talent in the field of mental health and allied health branches.

Our Faculty, Staff and Students actively participated in 406 events, including webinars, seminars, and awareness activities, fostering greater understanding and collaboration in mental health care.

As we mark 148 years of service, we continue to strive toward our vision of becoming an Institute of National Importance. Our unwavering commitment to providing free and equitable mental health care, advancing research, developing skilled professionals, and promoting rehabilitation remains steadfast.

I extend my heartfelt gratitude to the Government of India, our dedicated staff, and all stakeholders who have supported us in this journey. Together, we are building a society where mental health is recognized as a cornerstone of well-being.

Let us look forward with hope and determination, knowing that our efforts today will shape a brighter, healthier future for generations to come.

Dr. J. Hazarika  
Director

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## LGBRIMH, Tezpur

The Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), established in the year 1876 in the Sonitpur district of Assam, is one of the standalone tertiary care institutes in the field of mental health and behavioural sciences in the North East Region of India. This institute is administered and funded by the Government of India and completes 148 years of its existence and service in the area of mental health care.

The Institute plays an active role in augmentation of human resource, service provision and research in the field of mental health and allied sciences. The Institute has established three speciality departments in Mental Health and related areas in the past 5 years and continues to make efforts to expand its services to attain the status of an Institute of National Importance.

The Institute has an active outpatient department and an inpatient care facility with 336 beds. The treatment facilities and services are free of cost. The institute also conducts regular community-based extension programmes.

The Institute offers regular courses in M. D. Psychiatry, M. Sc. Psychiatric Nursing, Master in Medical Laboratory Sciences, M. Phil. in Psychiatric Social Work and M. Phil. in Clinical Psychology and also a Post-Basic Diploma course in Psychiatric Nursing. These courses are offered under Gauhati University. Apart from these courses, Ph. D. programmes in Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology are also offered. The Institute also provides exposure training to visiting students from various medical, para-medical and non-medical institutions.

## VISION

To develop Lokopriya Gopinath Bordoloi Regional Institute of Mental Health as an Institute of National Importance.

## MISSION

1. To deliver free mental health care uniformly for all.
2. To develop manpower for delivering the services.
3. To promote research activities for enhancing knowledge.

## OBJECTIVES

1. To provide equitable access to mental health care to all sections of society with effective linkages to the other health related institutions.
2. To develop human resources for delivering the services.
3. To reduce overall disease burden by providing appropriate sustainable rehabilitation measures.
4. To promote positive mental health for all sections of people of the region through collaborative activities with different social and educational organizations.
5. To provide a conducive environment for research activities in collaboration with different agencies.
6. To facilitate implementation of the National Mental Health Programme (NMHP).
7. To develop infrastructure for all related activities with a multimodal approach.

**Facilities Available at LGBRIMH, Tezpur**

- Out - Patient Department
- Inpatient Department
- Biochemistry Department
- Pathology Department
- Microbiology Department
- Radiology Department
- Addiction Medicine Department
- Geriatric Mental Health Department
- Child and Adolescent Psychiatry
- Physiotherapy
- Occupational Therapy
- Speech Therapy
- Wellness Centre
- Family Therapy
- Psycho Therapy
- Psychosocial Rehabilitation

**Attendance of Patients**

Sl. No	Name of Facility	Patients Attended
1	OPD	143853
2	Inpatient	2163
3	Referral	29110
4	Laboratory Investigation	348382
5	Radiology Investigation	2072
6	Community Extension Clinics	6892
	Grand Total	532472

**Programmes attended by the Faculties, Clinical Staff, Scholars and Students**

Sl. No	Programmes	Number
1	Webinar, Seminar, Awareness Activities, conference etc	26
2	Workshop	25
3	Training	15
4	Research (including students & scholars thesis)	104
	Grand Total	406

**Strength of Students who receive training at LGBRIMH**

Sl. No	Students	Total
1	Institute	71
2	Visiting	869
	Grand Total	940

## ADMINISTRATION AND MANAGEMENT

The Board of Governors, Executive Council, Board of Visitors and the Finance Committee are the core management functionaries of the Institute. A list of the administrative bodies along with their respective Chairman and members is given below:-

The Board of Governors is the apex body governing the Institute. The Union Minister of Health and Family Welfare is its Chairman.

### CHAIRMAN AND MEMBERS OF THE BOARD OF GOVERNORS

➤ The Union Minister of Health & Family Welfare	Chairman
➤ The Chief Minister of Assam	Vice-Chairman
➤ The Health Minister of Assam	Member
➤ The Health Minister of Arunachal Pradesh	Member
➤ The Health Minister of Meghalaya	Member
➤ The Health Minister of Manipur	Member
➤ The Health Minister of Mizoram	Member
➤ The Health Minister of Nagaland	Member
➤ The Health Minister of Sikkim	Member
➤ The Health Minister of Tripura	Member
➤ The Secretary, Health & Family Welfare, Govt. of India	Member
➤ The Secretary, Ministry of DONER, Govt. of India	Member
➤ The Secretary, North Eastern Council, Shillong	Member
➤ The Director General of Health Services, Govt. of India	Member
➤ The Addl. Secy. & F.A, Ministry of Health & F.W, Govt. of India	Member
➤ The Vice Chancellor, Gauhati University	Member
➤ The President, Indian Nursing Council	Member
➤ The President, National Board of Examination	Member
➤ The President, Rehabilitation Council of India	Member
➤ The Director, NIMHANS, Bangalore	Member
➤ Dr. Rajesh Sagar, Professor of Psychiatry, AIIMS, New Delhi (nominated by the MoHFW)	Member
➤ Professor Debashish, Department of Psychiatry, PGIMER, Chandigarh (nominated by the MoHFW)	Member
➤ The Director, LGB Regional Institute of Mental Health	Member Secretary

## CHAIRMAN AND MEMBERS OF THE EXECUTIVE COUNCIL

The Executive Council manages the day-to-day business and affairs of the society as well as the Institute. The Secretary of Health and Family Welfare, Govt. of India, is its Chairman.

1. The Secretary, Health & Family Welfare, Govt. of India	Chairman
2. The Secretary, North Eastern Council, Shillong	Vice-Chairman
3. The Addl. Secy. & F. A, Ministry of Health & F.W, Govt. of India	Member
4. The Addl. Secy. In charge Mental Health, Ministry of Health & F.W, Govt. of India	Member
5. The Commissioner & Secretary, Health & F. W, Assam	Member
6. The Commissioner & Secretary, Health & F. W, Arunachal Pradesh	Member
7. The Commissioner & Secretary, Health & F. W, Meghalaya	Member
8. The Commissioner & Secretary, Health & F. W, Manipur	Member
9. The Commissioner & Secretary, Health & F. W, Mizoram	Member
10. The Commissioner & Secretary, Health & F. W, Nagaland	Member
11. The Commissioner & Secretary, Health & F. W, Tripura	Member
12. The Commissioner & Secretary, Health & F. W, Sikkim	Member
13. The Joint Secretary and incharge Mental Health, Ministry of Health & F.W, Govt. of India	Member
14. A Representative of Director General of Health Services, GOI	Member
15. The Medical Superintendent, LGBRIMH, Tezpur	Member
16. Academic Representative, LGBRIMH, Tezpur	Member
17. The Director, LGBRIMH, Tezpur	Member Secretary

# GENERAL ADMINISTRATION

## **Director**

Dr. S. K. Deuri, DPM (CIP, Ranchi University), MD Psychiatry (NIMHANS, Bengaluru)

## **OSD and Deputy Director**

Dr. Hemanta Dutta, MD Psychiatry (SSUHS, Guwahati)

## **Medical Superintendent**

Dr. Jyoti Hazarika, MD Microbiology (GMCH, Gauhati University, Guwahati), PGDHHM (IGNOU)

## **Deputy Medical Superintendent**

Dr. K. K. Tamuli, DNB Psychiatry (LGBRIMH, Tezpur)

## **Nursing Superintendent**

Dr. Arunjyoti Baruah, M. Sc. in Psychiatric Nursing (NIMHANS, Bengaluru), M. Sc. in Psychology (Gauhati University), M. Phil Nursing (MAHE, Manipal), Ph.D. in Psychiatric Nursing (National Ph.D. Consortium by Indian Nursing Council, RGUHS)

## **Assistant Medical Superintendent**

Dr. Debahuti Sabhapandit, MD Microbiology (NEIGRIMHS, Shillong)

Dr. Bipul Sarmah, MD Psychiatry (GU, Guwahati)

## **Chief Finance & Accounts Officer**

Dr. Hemanta Dutta, MD Psychiatry (SSUHS, Guwahati)

## **Chief Administrative Officer**

Dr. Ankur Jyoti Borah, MD Psychiatry (SSUHS, Guwahati)

## ACADEMIC SECTION

The Institute started various academic programmes in the field of mental health and allied health sciences to address the growing need for mental health professionals both regionally and nationally. The academic departments were established in 1998 by the Board of Administration (BoA) under the Government of Assam, following Supreme Court directives to upgrade the Institute and initiate comprehensive mental health services and educational programs. The first academic program, a Diploma in Psychiatric Nursing, was introduced in 2001.

Over the years, the Institute has introduced a variety of recognized academic programs in mental health and allied health sciences, including:

1. Diploma in Psychiatric Nursing (DPN) - 2001
2. DNB in Psychiatry - 2007–2013
3. M.Sc. Nursing (Psychiatric Nursing) - 2008
4. M.Phil. (Psychiatric Social Work) - 2009
5. MD (Psychiatry) - 2010
6. M.Phil. (Clinical Psychology) - 2011
7. Ph.D. (Psychiatric Social Work) - 2017
8. Ph.D. (Psychiatric Nursing) - 2017
9. Ph.D. (Clinical Psychology) - 2020
10. Masters in Medical Laboratory Sciences (MMLS) - 2021, with specializations in Clinical Biochemistry, Hematology and Blood Banking, and Medical Microbiology

Teaching methods primarily include clinical training and classroom lectures delivered by faculty and clinical supervisors, complemented by supervised student-led seminars and journal reviews. Additionally, the Institute hosts guest lectures and workshops by visiting experts.

The Institute also serves as a training center, offering short-term mental health programs for medical and non-medical students from various educational institutions across India. Digital short-term courses are available in Psychiatry, Psychiatric Social Work, Clinical Psychology, and Psychiatric Nursing. Recently, the Institute has also introduced PDF and Fellowship programs in various academic and specialty departments.

### Academic Calendar

The current annual report includes information about the scholars and students who had enrolled for the academic session 2023-24 which commenced from 1<sup>st</sup> September 2023. It also includes activities of scholars and students from previous batches for whom the courses are continuing due to the nature of course ( MD-3 years , PhD 3-5 years , MPhil-2 years, MSc - 2 years)

The admission for the MD course in psychiatry takes place through the all -India NEET examinations. From the session 2017-18, the entrance examinations for admission into other academic courses are conducted by the Gauhati University through GU-RET and the GU-PGET Examination.

# DEPARTMENT OF PSYCHIATRY

## Introduction

The Department of Psychiatry, established in 1998, aims to provide enhanced psychiatric care and develop skilled professionals in the field. In July 2007, the department introduced its first degree course, the DNB in Psychiatry, which continued until 2013. The MD program in Psychiatry was subsequently launched in 2010 with an initial intake of two seats. This was expanded to seven seats in 2017 and further to eleven seats in 2018, following MCI guidelines.

Trainees participate in a range of academic and clinical activities. This includes seminars, case conferences, journal clubs, short topic discussions, theory classes, outpatient, indoor, community mental health consultation and services, under the faculty supervision.

In addition to indoor, outdoor, and community clinic services, the department's faculty and resident doctors engage in consultancy for various government and non-governmental organizations, further extending their reach in mental health care.

## Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
Professor Director	Dr. S. K. Deuri	DPM (CIP, Ranchi University), MD (NIMHANS, Bangalore)
Professor & Head	Dr. K. Pathak	M.D.(Psychiatry) M.P.S. (Master of Population Sciences)
Associate Professor	Dr. K. N. Kalita	M. D. in Psychiatry Post Graduate Diploma in Hospital & Health Management (PGDHHM) Post Graduate Diploma in Epidemiology (PGDEp)
Associate Professor	Dr. D. J. Chetia	M.D.(Psychiatry)
Associate Professor	Dr. S. Sengupta	M.D.(Psychiatry)

Associate Professor	Dr. V. Gogoi	M.D.(Psychiatry)
Associate Professor	Dr. B. Timungpi (Holding additional charge in deptt. of Psychiatry w.e.f 15.10.22 in addition to I/c CAP)	M.D.(Psychiatry)
Associate Professor	Dr. S. Nath (Holding additional charge in deptt. of Psychiatry w.e.f 15.10.22 in addition to I/c GMH)	M.D.(Psychiatry)
Assistant Professor	Dr. K. Deb	M.D.(Psychiatry)
	Dr. A. Borah	M.D.(Psychiatry)
	Dr. S Mazumdar	M.D.(Psychiatry)
	Dr. J Gupta	M.D.(Psychiatry)
	Dr. Binita Talukdar	M.D.(Psychiatry)
Senior Residents	Dr. Nikhita Bhat	M.D.(Psychiatry)
	Dr. Bijayita Borah	M.D.(Psychiatry)
	Dr. Shramana Sengupta	M.D.(Psychiatry)
	Dr. Muhammed Irfan PP	M.D.(Psychiatry)
	Dr. Anshuman Gogoi	M.D.(Psychiatry)
	Dr. Monalisa Boro	M.D.(Psychiatry)
	Dr. M Santosh Kumar	M.D.(Psychiatry)
	Dr. Pradip Kumar Mahato	M.D.(Psychiatry)
	Dr. Hari Narayan Mili	M.D.(Psychiatry)

### Services: Various services provided by the department

#### Clinical Services

The clinical services at the OPD and Indoor are summarized below for the session 2023-24:

	2023- 2024			
	General Psychiatry	Male	Female	Total
Clinical Services	OPD	50182	46629	96811
	New case	6580	7667	14247
	Old Case	43602	38962	82564
	Inpatients	1023	462	1485

### Community Mental Health Programmes

Community camps per month at :

Sootea - 2 Nos. (Sonitpur District)

Jakhalabandha - 1 Number (Nagaon District)

Dhanuanagar - 1 Number (Sonitpur District)

Gram Bikask Parishad, Rangaloo - 3<sup>rd</sup> Wednesday (Nagaon District)

Dhula Regional Physically handicapped developmental association -1<sup>st</sup> Tuesday (Darang District)

### Academic and other related activities

Regular academic activities like Seminar, Journal Club, short topic discussion and Case conference were held in the department of Psychiatry..

### Exposure Training: Posting of students in the department from different organization

Sl. No.	Name of the College/Institute / University	Number of Students	Duration
1.	Dr. J K Saikia Homoeopathic Medical College & Hospital, Jorhat	10	25.04.23 to 28.04.23
2.	Swahid Jadav Nath Homoeopathic Medical College & Hospital, Guwahati	70	18.12.23 to 21.12.23, 02.01.24 to 05.01.24, 09.01.24 to 12.01.24, 16.01.24 to 19.01.24
3.	Govt. Ayurvedic College, Guwahati	42	20.02.24 to 23.02.24

**Total number of students enrolled / passed out**

Total number of students enrolled	Total number of students passed out
10	10

**Thesis and Dissertations****MD trainees**

2<sup>nd</sup> year trainees presented the research protocol of their proposed dissertations to the Scientific Review Committee on 07<sup>th</sup> June, 2023 and the Institute Ethics Committee on 23<sup>rd</sup> June, 2023. The titles for the studies are as follows:

<b>Name of trainee</b>	<b>Dissertation topic</b>	<b>Guide/Co-Guide</b>
Dr. Srijani Roy	A prospective study on association of neutrophil lymphocyte ratio with severity of psychopathology in patients of first episode schizophrenia and effect of administration of antipsychotics on NLR	Dr. Soumik Sengupta, Associate Professor
Dr. Auroshreeta Das	A descriptive study of referral patterns, clinical profile, hurdles & fixes in management and outcome of homeless mentally ill patients admitted in a tertiary mental health Institute of North-East India.	Dr. Vijay Gogoi, Associate Professor (Guide) Dr. Sobhana H., Associate Professor, DPSW (Co-guide)
Dr. Soumyajit Sarkar	Religious coping in adult onset and late onset depression: A cross-sectional study	Dr. Kangkan Pathak, Professor & Head
Dr. Paulomee Bharali	A study of clinical outcome in individuals with opioid dependence syndrome receiving opioid agonist therapy: A prospective study	Dr. Sailendra Kumar Deuri, Professor Director

Dr. Prateek Kumar Nehra	A study of apathy and its association with functional impairment in Alzheimer’s dementia	Dr. Kangkan Pathak, Professor & Head
Dr. Poojan Marken	A study of sexual dysfunction in men seeking treatment for opioid dependence in a tertiary-carelevel hospital	Dr. Sailendra Kumar Deuri, Professor Director
Dr. Sampurna Sardar	Stigma, network characteristics and awareness for HCV infection among persons with opioid dependence attending a tertiary -care mental health facility in Assam	Dr. Kunal Deb, Assistant Professor
Dr. Amit Kumar	Course and diagnostic stability of Cannabis-induced psychosis-A retrospective study	Dr. Sailendra Kumar Deuri, Professor Director
Dr. Imlinochetla I Tally AO	An exploratory clinical study on sleep quality in remitted patients with schizophrenia and its relationship with memory, attention and concentration function	Dr. Bondona Timungpi, Co-guide, Associate Professor
Dr. Asif Ali	A cross -sectional study of symptomatic and functional remission in persons with Schizophrenia	Dr. Kangkan Pathak, Professor & Head

**The final year trainee undertook research on the following titles:**

<b>Name of trainee</b>	<b>Dissertation topic</b>	<b>Guide/Co-Guide</b>
Dr. Aparajita Srinivas Bhat	Correlation of depressive symptoms of patients with MDD and severity of dysfunction: A crossed sectional hospital based study	Dr. D. J. Chetia

## Seminar/Conference/Workshops/Meetings

### 1. Participated / Attended/Resource Person:

- Dr. Suranjita Mazumdar, Assistant Professor was a resource person for a lecture programme on “Stress management, prevention of domestic violence” at the unit campus of 68<sup>th</sup> Bn SSB Debendranagar in April, 2023.
- Dr. Binita Talukdar, Assistant Professor was a resource person on an awareness programme on the topic “Suicide Prevention and Mental Health at ITBP, Tezpur on 9<sup>th</sup> June' 2023.
- Dr. Vijay Gogoi, Associate Professor of Psychiatry, was the Chairperson in a scientific session in the 16<sup>th</sup> Mid Term CME of Indian Psychiatric Society, Assam State Branch at Matipung, Diphu on 10<sup>th</sup> June, 2023.
- Dr. Bondona Timungpi, Associate Professor & Dr. Binita Talukdar, Assistant Professor of Psychiatry attended the 16<sup>th</sup> Midterm CME of IPS Assam State Branch held at Diphu on 10<sup>th</sup> June, 2023.
- Dr. Vijay Gogoi, Associate Professor of Psychiatry chaired a session on the topic “Operational Challenges on Opioid Agonist Therapy in Private Settings” at the CME and PG Development program on Opioid Addiction, organized by Department of Addiction Medicine, LGBRIMH, Tezpur on 26<sup>th</sup> June, 2023.
- Dr. Ankita Kambale Bhaskar & Dr. Aaryaman Chatterjee 1<sup>st</sup> year MD trainees attended a training programme for Access/Download articles from e-journals subscribed under NML-EMRED Consortium at AIIMS, Guwahati on 3<sup>rd</sup> July, 2023.
- Dr. Bondona Timungpi, Associate Professor attended as a resource person in a CNE programme organized by the Department of Psychiatric Nursing, LGBRIMH, Tezpur on 10<sup>th</sup> July, 2023.
- Dr. Wanessa T L Shira, Dr. Thogjan Jessica, Dr. John Prabhat Kerketta & Dr. Vanhmingliani Khiangte 1<sup>st</sup> year MD trainees attended 22<sup>nd</sup> PG CME of IPS Eastern Zonal Branch at Puri on 28<sup>th</sup> & 29<sup>th</sup> July, 2023.
- Dr. Vijay Gogoi, Associate Professor of Psychiatry participated in an Open discussion program “*Mukoli Sora*”, on the Topic “Internet Addiction” on the All India Radio (AIR), Tezpur, 28<sup>th</sup> August, 2023.
- Dr. K Pathak, Professor & Head of Department of Psychiatry delivered a lecture on the topic “Dementia: Risk factor, diagnosis, types and clinical features” in the workshop for medical officers of Sonitpur District organized by the Department of Geriatric Mental Health, LGBRIMH on 1<sup>st</sup> September, 2023.
- Dr. Vijay Gogoi, Associate Professor of Psychiatry, participated as a Resource Person in the workshop "Dementia: Early Identification and Basic Management" held at LGBRIMH, Tezpur on 1<sup>st</sup> September, 2023.
- Dr. Bondona Timungpi Associate Professor attended a meeting with NCW Central commissioner at

MS conference Hall, Hospital Building, LGBRIMH, Tezpur on 11<sup>th</sup> September, 2023.

- Dr. Prateek Kumar Nehra and Dr. Amit Kumar, MD Psychiatry students attended and presented posters at Diamond Jubilee International Conference on Mental Health 2023 at PGIMER, Chandigarh from 14<sup>th</sup> to 16<sup>th</sup> September, 2023.
- Dr. Vijay Gogoi, Associate Professor of Psychiatry was a Chairperson for a scientific session at the 33<sup>rd</sup> Annual Conference of Indian Psychiatric Society, Assam State Branch, at Khanapara, Guwahati on 15<sup>th</sup> and 16<sup>th</sup> September, 2023.
- Dr. Poojan Marken, Dr. Soumyajit Sarkar and Dr. Aaryaman Chetterjee, MD Psychiatry students attended and presented poster/paper at 33<sup>rd</sup> Annual Conference of Indian Psychiatric Society, Assam State Branch at Guwahati on 15<sup>th</sup> and 16<sup>th</sup> September, 2023.
- Dr. K Pathak, Professor & Head of Department of Psychiatry was the Chairperson for the topic “Managing Alzheimer's Dementia in the Community” in an online PGCME programme organized by the Department of Geriatric Mental Health, LGBRIMH on 21<sup>st</sup> September, 2023.
- Dr. Aindrila Dutta, MD Psychiatry student attended the 3<sup>rd</sup> Annual National Conference of Addiction Psychiatry Society of India at Jaipur from 26<sup>th</sup> to 28<sup>th</sup> November, 2023.
- Dr. Vijay Gogoi, Associate Professor of Psychiatry participated as a speaker in the National CME on the topic “Psychiatry Education and Faculty Training” at Institute of Psychiatry, IPGME &R, SSKM Hospital, Kolkata held on 4<sup>th</sup> November, 2023.



Photo – Dr. Vijay Gogoi as a speaker

- Dr. Juhi Gupta, Assistant Professor was resource person for 2 days Gatekeeper Training program for suicide prevention organized by Dept of PSW, LGBRIMH on 24<sup>th</sup> & 25<sup>th</sup> January, 2024.
- Dr. Suranjita Mazumdar, Assistant Professor attended ANCIPS at Kochi, Kerala from 18<sup>th</sup> to 21<sup>st</sup> January, 2024.
- Dr. Bondona Timungpi, Associate Professor attended 1<sup>st</sup> quarter meet of J.J. Board at DLSA Sonitpur on 8<sup>th</sup> February, 2024.
- Dr. Binita Talukdar, Assistant Professor attended Leadership Training Programme about anti-corruption and good Governance at Delhi and Vienna, Luxembourg in collaboration with PARI and IACA from 2<sup>nd</sup> to 8<sup>th</sup> March, 2024.

- Dr. Juhi Gupta, Assistant Professor was resource person for Telemanas training program for MO of various districts of Assam organized in LGBRIMH on 9<sup>th</sup> March, 2024.
- Dr. Paulomee Bharali, Dr. Sampurna Sardar, Dr. Srijani Roy & Dr. Imlinochetla I Tally AO MD Psychiatry students attend and present paper at the APSI National Conference Midterm CME - 2024 held on 30<sup>th</sup> and 31<sup>st</sup> March, 2024 at Puri, Odisha.

## 2. Organized

### Various Programme organized by the Department of Psychiatry

- The department organized a brief presentation on Psychological First Aid on the occasion of World Health Day at OPD classroom on 7<sup>th</sup> April, 2023.
- The department organized a cultural programme on the occasion of Doctors Day at Auditorium, LGBRIMH, Tezpur on 1<sup>st</sup> July, 2023.



Photo – Celebration of Doctors Day

- The department on the occasion Organ Donation took Pledge at OPD on 27<sup>th</sup> July, 2023.



Photo – Pledge Taking

- The department on the occasion of National Organ Donation Awareness Day, an awareness programme was organized for the OPD patients to raise awareness about organ donation at OPD premises on 3<sup>rd</sup> August, 2023.



Photo – Awareness Programme on the occasion of National Organ Donation Awareness Day

- The department on the occasion of Independence Day, organized an oath taking ceremony among staff, drawing competition for patients and slogan writing competition among PG JRs organized on 15<sup>th</sup> August, 2023.



Photo – Activities at indoor on 15<sup>th</sup> August

- The department organized an awareness programme on the occasion of National Pharmacovigilance week, for patients and attendance at OPD, LGBRIMH, Tezpur on 18<sup>th</sup> September, 2023.



Photo - Awareness programme on 18<sup>th</sup> September 2023

- The department organized an awareness program on the occasion of World Mental Health Day, in OPD among patients and caregivers on 10<sup>th</sup> October, 2023.



Photo - Awareness program on 10<sup>th</sup> October, 2023

- On the occasion of International Women's day, an awareness programme was conducted in the OPD premises of LGBRIMH on 8<sup>th</sup> March, 2024.

### Research activities

- Dr. Bondona Timungpi, Associate Professor is Co-author in research activities in Child and Adolescent Psychiatry.
- Dr. B Talukdar, Assistant Professor: A research activity titled "study of prescription pattern of antipsychotic and antidepressants in patient with schizophrenia with OC symptoms and their treatment adherence -A cross sectional study in a tertiary care hospital of NE India" is in ongoing process in IEC. Period 2023-24, it is 1 year study and got IEC & SAC approval and the research is ongoing

### Other Achievements:

- Dr. Aparajita Srinivas Bhat, MD trainee won 1<sup>st</sup> prize in poster presentation competition at 16<sup>th</sup> Midterm CME of Indian Psychiatric Society Assam State Branch held at Diphu on 10<sup>th</sup> June, 2023.



Photo: Dr. Aparajita Srinivas Bhat, MD trainee receiving the award

- Dr. Auroshreeta Das & Dr. Aparajita Srinivas Bhat MD trainee won 1<sup>st</sup> & 2<sup>nd</sup> prize in Pescha Kucha power-point competition for post-graduate students at CME on Child and Adolescent Psychiatry on 8<sup>th</sup> July, 2023 at Guwahati.
- Dr. Aaryaman Chatterjee, MD trainee has been awarded with Dr. Indreswar Dutta Memorial Award for Best Paper on “Exposing the Essence : Evaluating Information, Quality Readability and Trustworthiness of Depressive Disorder within YouTube Videos and Digital Web” at 33<sup>rd</sup> Annual Conference of Indian Psychiatric Society, Assam State Branch held on 16<sup>th</sup> September, 2023.



Photo - Dr. Aaryaman Chatterjee, MD trainee receiving the award

- Dr. Vijay Gogoi, Associate Professor won the Logo Design Competition, organized by Indian Psychiatric Society, Assam State Branch for its 50 years, Golden Jubilee Celebration, September, 2023.
- Dr. Sampurna Sardar, MD trainee won 2<sup>nd</sup> prize on an online essay competition among the postgraduate psychiatry trainees of Assam which was organized by the Tezpur Medical College under the banner of IPS Assam State Branch on the occasion of World Mental Health Week, 2023.
- Dr. Haj Jancy & Dr. Mohammed Anish Sohel, 1<sup>st</sup> yr MD trainees won 1<sup>st</sup> & 2<sup>nd</sup> prize respectively in a Quiz competition organized by department of Addiction Medicine, LGBRIMH, Tezpur on the occasion of Worlds Aids Day on 2<sup>nd</sup> December, 2023.



Photo: Dr. Haj Jancy & Dr. Mohammed Anish Sohel, 1<sup>st</sup> yr MD trainees receiving the award

- Dr. Paulomee Bharali, Dr. Sampurna Sardar, Dr. Srijani Roy, MD trainees won 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> prize respectively in Oral Paper presentation in National Midterm APSI, Odisha 30<sup>th</sup> March, 2024.



Photo: Dr. Paulomee Bharali, Dr. Sampurna Sardar, Dr. Srijani Roy, MD trainees receiving the award

- Dr. Vijay Gogoi, Associate Professor of Psychiatry was selected as the recipient of Dr. R. B. Davis Memorial Oration Award of East Zone, Indian Psychiatric Society, for the year 2023-24.

#### **Any other information**

- Dr. Bondona Timungpi, Associate Professor of Psychiatry completed NIE-ICMR-WHO online course NieCer- Ethics Review of Health Research in May, 2023.
- Dr. Bondona Timungpi, Associate Professor is a co- investigator with 2 students PDF (Child and Adolescent Psychiatry) from 11.07.2022 to 14.07.2023 for one year (2 PDF students)
- Dr. Vijay Gogoi, Associate Professor reviewed 4 journal articles for the Journal "Academic Bulletin

of Mental Health”, Official Publication of Indian Psychiatric Society, Assam State Branch.

- Dr. Suranjita Mazumdar & Dr. Juhi Gupta, Assistant Professors completed BCBR course in December, 2023.
- Dr. Ankur Jyoti Borah, Assistant Professor coordinated the certificate course “ECHO in Emergency Psychiatry” under the department of Psychiatry.
- Dr. Suranjita Mazumdar, Assistant Professor was a co-coordinator for classes on Medical Biotechnology on 27<sup>th</sup> February, 2024.
- Dr. Juhi Gupta, Assistant Professor was co-coordinator for classes on Good Clinical Practice on 1<sup>st</sup> March, 2024.
- Dr. Bondona Timungpi, Associate Professor is co- guide to dissertation of MMLS student Ms. Alpana Malakar.
- Dr. Binita Talukdar, Assistant Professor was co-cordinator for classes on Anthropology and Mental Health on 23<sup>rd</sup> March, 2024.
- Dr. Binita Talukdar, Assistant Professor was the course coordinator of a certificate course on “Psychosocial Support in Disaster Management”.

# DEPARTMENT OF CHILD AND ADOLESCENT PSYCHIATRY

## Introduction

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health has served the mental health needs for many decades. However, children and adolescents with developmental, behavioral, and mental health problems were seen along with adult patients.

The Department of Child and Adolescent Psychiatry (CAP) was started on the 2<sup>nd</sup> September, 2019. The formal services were inaugurated on 14<sup>th</sup> November, 2019.

## Vision

- Enhance the outreach of child mental health services to the community
- Develop research in the field of Child and Adolescent Psychiatry in the North-Eastern part of our country
- Proactive liaising with all the stakeholders involved (NGOs, Pediatricians, Psychiatrists, Neurologist, families of children in need of mental health care)
- To initiate higher academic courses such as fellowship courses in child and adolescent psychiatry
- Training, IEC activities, and overall promotion of the child's mental health.

## Services

- Screening and diagnostic services for Neurodevelopmental, Behavioral, and Mental Disorders in Children and Adolescents.
- Pharmacological and Psychosocial interventions using multidisciplinary approaches.
- In-patient services are equipped with 26 beds. Of which, seven beds each are for adolescent males and females, eight beds for children below 14 years, and three beds for children with intensive care needs.
- The out-patient department is currently seeing 30-50 patients per day, encompassing the entire spectrum of mental and behavioral disorders of children and adolescents.
- This setup is equipped with adequate stimulating spaces for both outdoor and indoor play.
- Consultation to the special population such as Children in Conflict with the law (CICL), Children in need of care and protection (CICP), children with disabilities.
- Disability certification (ex: Autism; ID; Psychiatric Disorders).
- Emergency services of children are available 24x7 through our emergency psychiatry unit.
- Preventive and Promotive services to children are being initiated in association with School mental health services, community outreach programs, and IEC activities. Screening and Detailed work up OPD (Gate no 3) on all working days except on Wednesday and Thursday.
- Registration time 9.00 am -2.00 pm.

**Academic training**

1. Training of PDF in Child & Adolescent Psychiatry, MD Psychiatry Residents, Ph.D./MPhil Psychiatric Social Work, and Ph.D./MSc Psychiatric Nursing and MPhil Clinical Psychology in Child Mental Health.
2. Liaison with Medical colleges and other institutes for training and research purpose

**Faculty and Clinical Supervisory Personnel**

Post	Name	Qualification
Associate Professor	Dr. Bondona Timungpi	MBBS, MD Psychiatry
Assistant professor (Dept of Child and Adolescent Psychiatry)	Dr. Siddeswara Bargur Linganna	MBBS,MD Psychiatry, PDF and DM ( Child and Adolescent Psychiatry)

The Child and Adolescent Psychiatry services are well supported by allied disciplines such as Clinical Psychology, Psychiatric Social Work, Psychiatric Nursing, Biochemistry, Pathology and Radiology.

Prof. and Head (Psychiatric Social Work)	Dr. Sonia P. Deuri	MSW, M.Phil,Ph.D
Associate Professor ( Psychiatric Social Work)	Dr. Amresha C	MSW, M.Phil , Ph.D
Assistant Professor (Clinical psychology)	Dr. Priyadarshree Abhishek	M.Phil, Ph.D
Nursing Tutor ( Psychiatric Nursing)	Dr. Pallavi Talukdar	MSc Psychiatric Nursing, PhD
Psychiatric Social Worker	Marinella Humtsoe	MSW ,M.Phil

**CLINICAL SERVICES**

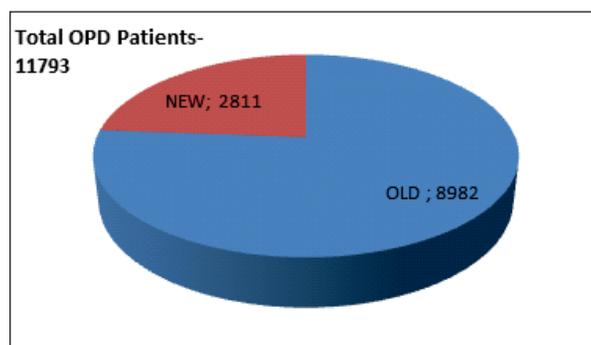
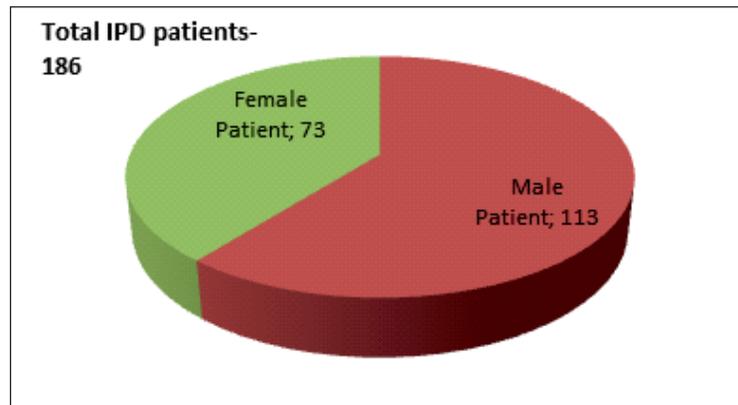


Fig : OPD Patients



- **Academic Activities**
  - Classes by faculties- 18
  - Academic presentations (Residents and Trainees)- 44
  - Academic presentations (Post Doctoral Fellows)- 6
- **Exposure posting of visiting students in Child and Adolescent Psychiatry**

Department	Time	Name of University/Institute	Number of students	Duration of posting (days)
Department of Psychiatry	December 2023	Silchar Medical College and Hospital	1 <sup>st</sup> batch- 2	15
			2 <sup>nd</sup> batch-2	15
	January 2024	Tezpur Medical College and Hospital	3	15
Department of Psychiatric Nursing	May 2023	College of Nursing, RG Kar Medical College and Hospital	4	25
	June 2023	West Bengal Government College of Nursing, IPGMER, SSKM Hospital	6	13
	June 2023	Government College of Nursing, Murshidabad Medical College and Hospital	6	27

	July 2023	Regional College of Nursing, Guwahati	6	28
	August 2023	Government College of Nursing, Medical College and Hospital	8	13
<b>Department of Clinical Psychology</b>	April 2023	Central University of Karnataka	1	3
	May 2023	Gauhati University	1 <sup>st</sup> batch- 13 2 <sup>nd</sup> batch-13	1 1
	June 2023	Rajiv Gandhi University	4	3
	July 2023	Cotton University	7	2
	February 2024	Nagaland University	1 <sup>st</sup> batch-13 2 <sup>nd</sup> batch-12	1 1
	February 2024	Central University of Punjab	2	3
	March 2024	Christ University	1	3
<b>Department of Psychiatric Social Work</b>	April 2023	Dibrugarh University	1 <sup>st</sup> batch-2 2 <sup>nd</sup> batch-3	2 2
	May 2023	University of Kerala	4	3

- **Activities and Programmes in Child and Adolescent Psychiatry**
  - Staff training activities related to biomedical waste management and cleaning and disinfection procedures- 31
  - Awareness activities related to biomedical waste management and cleaning and disinfection procedures- 5
  - Activity of Mock drill on Covid preparedness was done in April 2023.
  - Six activities undertaken in CAP for Swacchta Pakhwada.
  - Recreational group activities for children in CAP ward- 8
- Observation of important days- (13 events)
  - The department organised an awareness programme on the occasion of “World Autism Awareness Day, 2023” at Child and Adolescent Psychiatry OPD on 2<sup>nd</sup> April, 2023.
  - The department organised an awareness programme on the occasion of “World Health Day” at Child and Adolescent Psychiatry OPD on 7<sup>th</sup> April, 2023.
  - The department organised an awareness programme on the occasion of “International Day of action

for Women health” at Child and Adolescent Psychiatry wards on 28<sup>th</sup> May, 2023.

- The department organised an awareness programme on the occasion of “Anti tobacco day” at Child and Adolescent Psychiatry OPD and IPD on 31<sup>st</sup> May, 2023.
- The department celebrated “World Environment Day” at Child and Adolescent Psychiatry wards in collaboration with Youth Wellness Hub on 5<sup>th</sup> June, 2023.
- The department takes the pledge on the Occasion “Organ Donation” at Child and Adolescent Psychiatry wards on 29<sup>th</sup> July, 2023.
- The department organised an awareness programme on “Organ Donation” at Child and Adolescent Psychiatry wards on 3<sup>rd</sup> August, 2023.
- The department organised Drawing Competition for children at Child and Adolescent Psychiatry wards on the occasion of 77<sup>th</sup> Independence Day on 15<sup>th</sup> August, 2023.
- The department organised an awareness programme on the occasion of “World Mental Health Day” at Child and Adolescent Psychiatry OPD and wards on 10<sup>th</sup> October, 2023.
- The department organised Drawing Completion and Musical Chair event to celebrate Children's Day at Child and Adolescent Psychiatry ward on 14<sup>th</sup> November, 2023.
- The department organised Drawing activity on the occasion of 75<sup>th</sup> Republic Day at Child and Adolescent Psychiatry ward on 26<sup>th</sup> January, 2024.

#### **SEMINAR/ CONFERENCE/ WORKSHOP/ MEETING ATTENDED**

- Dr. Siddeswara BL, Assistant Professor was a resource person on one-day workshop on the topic "Child Marriage: A Curse on the Health and Wellbeing of the Victims" in line with the United Nations set Sustainable Development Goal Number 3, i.e., "Good Health and Wellbeing," at Tezpur University on 10<sup>th</sup> April, 2023.
- Dr. Bondona Timungpi attended a mid-term CME of IPS Assam state branch at Diphu on 6<sup>th</sup> May, 2023
- Dr. Bondona Timungpi attended as a resource person in a CNE programme organized by the department of Psychiatric Nursing, LGBRIMH on 10<sup>th</sup> July, 2023.
- Dr. Bondona Timungpi attended a meeting as member secretary of Women's Committee of the Institute with NCW Central Commissioner at LGBRIMH, Tezpur on 11<sup>th</sup> September, 2023.
- Dr. Siddeswara BL, Assistant Professor, was the Chairperson in the 48th Annual Conference of the Indian Psychiatric Society, Eastern Zonal Branch (CEZIPS 2023), at Sikkim Manipal Institute of Medical Sciences, Sikkim from 23<sup>rd</sup> to 25<sup>th</sup> November, 2023. He also participated in a Debate Proposition titled “Gut Microbiota Interventions should be integrated into the Psychopharmacological Treatment Approach for Individuals with Autism Spectrum Disorder”
- Dr. Siddeswara BL, Assistant Professor was the resource person in a webinar titled “Digital Health and Wellbeing in Adolescents and Youths” organized by Child in Need Institute (CINI), Guwahati held on 28<sup>th</sup> December, 2023.

- Dr. Bondona Timungpi attended the 1<sup>st</sup> quarter meet of JJ Board meeting organized by DLSA, Sonitpur at DLSA Sonitpur on 8<sup>th</sup> February 2024.

**Research activities.**

- A study titled “Predicting Poor Compliance to Psychotropics in Child Psychiatric Setting Using Machine Learning approach” in collaboration with Tezpur University, Tezpur, Assam, is ongoing.

**Other information**

- Dr. Siddeswara BL, Assistant Professor conducted a District-Level Inspection of Childcare Institutions in the district of Sonitpur under the JJAct 2015 on 19<sup>th</sup> July, 2023.
- Dr. Siddeswara BL, Assistant Professor participated in various institute-based activities on occasions such as Children's Day, Girl Child Day, Swach Bharat Abhiyan, etc.

# DEPARTMENT OF ADDICTION MEDICINE (DAM)

## Introduction

The Department of Addiction Medicine was started in 31st May 2021, to provide standard, evidence-based holistic care to individuals with substance use and addictive disorders (like alcohol, tobacco, and other drugs, as well as behavioral addictions).

Outpatient services focus on assessment, treatment planning, pharmacotherapy, counseling, relapse prevention, family therapy, and monitoring of the progress of individuals with addictive disorders. If required, inpatient services are offered and provided.

In the outpatient, the patients are assessed by a team consisting of psychiatrists, psychologists/social workers, and psychiatric nursing. Individualized treatment will be provided accordingly.

Location: Department of Addiction Medicine (DAM) OPD is located at gate number 7 of the LGBRIMH Hospital complex.

Outpatient Days: Monday, Tuesday, Thursday, and Saturday.

Registration Timing: (9.00 am to 2.00 pm)

## Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
Associate Professor, Addiction Medicine	Dr. Hemanta Dutta	MBBS, MD (Psychiatry)
Assistant Professor	Dr. Diptadhi Mukherjee	MBBS, MD (Psychiatry), PDF (Addiction Medicine), DM (Addiction Psychiatry)
Assistant Professor	Dr. Tathagata Mahintamani	MBBS, DPM, DNB (Psychiatry), DM (Addiction Psychiatry)
Assistant Professor	Dr. Partha Pratim Daimary	MBBS, MD (Psychiatry)
Senior Resident	Dr. Phurailatpam Shivraj Sharma	MBBS, MD (Psychiatry), PDF (CLP) PDF Resident in Addiction Medicine

Senior Resident	Dr. Sagar Mukherjee	MBBS, MD (Psychiatry)
Senior Resident	Dr. Ragini Singhania	MBBS, MD (Psychiatry)
Assistant Professor Faculty supervisor	Dr. Kunjalata Gogoi	BSc, MSc, PhD
Assistant Professor Faculty supervisor	Dr. Elamurugu Manickam	MSW, MPhil, PhD
Assistant Professor Faculty supervisor	Dr. Vikas	MSc, M.Phil, PhD

### Clinical Services

The clinical services at the OPD and Indoor are summarized below for the session 2023-24:

Clinical Services	<p><b>Outpatient services</b></p> <p>Assessment, treatment planning, pharmacotherapy, counseling, relapse prevention, family therapy, and monitoring of the progress of individuals with addictive disorders. If required inpatient services would be offered and provided.</p> <p>In the outpatient, the patient will be assessed by a team consisting of psychiatrists, psychologists/social workers, and psychiatric nursing. Individualized treatment will be provided accordingly.</p> <p>Location: Department of Addiction Medicine (DAM) OPD is located at gate number 7 of the Hospital complex.</p> <p>Outpatient Days: Monday, Tuesday, Thursday, and Saturday.</p> <p>Registration Timing: (9.00 am to 2.00 pm)</p>
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### The number of OPD patients

DAM OPD								
New			Old			Total		
Male	Female	Total	Male	Female	Total	Male	Female	Total
3854	56	3910	16099	125	16224	20153	181	<b>20334</b>

**The number of admissions**

DAM Indoor								
New			Old			Total		
Male	Female	Total	Male	Female	Total	Male	Female	Total
278	9	287	144	3	147	422	12	<b>434</b>

**Community Mental Health Programs**

- The department organised the Brief Alcohol, Tobacco, or Other Drugs Screening and Intervention of Students (BATODSIS) 4 (four) programs in different schools and colleges of Sonitpur during June/ August/September 2023.



Photo- Brief Alcohol, Tobacco, or Other Drugs Screening and Intervention of Students (BATODSIS) in different schools and colleges of sonitpur district

- Community-Based Integrated Intervention Program for Prevention of Alcohol, Tobacco, And Other Drug Use (CBIIP- ATOD): Total *five* programs in different districts of Assam



Photo- Community-Based Integrated Intervention Program for Prevention of Alcohol, Tobacco, And Other Drug Use (CBIIP- ATOD)

**Awareness program conducted in the department**

- The department organized an awareness program on environmental and personal hygiene on the occasion of Swachta Pakhwada at Department of Addiction Medicine ward on 4<sup>th</sup> April, 2023.
- The department organized an awareness program on World No Tobacco Day on 31<sup>st</sup> May, 2023.

- The department organized an awareness program on World Mental Health Day on 10<sup>th</sup> October, 2023.
- The department organized an awareness program on the occasion of International Women's Day on “Importance of Women's mental health” on 8<sup>th</sup> March, 2024



Photo- Various activities organized by the department

### **Academic and other related activities**

- Departmental seminar: Total 92 (Ninety-two) departmental seminar/case presentations/ Centre for Addiction Medicine (CAM) NIMHANS Academics.
- Central Academic case presentation: 4 (Four)
- Classes taken by DAM faculty for MD post-graduate trainees and other allied branches: 9 (Nine)

### **Research**

- Intramural project: A study on clinical profile, course, and outcome of individuals with Opioid Dependence Syndrome on treatment at a tertiary care psychiatry hospital in Assam: An Ambidirectional Study: Data collection ongoing, and some of its result presented in National conferences. Principal Investigator is Dr. Diptadhi Mukherjee.
- Intramural project: Pathways to care in patients with drug and alcohol dependence: a multi-center study from India: Data-collection is over. Statistical analysis on-going. Principal Investigator is Siddharth Sarkar and Site Principal Investigator was Dr. Diptadhi Mukherjee.
- MD thesis: Stigma, network characteristics and awareness for HCV infection among persons with Opioid dependence attending a tertiary-care mental health facility in Assam by Dr. Sampurna Sardar: Data collection ongoing
- MD thesis: A Study of Sexual Dysfunction In Men Seeking Treatment For Opioid Dependence in a Tertiary-Care Hospital: A Mixed Model Study by Dr. Poojan Markan, Department of Psychiatry is collecting data for the thesis from DAM.
- MD thesis: A Study of Clinical Outcome In Individuals With Opioid Dependence Syndrome Receiving Opioid Agonist Therapy: A Prospective Study by Dr. Paulomee Bharali Department of Psychiatry is collecting data for the thesis from DAM.

- MD thesis: Course, Outcome and Diagnostic Stability of Cannabis-Induced Psychosis – Retrospective Study by Dr. Amit Kumar Department of Psychiatry is collecting data for the thesis from DAM.
- Phd Thesis Psychiatric Social Work on “Effectiveness on Mindfulness based relapse prevention in people with alcohol dependence syndrome: A randomized controlled trail”: Ms. Monaspika Das from the Department of Psychiatric Social Work, is collecting her data for the thesis from DAM
- MD thesis: Assessing Sleep Quality and its predictive role in short term outcome in Post-Detoxified patients with Alcohol Dependence: A Prospective Study by Dr. Ankita Kambale, Department of Psychiatry is collecting data for the thesis from DAM.
- MD thesis: The comparative effectiveness of Acamprosate, Naltrexone, and Baclofen in Alcohol Dependence Syndrome: A Randomized Open-Label Trial by Dr. Aindrila Dutta, Department of Psychiatry is collecting data for the thesis from DAM.
- Extramural Project: IPS multicentric study titled “Medical and Psychiatric Comorbidities among Patients with Alcohol Dependence: A Multi-centre Study from India.” –Pathways Care: Principal Investigator is Abhishek Ghosh and Site Principal Investigator is Dr. Tathagata Mahintamani.

### Exposure Training: Posting of students in the department from different organizations

Sl. No.	Name of the College/Institute / University	Number of Students	Duration
1	Silchar Medical College and Hospital	MD psychiatry residents: 2	15 days
2	Tezpur Medical college and hospital	MD psychiatry residents: 3	15 days
3	Govt. College of Nursing, NRSMCH, Kolkata, West Bengal	05	03.04.2023 to 28.04.2023
4	RG Kar Medical College and Hospital, West Bengal	04	02.05.2023 to 27.05.2023
5	Govt. College of Nursing, Murshidabad, West Bengal.	06	12.06.2023 to 06.07.2023

6	West Bengal Govt. College of Nursing, IPMER & SSKM Hospital Campus, West Bengal	06	29.05.2023 to 10.06.2023
7	Regional College of Nursing, Guwahati	06	03.07.2023 to 29.07.2023
8	College of Nursing, Medical College and Hospital, Kolkata	06	07.08.2023 to 19.08.2023

**MD Resident Posting**

Two to three Junior Residents are Posted in the department for the duration of three months for clinical posting. They are involved in OPD services, patient care, and academic presentation/ discussion.

**On-line course organized**

Advance Certificate Course in Management of Addictive Disorder (ACCMAD) 5.0 (November 23 – April 2024) in collaboration with VKN, NIMHANS, and ECHO India.

**Seminar/Conference/Workshops/Meetings Participated / Attended**

A. Conferences

- Dr. Diptadhi Mukherjee attended as an invited speaker in CME cum Workshop on “Alcohol and Substance Use” organized by MNAMS at Lakhimpur Medical College on 25<sup>th</sup> May, 2023.
- Dr. Tathagata Mahintamani attended and chaired a session in the PG CME Indian Psychiatric Society, Eastern Zonal Branch Program by IPS, Eastern Zone at Guwahati on 28<sup>th</sup> and 29<sup>th</sup> July, 2023.
- Dr. Partha Pratim Daimary attended the training program in the United Family Skill Program by UNODC at Guwahati on 21<sup>st</sup> to 23<sup>rd</sup> February, 2024.
- Dr. Diptadhi Mukherjee was as an invited speaker in the National Mid Term CME of Addiction Psychiatry Society of India at Puri, Odisha on 30<sup>th</sup> and 31<sup>st</sup> March, 2024.

B. Webinar

- a. All the faculties of the department attended the WHO webinar on the topic Digital Marketing of Alcohol: Keeping Pace through Innovative Solutions on 11<sup>th</sup> January, 2024.

**Seminar/Conference/Workshops/Meetings Organized**

- The department in collaboration with Addiction Psychiatry Society of India organized a CME and PG Development Program titled 'Opioid Addiction: A North East perspective' on the occasion of International Day Against Drug Abuse and Illicit Trafficking at LGBRIMH, Tezpur on 26<sup>th</sup> June,

2023.

Dr. Hemanta Dutta, HoD, Department of Addiction Medicine, LGBRIMH welcomed participants during the inaugural address. There were seven sessions encompassing various aspects of opioid addiction. The panel of speakers included Prof. Dr. Anirudha Basu, Prof. Dr. Atul Ambekar, Dr. Dhruvajyoti Bhuyan, Prof. Dr. Prabhat Chand, Dr. Ashwin Mohan, Dr. Diptadhi Mukherjee and Dr. Tathagata Mahintamani. The topics deliberated upon ranged from neurobiology of opioid addiction to available treatment options and practical issues faced by clinicians during practice. Prof Dr. S. K. Deuri, Director of the institute emphasized on reduction in stigma associated with drug abuse and provision of treatment and quality care to the person with drug abuse. An interesting online Quiz among the residents added flavour to the academic programme. Postgraduate psychiatry trainees from various medical colleges of Assam and other colleges including AIIMS Kalyani participated in the CME. The programme concluded with vote of thanks by Dr. Diptadhi Mukherjee from Department of Addiction Medicine, LGBRIMH



Photo: CME and PG Development Program on 26<sup>th</sup> June, 2023.

- A symposium on the topic "HIV in Substance Users: Embrace the Connection and Pledge to Prevention" was organized on the occasion of "World Aids Day" 1<sup>st</sup> December, 2023.

The Inauguration Session of the event commenced with a welcome from Dr. H Dutta, the Head of the Department of Addiction Medicine and Deputy Director of LGBRIMH. Following his address, special invitees shared their insights, leading to the Director's speech. Transitioning to the Technical Sessions, the day unfolded with diverse perspectives on Substance Use and HIV. Dr. Atreyi Ganguli from WHO Country Office, India, attended virtually and presented the WHO's perspective. This was followed by sessions chaired by Dr. Sonia P Deuri and Dr. Soumitra Ghosh. The day's agenda included discussions on epidemiological links, HIV screening, and commitments to manage HIV in substance use disorder populations, culminating in an open quiz session led by Dr. Juhi Gupta and Dr. Diptadhi Mukherjee. Dr. Jadab Kishore Phukan expressed gratitude, concluding the session, before a brief break leading into the workshop on Harm Reduction facilitated by Dr. Ravindra Rao, exclusively for in-person pre-registered participants.



Photo: Symposium on the occasion of “World Aids Day” 1<sup>st</sup> December, 2023

# DEPARTMENT OF GERIATRIC MENTAL HEALTH

## Introduction

The services of the Department of Geriatric Mental Health were initiated at LGBRIMH from 1st of August 2021. The department is involved in providing specialized mental health services to persons older than 60 years of age as well as training and academic exposure in the field of geriatric mental health.

## Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
Associate Professor	Dr. Subhashish Nath	MD Psychiatry
Senior Resident	Dr. Ankur Darol Rai	MD Psychiatry
	Dr. Mrigakshi Parashar	MD Psychiatry

**Postdoctoral Fellow:** Dr. Rajon Jaishy (MD Psychiatry)

## Clinical Services

Currently, the Department of Geriatric Mental Health of LGBRIMH is providing Outpatient and In-patient services. The department deals with-

- Screening, evaluation and management of various psychiatric problems in the older adults like cognitive impairment, depression, anxiety, sleep problems and other mental health problems.
- Counselling services.
- Cognitive training, therapy and other Psychotherapies for the older adults.
- Assessment and support services for the caregivers
- Promotion of physical activity and training by liaison with the department of Rehabilitation.

## Outpatient

- Six days in a week: Monday to Saturday
- Time: 9.00 AM – 2.00PM

## Inpatient

The in-patient facility of the department has 24 beds. 12708 patients availed the OPD services of the department of Geriatric Mental Health during the financial year 2023-24 and 129 patients were admitted during the period as inpatients in the department.

## Community Mental Health Programme

A dementia awareness and cognitive screening camp was conducted by the department, on the occasion of World Alzheimer's Day 2023 in an old age home located at Beseria, Sonitpur. The camp was attended by residents of the old age home, people of the locality, community health workers of the Beseria Primary Health Centre.

## Academic Courses and Programmes

- **Post Doctoral Fellowship (PDF) in Geriatric Mental Health:** The course has been initiated since 2023 and currently running with the first batch with one Post Doctoral Fellow.
- **Online Certificate course on Geriatric Mental Health:** The course titled “Fundamentals of Geriatric Mental Health-ECHO” is a 14 weeks online blended course, which has been initiated in collaboration with MEET LGBRIMH via the ECHO India platform. The course has been specifically designed for medical professionals to provide the basics of common geriatric mental health problems, their evaluation and management, with the aim to spread the knowledge about common geriatric mental health problems and train doctors to better identify and manage these problems. Two batches have been completed till now. The first batch has been completed with 28 participants and the second batch with 60 participants.

The Department of Geriatric Mental Health also has clinical exposure and training posting for trainees of both medical and non-medical background besides having regular academic programmes. The department conducts regular academic presentations every week for the students of the institute posted in the department as well as for the Postdoctoral Fellow of the department.

## Other Activities

- The department organized an awareness program on Organ donation in the indoor on Indian Organ Donation Day on 3<sup>rd</sup> August, 2023.
- The department organized a drawing competition for the indoor patients and their caregivers, staff and students posted in the department on the occasion of 77<sup>th</sup> Independence Day on 15<sup>th</sup> August 2023.
- The department conducted a Dementia awareness activity in the Hospital for the patients and caregivers on 21<sup>st</sup> September 2023.
- The department organized an awareness program on mental health needs of the older adults in the OPD area of the LGBRIMH, Tezpur on 24<sup>th</sup> September, 2023.
- The department organized Dementia awareness activities and IEC material distribution for the patients and caregivers, on World Alzheimer's Month 2023 in the OPD, LGBRIMH from 24<sup>th</sup> to 27<sup>th</sup> September, 2023.

## Exposure Training: Posting of students in the department from different organizations

Clinical Psychology Posting			
Sl. Number	Name of the College/ Institute/ University	Number of students	Duration
1.	Central University of Kerala	1	April 2023
2	Guwahati University	26	May 2023
3	Rajiv Gandhi University	4	June 2023

4	Cotton University	7	July 2023
5	Nagaland University	13	February 2024
6	Central University of Punjab	2	March 2024
7	Christ University	1	March 2024
<b>Psychiatric Social Work Posting</b>			
8	Dibrugarh University	5	April 2023
9	Central University of Kerala	4	May 2023
10	Rajiv Gandhi University, Arunachal Pradesh	3	June 2023
<b>Psychiatry Nursing Posting</b>			
11	College of Nursing, R.G. Kar Medical college and hospital	4	May 2023
12	West Bengal Government College of Nursing, IPGMER S.S.K.M HOSPITAL	6	June 2023
13	Government College of Nursing Murshidabad Medical College And Hospital,	6	July 2023
14	Regional College of Nursing Guwahati	6	July 2023
15	Government College of Nursing, Medical College And Hospital, Kolkata	8	August 2023

**Thesis and Dissertation:** Three MD Psychiatry theses are currently ongoing in collaboration with the department of Geriatric Mental health. The In-Charge of the Department is a Co-Guide for these Thesis.

#### **Research activities**

- Original research titled “A Study of Frailty and its Relation with Mental Illness in the Elderly.”
- Original research titled “Predictors of Depression in Primary Caregivers of Patients with Dementia in a Tertiary Care Centre in North East India.”

### **Seminar/Conference/Workshops/Meetings:**

#### **Participated/Attended**

- The faculties of the department participated as delegates in a PG development Program cum CME in Addiction Medicine, LGBRIMH on 26<sup>th</sup> June, 2023.
- Dr. Subhashish Nath was the resource person in the Workshop on Dementia: Early Identification and Basic Management for Medical Officers of Sonitpur District at LGBRIMH on 1<sup>st</sup> September, 2023.
- The Department conducted a Workshop on the Topic Dementia: Early Identification and Basic Management for Medical Officers of Sonitpur District at LGBRIMH on 1<sup>st</sup> September, 2023. The workshop was attended by medical officers from different hospitals of Sonitpur District.
- The department conducted an online PG CME on the occasion of World Alzheimer's Day on the topic Alzheimer's Dementia: Current Trends in Diagnosis and Management on 21<sup>st</sup> September, 2023. Eminent Psychiatrists participated as resource persons in the CME program, while many other psychiatrists and psychiatry postgraduate trainees, from different parts of the country attended the CME programme.

**Programmes organized by the department under Swachh Bharat Mission:** A number of Swachhta activities were conducted by the Department during the Swachhta Pakwada from 1<sup>st</sup> April to 15<sup>th</sup> April 2023.

## DEPARTMENT OF PSYCHIATRIC NURSING

**Introduction:** The department of Psychiatric Nursing was started in the year 1998 for enhancing professional training in the field of Psychiatric nursing. The department is presently running three courses in Psychiatric Nursing, i.e. – Diploma Psychiatric Nursing (DPN) since 2001, M.Sc. Nursing (Psychiatric Nursing) since 2007 and Ph. D. in Psychiatric Nursing since 2017. DPN is a one year course with intake of 30 trainees deputed from all of the eight North Eastern states. M. Sc Nursing (Psychiatric Nursing) is a two year full time course with an intake of 12 students. Ph. D. in Psychiatric Nursing is a three years full time course. A certificate course namely Mental Illness in Primary Care for Nurses is also running through MEET Digital Academy of LGBRIMH since 2019. Other short term mental health related online certificate courses namely 'Nursing Care for Older Adults', 'Course on Suicide Prevention', 'Fundamentals of Substance Use Disorders', 'Women's Mental Health'(with interdepartmental collaboration) are also going on. Besides the regular courses, students (i.e. GNM, Post basic B.Sc., B. Sc Nursing, and M.Sc. Nursing) from different institutions of the North Eastern region and other states were posted for clinical exposure training in the Institute under the Department of Psychiatric Nursing throughout the year. The Department of Psychiatric Nursing conducts various clinical, academic, community and research activities within as well as outside the institute.

### Faculty and Clinical Supervisory Personnel:

Post	Name	Qualification
Professor & HOD	Dr. Arunjyoti Baruah	Ph. D. Nursing
Assistant Professor	Dr. Nurnahar Ahmed	Ph. D. Nursing
Assistant Professor	Dr. Kunjalata Gogoi	Ph. D. Nursing
Assistant Professor (NMHP)	Dr. Angshu Lama	Ph. D. Nursing
Nursing Tutor	Mr. Sandeep Kollipara	M.Sc. Nursing
Nursing Tutor	Mrs. Chitra Bora	M.Sc. Nursing
Nursing Tutor	Dr. Pallavi Talukdar	Ph. D. Nursing
Nursing Tutor	Dr. Amina Ahmed	Ph. D. Nursing
Nursing Tutor	Mrs. Hiranmayee Sarma	M.Sc. Nursing
Nursing Tutor	Dr. Ch. Padmini Roy	Ph. D. Nursing
Nursing Tutor	Dr. Subhra Sarkar	Ph. D. Nursing
Nursing Tutor (NMHP)	Ms. L. Iris Devi	M.Sc. Nursing

### Clinical Services

The clinical services at the OPD and Indoor are summarized below for the session 2023-24

Setting	Activity	Number	
OPD	Group psycho-education	56	
	Individual counselling	312	
	Individual psycho education	46	
	Family counselling	13	
	Family psycho education	361	
	Discharge counselling	578	
	Admission counselling	567	
	Detailed screening	2120	
	MET	2	
	<b>Others</b>		
	Deep breathing exercise	18	
	Sleep hygiene	62	
	Epilepsy education, HTN care, Dementia care, MMSE, SST	101	
	Parent Management Training	991	
Activity Scheduling	27		
Indoor	ECT	371	
	Group activity	285	
	Detail MSE	728	
	Special nursing care	50	
	Individual psychoeducation	70	
	Individual counselling	46	
	Family psychoeducation	226	
	Pre-discharge counselling	587	

	Nursing care review	57
	Nursing Care Audit	64
	MET/RPT	90
	Activity Scheduling	131
	Parent Management Training	20
	Side effect assessment	260
	Insight orientation	45
	Sleep hygiene	23
	Deep breathing exercise	9
	MMSE	2
	Case presentation during round.	470
	Patient development program.	3
	Proposal presentation of community project at SAC &IEC	0
<b>Unit Presentation</b>		84
<b>Research</b>	Data collection by the student	21
	Tool translation	25

### Community Mental Health Programmes

<b>Community</b>	Mental Health education at extension clinic	98
	Family Assessment at community	21

### Academic and other related activities

<b>Research</b>	Data collection by the student	21
	Tool translation	25
<b>Academic Presentations</b>	Total class held	470
	Classroom presentation	82
	Seminar presentation	120
	Case Presentation	83
	Journal Club	17

**Exposure Training: Posting of students in the department from different organizations**

Sl No.	Name of the College/Institute/University	Number of Students	Duration
1	College of Nursing, CIHSR, Dimapur, Nagaland	05	03.04.2023 to 15.04.2023
2	College of Nursing, CIHSR, Dimapur, Nagaland	29	03.04.2023 to 15.04.2023
3	Govt. College of Nursing, NRSMCH, Kolkata, West Bengal	05	03.04.2023 to 28.04.2023
4	School of Nursing, Baptist Christian Hospital, Tezpur, Assam	30	17.04.2023 to 29.04.2023
5	HAMM Nursing School, Hojai	48	01.05.2023 to 13.05.2023
6	RG Kar Medical College and Hospital, West Bengal	04	02.05.2023 to 27.05.2023
7	Govt. College of Nursing, Murshidabad, West Bengal.	06	12.06.2023 to 06.07.2023
8	Arya Nursing College, Guwahati	53 (divided in 2 groups)	29.05.2023 to 03.06.2023 05.06.2023 to 10.06.2023
9	West Bengal Govt. College of Nursing, IPMER & SSKM Hospital Campus, West Bengal	06	29.05.2023 to 10.06.2023
10	Arya School of Nursing, Guwahati	48 (in 2 groups)	12.06.2023 to 17.06.2023 19.06.2023 to 24.06.2023
11	Arya Nursing College, Guwahati	30	26.06.2023 to 07.07.2023
12	Regional College of Nursing, Guwahati	06	03.07.2023 to 29.07.2023
13	North East Nursing College of Health Sciences	36	03.07.2023 to 15.07.2023
14	RDO College of Nursing, Manipur	36	17.07.2023 to 29.07.2023
15	RDO College of Nursing, Manipur	50	31.07.2023 to 12.08.2023
16	College of Nursing, Medical College and Hospital, Kolkata	06	07.08.2023 to 19.08.2023
17	Sun Valley GNM School of Nursing, Guwahati	05	14.08.2023 to 26.08.2023
18	Down town School of Nursing, Guwahati	29 (2 groups)	28.08.2023 to 09.09.2023 11.09.2023 to 23.09.2023

19	Govt. College of Nursing, Kalimpong, WestBengal	25	09.10.2023 to 21.10.2023
20	Government College of Nursing, Kalimpong, West Bengal	25	22.01.2024 to 03.02.2024
21	Regional Institute of Paramedical and Nursing Sciences, Mizoram	41	08.01.2024 to 17.01.2024
22	College of Nursing, Christian Institute of Health Sciences and Research. Dimapur, Nagaland	31	05.02.2024 to 17.02.2024
23	College of Nursing, Christian Institute of Health Sciences and Research. Dimapur, Nagaland	40	19.02.2024 to 02.03.2024
24	College of Nursing, Christian Institute of Health Sciences and Research. Dimapur, Nagaland	13	04.03.2024 to 16.03.2024
25	Mizoram Govt. College of Nursing, Mizoram	30	18.03.2024 to 28.03.2024

#### External Posting Statement (Students of the department posted outside)

Sl. No	Name of the School / Institute / University	Year	Number of Students	Duration
1	District Disability Rehabilitation Centre, Tezpur	M.Sc. Nursing 2 <sup>nd</sup> Year (2021-23 batch)	09	12.04.2023 (1 day)
2	Bihaguri Block Primary Health Centre	M.Sc. Nursing 1 <sup>st</sup> year (2022-24 batch)	09	25.04.23 - 21.05.23
3	Tezpur Medical College & Hospital	M.Sc. Nursing 1 <sup>st</sup> year (2022-24 batch)	09	25.04.23 - 21.05.23
4	Gofur Primary School	M.Sc. Nursing 2 <sup>nd</sup> year (2021-23 batch)	09	25.05.2023 (1 day)
5	Parivartan Trust	M.Sc. Nursing 1 <sup>st</sup> year (2022-24 batch)	09	26.05.2023 (1 day)
6	Suryodaya High School	M.Sc. Nursing Nursing 2 <sup>nd</sup> year (2021-23 batch)	09	27.05.2023 (1 day)
7	Kanaklata Civil Hospital Maternity & Child Health Wing	M.Sc. Nursing Nursing 2 <sup>nd</sup> year (2021-23 batch)	09	29.05.2023 to 07.06.2023

8	North Eastern Regional Multipurpose School and Handicapped Training Centre	M.Sc. Nursing Nursing 1 <sup>st</sup> Year (2022-24 batch)	09	09.06.2023 (1 day)
9	Besseria Higher Secondary School	M.Sc Nursing 2 <sup>nd</sup> year (2021-23 batch)	09	27.06.2023 (1 day)
10	District Disability Rehabilitation Centre, Tezpur	M.Sc. Nursing 2 <sup>nd</sup> Year (2022-24 batch)	09	29.01.2024 (1 day)
11	Suryodaya High School	M.Sc. Nursing Nursing 2 <sup>nd</sup> year (2022-24 batch)	09	03.02.2024 (1 day)
12	Sanjiwani	M.Sc. Nursing Nursing 2 <sup>nd</sup> year (2022-24 batch)	09	07.02.2024 (1 day)
13	North Eastern Regional Multipurpose School	M.Sc. Nursing Nursing 1 <sup>st</sup> Year (2023-25 batch)	10	16.02.2024 (1 day)
14	Amar Ghar (Koka Aitar Ghar)	M.Sc. Nursing Nursing 1 <sup>st</sup> Year (2023-25 batch)	10	21.03.2024 (1 day)
15	Parivartan NGO	M.Sc. Nursing Nursing 1st Year (2023 -25 batch)	10	26.03.2024 (1 day)

**Total number of students enrolled / passed out in 2023**

Total number of students enrolled: M.Sc.-12, DPN- 03, and Ph.D. - 03

Total number of students passed out: M.Sc. - 09, DPN- 06, Ph.D. - 01

**Completed in the year 2023**

**M.Sc. Nursing (Psychiatric Nursing) Thesis and Dissertations**

Sl.No	Title	Name of Student	Name of the Guide
1.	Depression, anxiety, and its associated factors among pregnant women	Kankana Chakraborty	Mrs. C. Bora
2.	Perceived stress and resilience among nursing students	Mity Borang	Dr. A. Baruah

3.	Life skills profile and social functioning among patients with schizophrenia visiting tertiary mental healthcare institution, Assam.	Nivamani Barman	Dr. N. Ahmed
4.	Problematic internet use and eating problems among the adolescents in a selected school of Tezpur, Assam	Arzifa Ahmed	Dr. N. Ahmed
5.	Psychological well being and self efficacy among primary caregivers of children with intellectual disability attending OPD in a tertiary hospital , Tezpur, Assam	Manjari Goswami	Dr. N. Ahmed
6.	Caregiver's Satisfaction with Clinical Services at Outpatient Department in a Tertiary Mental Health Care Institute	Borsha Chetia	Mr. S. Kollipara
7.	Perceived stress and burden among the caregivers of patient with dementia attending a tertiary mental healthcare setting	Suranjana Saikia	Dr. A. Baruah
8.	Nursing care needs of older adult admitted with mental illness in a tertiary care mental health institute	Baishali Deb	Dr. A. Baruah
9.	Family functioning and relapse tendencies among persons with alcohol use disorder	Daei L Sten	Dr. N. Ahmed

### Ph. D. in Psychiatric Nursing-Thesis

ONGOING				
	Name of the Thesis	Name of the Scholar	Year	Name of the Guide
1.	Experiences of Internet gaming of higher secondary school students studying: A mixed method study	Barsha Sensua	2022	Dr. Arunjyoti Baruah
2.	Effectiveness of Project ImPACT: A Parent-Mediated Intervention for Children's with Autism Spectrum Disorder	Pinky Chetia	2022	Dr. Arunjyoti Baruah

3.	Understanding the Landscape of Cyberbullying Among College Students: A mixed-method study	Bhaswatty Das	2023	Dr. Nurnahar Ahmed
4.	Efficacy of Brief Intervention (BI) module in enhancing abstinence period among smokeless tobacco (SLT) users in Sonitpur district, Assam: A randomized controlled trial	Sagarika Chetia	2023	Dr. Nurnahar Ahmed
5.	Community Based Family Intervention module for The Caregivers of Persons with Schizophrenia	Kabyashree Borah	2023	Dr. Arunjyoti Baruah

**M.Sc. - 1<sup>st</sup>** year trainees presented the research protocol of their proposed dissertations to the Scientific Review Committee on 02.01.2024 and the Institute Ethics Committee on 28.02.2024.

The titles for the studies are as follows:

<b>Name of trainee</b>	<b>Dissertation topic</b>	<b>Guide/Co-Guide</b>
Pune Pertin	Nursing Care Dependency Level among Individuals with Alcohol Dependence and Development of a Need-Based Nursing Care Protocol	Dr. Kunjalata Gogoi
Nikunj Sharma	Perceived Social Support and Quality of Life among Persons with Bipolar Affective Disorder	Mr. Sandeep Kollipara
Pronita Gogoi	Knowledge regarding Disability Benefits among the Caregivers and Persons with Mental Illness	Dr. Arunjyoti Baruah
Poonam Thapa	Adjustment and Coping Strategies among First-Year Nursing Students	Dr. Kunjalata Gogoi
Shamima Kawsar	Knowledge and Attitude towards Tele-Mental Health Services among the Caregivers of Persons with Mental Illness	Mrs. Chitra Bora
Monisha Thapa	Perceived Stress and Coping Strategies among Persons with Epilepsy	Dr. Arunjyoti Baruah
Tinamoni Das	Resilience and Subjective Well-Being among the Parents of Children with Neurodevelopmental Disorders	Dr. Nurnahar Ahmed

Laimayum Bethonia Devi	Disability and Coping Strategies among the Persons with Depression	Dr. Nurnahar Ahmed
Violina Deka	Knowledge and Attitude regarding Relapse Prevention among Persons with Substance Use Disorder undergoing Treatment in a Selected Tertiary Mental Health Care Institute	Dr. Kunjalata Gogoi
Nani Obey	Attitude towards Ageing and Satisfaction of Life Among Elderly: A Community – Based Study	Dr. Arunjyoti Baruah

The final year examinees, undertook research on the following titles:

<b>Name of trainee</b>	<b>Dissertation topic</b>	<b>Guide/Co-Guide</b>
Urbi Haloi	A Descriptive study to assess Sleep hygiene practice and psychological well being among antenatal women attending OPD of selected hospital in Tezpur	Mr. Sandeep Kollipara
Nibedita Gogoi	Mental health issues and satisfaction with life among older adults: A community based study.	Dr. Nurnahar Ahmed
Rashmi Sonowal	Stress and well being of primary care givers of elderly with psychosis: A descriptive study	Mrs. Chitra Bora
Nivamani Barman	Life skills profile and social functioning among patients with schizophrenia visiting tertiary mental healthcare institution, Assam	Dr. Nurnahar Ahmed
Nitu Moni Nath	Nicotine Dependence and its relationship with Depression and Stress among women in a selected rural community	Dr. Kunjalata Gogoi
Nayan Paul	Association of self-esteem and eating attitude among adolescents studying in a selected school in Tezpur, Assam	Dr. Arunjyoti Baruah
Marku Kena	Self-esteem. Subjective happiness and Satisfaction of life among Adolescents in a selected school of Itanagar, Arunachal Pradesh	Mr. Sandeep Kollipara

Barasha Deka	A descriptive study to assess the parenting stress and parenting style among parents of children with Neuro-Developmental Disorders (NDD)	Dr. Arunjyoti Baruah
Bansuklang Tariang	Quality of sleep, work stress and subjective well-being among staff nurses working in Tertiary Care Hospital: A descriptive study	Dr. Nurnahar Ahmed

### Ph.D. Thesis: (Completed)

Name of the Scholar	Title of thesis	Guide/Co-Guide	Status (during the said period)
Angshu Lama	Effectiveness of Psychiatric Nursing interventions on medication adherence, quality of life and subjective wellbeing of persons with Bipolar Affective Disorder	Dr. Arunjyoti Baruah	Ph.D awarded in 2023
Amina Ahmed	Effectiveness of LGBRIMH Parenting Module for Children with Conduct Disorders	Dr. Arunjyoti Baruah	Ph.D awarded in 2023
L. Iris Devi	Effectiveness of a Nursing Intervention Package on Adults with Substance Use Disorder	Dr. Arunjyoti Baruah	Thesis submitted in 2023
Rinki Ghosh	Effectiveness of structured educational intervention in enhancing self-management, self-esteem and overall quality of life in persons with epilepsy	Dr. Arunjyoti Baruah	Thesis submitted in 2023

### Faculty as External Examiners

- Dr. Arunjyoti Baruah, Professor, H.O.D, Dept. of Psychiatric Nursing was an external examiner for Diploma in Psychiatric Nursing course at CIP Ranchi in May 2023.



Photo- Dr. Arunjyoti Baruah, as an external examiner for Diploma in Psychiatric Nursing course at CIP Ranchi

- Dr. Arunjyoti Baruah Professor and H.O.D. Dept. of Psychiatric Nursing was an external evaluator for Pre PhD examination at National Consortium for nursing by Indian Nursing Council, on 12th and 13th July 2023
- Mr. Sandeep Kollipara, Nursing Tutor Dept. of Psychiatric Nursing was an External Examiner in Regional Nursing College, Guwahati on the 6<sup>th</sup> and 7<sup>th</sup> March, 2024.



Photo- Mr. Sandeep Kollipar as an External Examiner in Regional Nursing College, Guwahati

## Seminar/Conference/Workshops/Meetings

### 1. Participated/ Attended

- Dr. Anghsu Lama, Asst. Professor (NMHP), Ms. L. Iris Devi, Nursing Tutor (NMHP), attended a two-day Mental health camp at Tezpur University Campus on 18<sup>th</sup> and 19<sup>th</sup> May, 2023.



Photo- Dr. Anghsu Lama & Ms. L. Iris Devi) attended a two-day Mental health camp at Tezpur University Campus.

- Mrs. Chitra Bora (Nursing Tutor), Dr. Subhra Sarkar (Nursing Tutor), Dr. Ch Padmini Roy (Nursing Tutor) were Resource Persons on the Workshop on the topic “The Kayakalp and its practical implications” organized by the Department of Psychiatric Nursing on 7<sup>th</sup> July, 2023.
- Dr. Amina Ahmed was a Resource Person at the Workshop on the topic “Promotion of mental health among Children and Adolescent” organized by the Department of Psychiatric Nursing on 10<sup>th</sup> July, 2023.
- Dr. Arunjyoti Baruah, Professor and HoD., Department of Psychiatric Nursing was a speaker in the Dte.GHS Mental Health Champion ECHO Program organized by the Directorate General Health Services, Nursing Division, MoHFW, Govt. of India in collaboration with ECHO India on 10<sup>th</sup> October, 2023.

- Dr. Arunjyoti Baruah, Professor and HoD, Dept. of Psychiatric Nursing, attended the Academic Council meeting held at Gauhati University on the 26<sup>th</sup> December, 2023.
- Dr. Arunjyoti Baruah, Professor and HoD, Dept. of Psychiatric Nursing along with the Ph.D. scholars from the Department attended the 23<sup>rd</sup> ISPN Conference held at Sister Nivedita University Nursing Institute in New town, Kolkata from 9<sup>th</sup> to 11<sup>th</sup> February, 2024.



Photo- Dr. Arunjyoti Baruah, Professor and HoD, Dept. of Psychiatric Nursing along with the Ph.D. scholars from the Department attended the 23<sup>rd</sup> ISPN Conference held at Sister Nivedita University Nursing Institute in New town, Kolkata

- I. Scientific papers were presented by the scholars in the conference.



Photo- Scientific papers presented by the Research scholars of Dept. of Psy. Nursing

- II. Ms. Sagarika Chetia won the 3<sup>rd</sup> best Scientific paper Presentation in the conference.



Photo- Ms. Sagarika Chetia receiving the award for 3<sup>rd</sup> best Scientific paper Presentation

- Dr. Kunjalata Gogoi, Assistant Professor of Psychiatric Nursing attended a Leadership Training Programme on “Anti-Corruption and Good Governance”. The training was conducted at New Delhi and Vienna, Austria in collaboration of PARI (Parliamentary & Administrative Research Institute) New Delhi and IACA (International Anti-corruption Academy) Vienna, Austria from 2<sup>nd</sup> to 9<sup>th</sup> March, 2024.



Photo- Dr. Kunjalata Gogoi attended a Leadership Training Programme on “Anti-Corruption and Good Governance in Vienna, Austria

## 2. Organized

- On the occasion of World Health day community awareness program regarding the importance of good health and healthy lifestyle was conducted by the Department of Psychiatric Nursing on 7<sup>th</sup> April, 2023
- Ph.D. Viva-Voce (Open) examination for award of Ph.D. Degree for Mrs. Angshu Lama under the guidance of Dr. Arunjyoti Baruah, Prof. and HoD., Dept. of Psychiatric Nursing, LGBRIMH was conducted at the seminar hall of Department of Psychiatric Nursing on the 11<sup>th</sup>, April, 2023.



Photo- Award of Ph.D. Degree for Mrs. Angshu Lama

- As part of the International Nurses' Week celebration, the department organized an essay competition on the theme “Our Nurses Our Future” for the students and staff nurses of LGB Regional Institute of Mental Health at the Seminar Hall of the Department on the 9<sup>th</sup> May, 2023.



Photo- Essay Competition as a part of International Nurses' Week- 2023

- International Nurses' Day was celebrated on the 12<sup>th</sup> May, 2023 with the theme “Our Nurses, Our Future”. The programme started with hoisting of the flag by Mrs Kalpana Hazarika, Asst. Matron of the institute, followed by tribute to “The lady with the lamp.” A series of program was held including Rangoli making, Poster making, Quiz competition among students and nursing staff. The students and staff presented a cultural programme to celebrate the day.



Photo- Cultural programme on the occasion of International Nurses' Day 2023

- The Department organized a Workshop on the topic “The Kayakalp and its practical implications” at the seminar hall of the department on 7<sup>th</sup> July, 2023



Photo- Workshop on the topic Workshop on the topic “The Kayakalp and its practical implications” organized by Dept. of Psychiatric Nursing

- The department organized a workshop on the topic “Promotion of mental health among Children and Adolescent” in collaboration with DMHP, Sonitpur, Assam on at the Seminar Hall of the Department 10<sup>th</sup> July, 2023.



Photo- Workshop on the topic "Promotion of mental health among Children and Adolescent" organized by Dept. of Psychiatric Nursing

- The Department organized a Pledge taking ceremony on the occasion of the Angadaan Mahotsav campaign on the 29<sup>th</sup> July, 2023. Students, Nursing Tutors and Faculties participated in the pledge taking ceremony.
- The Department conducted an educational session on HIV/ AIDS at the Seminar Hall of the Department on 5<sup>th</sup> August, 2023. Mr. Sandeep Kollipara, Nursing Tutor, discussed the topics regarding overview of HIV/ AIDS and prevalence of HIV/ AIDS, about the NACP goals, and components of the NACP program and Overview of guidelines for counseling of persons with HIV AIDS were discussed.



Photo- Educational session on HIV/ AIDS

- On the occasion of 76<sup>th</sup> Independence Day, the department organized a Rangoli competition on the theme "Nation First, Always First" on 15<sup>th</sup> August, 2023. The event was moderated by Dr. Ch. Padmini Roy, Dr. Subhra Sarkar, Dr. Pallavi Talukdar and Mr. Sandeep Kollipara, Nursing tutors under the guidance of Dr. Arunjyoti Baruah, Professor & HoD, Dept. of Psychiatric Nursing, LGBRIMH.



Photo- Celebration of 76<sup>th</sup> Independence Day 2023

- The Department organized the Anti-ragging oath taking for the students and scholars at the class room in 3<sup>rd</sup> floor of Academic Building on 18<sup>th</sup> August, 2023.



Photo- Anti- ragging oath taking for the students and scholars

- The Department in collaboration with IHBAS, Delhi, Arizona Indian Nurses Association, USA and ABD & SUD-CARE Group, India organized the 2<sup>nd</sup> International Virtual conference on the topic “Challenges in Management of Behavioural Addictions and Substance use disorder” on 1<sup>st</sup> and 2<sup>nd</sup> October, 2023.



Photo- 2<sup>nd</sup> International Virtual conference on the topic “Challenges in Management of Behavioural Addictions and Substance use disorder”

- The Department celebrated the World Mental Health Day, 2023 by conducting awareness program for the patients and caregivers based on the theme “Mental Health is a Universal Human Right” at OPD and indoor section of the hospital on 10<sup>th</sup> of October, 2023.
- The Department organized an Anti ragging awareness program for the students of LGBRIMH was organized at 3<sup>rd</sup> floor classroom of Academic building of LGBRIMH on the 3<sup>rd</sup> of November, 2023.



Photo- Anti- ragging awareness programme

- The Department organized INC BLS awareness program for the students of the Department at the seminar hall of the department on 6<sup>th</sup> December, 2023.



Photo- INC BLS awareness programme

- Viva voce (Open) examination for award of Ph.D. Degree to Mrs. Amina Ahmed of the department was held at 3<sup>rd</sup> floor Seminar hall, Academic building, Dept. of Psychiatric Nursing, LGBRIMH on 29<sup>th</sup> December, 2023.



Photo- Award of Ph.D. Degree to Mrs. Amina Ahmed

- The faculties, tutors and students from the department attended the 75<sup>th</sup> Republic day celebration organized in the Institute on the 26<sup>th</sup> January, 2024. Cultural program to celebrate Republic day was also organized by the students and staff of the Department at 3<sup>rd</sup> floor, Academic Building of LGBRIMH.
- The students of M.Sc. Psychiatric Nursing and visiting students from Govt. College of Nursing, Kalimpong alongwith faculties from the department attended the Pariksha Pe Charcha by the Hon'ble Prime Minister of India, Shri Narendra Modi at the Department on 29<sup>th</sup> January, 2024.



Photo- Students attending the Pariksha Pe Charcha by the Hon'ble Prime Minister of India, Shri Narendra Modi

## Community Extension services: Dr. Kunjalata Gogoi/Mrs. Basanti Kumsing

<b>Date</b>	<b>Activity</b>	<b>Target group</b>	<b>Venue</b>
<b>05.04.23</b>	Oral hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>13.04.23</b>	Awareness Prevention Precaution: Infectious Diseases	Patient & caregivers of community	Sootea PHC
<b>15.04.23</b>	Mental hygiene practice	Patient & caregivers of community	Jakhalabandha FRU
<b>27.04.23</b>	Importance & techniques of hand hygiene	Patient & caregivers of community	Sootea PHC
<b>03.05.23</b>	Food hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>11.05.23</b>	Awareness Prevention Precaution: Infectious Diseases	Patient & caregivers of community	Sootea PHC
<b>20.05.23</b>	Importance of Environmental cleanliness	Patient & caregivers of community	Jakhalabandha FRU
<b>25.05.23</b>	Keep your surrounding disease free	Patient & caregivers of community	Sootea PHC
<b>07.06.23</b>	Hand Hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>08.06.23</b>	Awareness Prevention Precaution: Communicable Diseases	Patient & caregivers of community	Sootea PHC
<b>17.06.23</b>	Mental Hygiene	Patient & caregivers of community	Jakhalabandha FRU
<b>05.07.23</b>	Oral hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>13.07.23</b>	Awareness Prevention Precaution: Communicable Diseases	Patient & caregivers of community	Sootea PHC
<b>15.07.23</b>	Importance & techniques of hand hygiene	Patient & caregivers of community	Jakhalabandha FRU

<b>02.08.23</b>	Food hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>10.08.23</b>	Awareness Prevention Precaution: Communicable Diseases	Patient & caregivers of community	Sootea PHC
<b>19.08.23</b>	Proper disposal of waste (household)	Patient & caregivers of community	Jakhalabandha FRU
<b>06.09.23</b>	Hand Hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>14.09.23</b>	Mental Hygiene	Patient & caregivers of community	Sootea PHC
<b>16.09.23</b>	Mental Hygiene	Patient & caregivers of community	Jakhalabandha FRU
<b>04.10.23</b>	Oral hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>12.10.23</b>	Mental Hygiene	Patient & caregivers of community	Sootea PHC
<b>21.10.23</b>	Mental hygiene practice	Patient & caregivers of community	Jakhalabandha FRU
<b>01.11.23</b>	Food hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>09.11.23</b>	Promoting Mental Health	Patient & caregivers of community	Sootea PHC
<b>18.11.22</b>	Importance & techniques of hand hygiene	Patient & caregivers of community	Jakhalabandha FRU
<b>06.12.23</b>	Hand Hygiene	Patient & institutional caregivers of Missionaries of Charity	Missionaries of Charity
<b>14.12.23</b>	Promoting Mental Health	Patient & caregivers of community	Sootea PHC
<b>16.12.23</b>	Oral hygiene	Patient & caregivers of community	Jakhalabandha FRU

## Other Achievements

- Achievements of 2<sup>nd</sup> International Virtual conference on Challenges in Management of Behavioural Addictions and Substance use disorder on 1<sup>st</sup> and 2<sup>nd</sup> October 2023.
  - Debate competitions and pre conference workshop on Digital Detox was conducted on 1<sup>st</sup> October 2023 from 9 am to 1 pm. Mrs. Chitra Bora, Nursing tutor was the Co- chairperson for the screening session of Track A- Health Hazards of Excessive Internet Use. Mrs. Chitra Bora, Nursing tutor, was one of the judges for the final debate competition conducted on 1<sup>st</sup> October, 2023 at 9am via Google meet. Pre-conference workshop was conducted on 1<sup>st</sup> October 2023 from 9 am to 2pm under the guidance of the executive chairperson Dr. Sandhya Gupta. MSc nursing students (1<sup>st</sup> and 2<sup>nd</sup> year) from the Dept. of Psychiatric Nursing, LGBRIMH attended the workshop.
  - Dr Arunjyoti Baruah chaired the thematic session Use of Artificial Intelligence in managing addictive behavioural disorder on the 1<sup>st</sup> day of the conference.
  - Dr Angshu Lama, Assistant Professor (NMHP), co-chaired the keynote address by Dr Dana Murphy Parker on the topic Nurses: Leveraging Nurses Role in Addiction.
  - Dr Arunjyoti Baruah, chaired the keynote address “Born with addiction: Children of SUD Parents” presented by Dr. Ratinder Kaur.
  - Ms Barsha Sensua, Ph.D. scholar, Dept. of Psychiatric Nursing, LGBRIMH, spoke on internet addiction in the symposium conducted on the 2<sup>nd</sup> day of the conference.
  - Mrs. Chitra Bora, was the co-chairperson for the plenary session in the second day of the conference.
  - Achievements of the 23<sup>rd</sup> ISPN Conference held in Sister Nivedita University Nursing Institute in New town, Kolkata from 9<sup>th</sup> to 11<sup>th</sup> February, 24.
  - Ms. Sagarika Chetia, Ph.D. Scholar, won the 3<sup>rd</sup> best Scientific paper Presentation in the conference.
  - Dr. Arunjyoti Baruah, chaired a session on the topic “Climate Change and Mental Health”, and was also a panelist in panel discussion.
- Dr. Arunjyoti Baruah, Prof. & Head Department of Psychiatric Nursing was selected as the member of the State Mental Health Authority, Assam on the 30<sup>th</sup> January, 2024.

## Any other information:

- An inspection of the Department of Psychiatric Nursing, LGBRIMH was conducted by Gauhati University on 22<sup>nd</sup> July, 2023 for seat enhancement of M.Sc .Nursing course at the institute (from 12 seats to 20 seats



Photo- Inspection by members of Gauhati University for enhancement of seats

- Indian Nursing Council on-site inspection was held on the 20<sup>th</sup> and 21<sup>st</sup> November, 2023. Two inspectors as recommended by the council had come for the visit. The inspectors visited the community i.e. Bihaguri PHC, Tezpur Medical College and the indoor of LGB Regional Institute of Mental Health



Photo- Faculty members alongwith the inspectors of on-site inspection of Indian Nursing Council

## DEPARTMENT OF PSYCHIATRIC SOCIAL WORK

### Introduction:

The Department of Psychiatric Social Work, established in 1998, began with a focus on developing comprehensive mental health services and educational programs in Psychiatric Social Work. Initially, its efforts channeled on implementing psychosocial services within the hospital, rehabilitating long-stay patients, and organizing training programs for Psychiatric Social Work professionals. Over time, the department expanded its scope: Community Mental Health Services were launched on 7<sup>th</sup> March 2001, the Centre for Rehabilitation Sciences was established on 26<sup>th</sup> Jan 2004, and the Family Therapy Centre was started in Oct 2010.

Academic training in the Department of Psychiatric Social Work began in 2009 with the launch of the M.Phil program in Psychiatric Social Work, with affiliation from Gauhati University. The M.Phil program, a two-year, clinically-focused, hospital-based course, initially had an intake capacity of two seats, which has since grown to 11. Trainees in the program serve as primary service providers under the guidance of faculty, including psychiatric social workers and PhD scholars, across OPD, IPD, and community services.

Currently, the department comprises six faculty members, five Psychiatric Social Workers, and a total of 20 M.Phil students (first- and second-year). In October 2017, the department received recognition to establish a full-time Ph.D. program, admitting three Ph.D. scholars annually. Presently, the department supervises 13 full-time and two part-time Ph.D. scholars. In September 2023, eleven M.Phil trainees and four Ph.D. scholars were selected through the GURET examination held by Gauhati University.

Clinically, the department offers a range of psychosocial services for patients and their families. Key areas include psychosocial interventions, marital and family therapy, reintegration services for homeless individuals with mental illness, and psychosocial rehabilitation. The department has also developed extensive networking and support initiatives to promote the welfare of individuals facing mental health challenges, contributing significantly to the reintegration of homeless individuals with mental illness.

In addition to its clinical and educational roles, the department provides consultancy, training, and support to government and non-government sectors. It also engages in independent and sponsored research on socially relevant mental health topics and supervises research leading to M.Phil and Ph.D. degrees.

### Faculty and Clinical Supervisors:

Post	Name	Qualification
Head & Professor	Dr. Sonia Pereira Deuri	MSW (School of Social Work, Mangalore University), M. Phil,(PSW -NIMHANS), Ph. D. (Mizoram University)
Associate Professor	Dr. Sobhana H.	MSW (Rajagiri College of Social Sciences, MG University, Kottayam), M Phil, Ph. D. (PSW-NIMHANS ), Post-Doctoral Fellowship (University of Florida, USA)
Associate Professor	Dr. Amaresha C. (30 <sup>th</sup> May 2023)	MSW (Bangalore University), M Phil, (NIMHANS), Ph.D (NIMHANS)

Assistant Professor	Dr. Indrajeet Banerjee	MSW (M. G. Kashi Vidyapeeth, Varanashi), M Phil, (PSW-CIP, Ranchi University) Ph. D. (M. G. Kashi Vidyapeeth, Varanasi)
Assistant Professor	Dr. M. Elamurugu	MSW (Bharatidasan University), M.Phil. (NIMHANS), Ph.D. (NIMHANS)
Assistant Professor (NMHP)	Dr. Pomi Mahanta (Till September, 2023)	MSW (TISS, Guwahati), M.Phil (LGBRIMH, Gauhati University), Ph. D. (LGBRIMH, Gauhati University)
Psychiatric Social Worker	Ms. Buli Nag Daimari	MSW (Mizoram University), M Phil, (PSW - NIMHANS )
Assistant Professor (NMHP)	Dr. Pomi Mahanta (Till September, 2023)	MSW (TISS, Guwahati), M.Phil (LGBRIMH, Gauhati University), Ph. D. (LGBRIMH, Gauhati University)
Psychiatric Social Worker	Ms. Sabana Nasrin Islam	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker	Ms. Athelrine Horo	MSW (Pune University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker	Ms. Marinella Meribeni Humtsoe	MSW (Dibrugarh University), M.Phil (LGBRIMH, Gauhati University)
Psychiatric Social Worker (NMHP)	Mr Victor Jozowar	MSW ( ADB University), M.Phil (LGBRIMH, Gauhati University)

### Academic and other related activities:

- Faculty and Ph D Scholars of the department attended Ph.D Viva-Voce Examination of Dr. Angshu Lama of the Department of Psychiatric Nursing on 11<sup>th</sup> April, 2023.
- Dr. Sonia Pereira Deuri, Dr. Sobhana H, Dr. Indrajeet Banerjee, Dr. Elamurgu M, Dr. Pomi Mahanta and PhD Scholars Ms. Rini Gogoi, Ms. Nibedita Sarkar, Ms. Rituporna Dhar, Ms. Ananya Bordoloi (Dept. of Psychiatric Social Work) attended Protocol Presentation for ICMR Grant on 18<sup>th</sup> April, 2023. Dr. M Elamurgu (Assistant Professor) presented a proposal on “Development of a Community Based Rehabilitation Program for Persons with Chronic Treatment Resistant Psychosis”.
- Ms. Monaspika Das (Ph.D Scholar) and Ms. Sweta Baruah (M.Phil trainee) attended Digital Case presentation by Department of Addiction Medicine, organised by NIMHANS, on 3<sup>rd</sup> May, 2023. The Speaker was Dr. Anup from NIMHANS.
- Rini Gogoi, Monaspika Das (PhD scholars) attended the Thursday musings Master class on the topic 'Intricacies of Admission and discharge procedures under MHCA' by Dr. Mahesh Gowda, Consultant

Psychiatrist in Bangalore on 11<sup>th</sup> May, 2023

- All scholars of the department attended the Thursday musings Master class on the topic 'Chat GPT-How it will change our psychiatry practice? Will it replace mental health professionals?' by Dr. Suresh Badamath, Professor of Psychiatry, NIMHANS on 18<sup>th</sup> May, 2023.
- All the M Phil trainees, Ph D scholars, faculty and PSWs in the CME and PG Development Program on Opioid Addiction: A Northeast Perspective, organized by Department of Addiction Medicine in collaboration with Addiction Psychiatry Society of India (APSI) on 26<sup>th</sup> June, 2023.
- Dr. Sonia P. Deuri (Professor), Ms. Rini Gogoi, Nibedita Sarkar and Monaspika Das (Ph.D Scholars) attended the discussion on the Topic on Zoom meeting on - 'Women Brain Health Series-Rising threat of Strokes in young women' by Dr. Chetana Chatterjee, Orthopedic Surgeon in Panihati, West Bengal on 20<sup>th</sup> May, 2023.
- PSW trainees attended master class on "Parenting Techniques: Current status & practical aspects" by Dr. Srinivasan Venkatesan, Mysore, on 06<sup>th</sup> July, 2023.
- M.Phil PSW trainees attended a case discussion on Depression by Dr. Monali Deshpande, Aurangabad and moderated by Dr. Parag S. Shah, Surat & Dr. Rajesh Dhume, Goa on 13<sup>th</sup> July, 2023.
- All M.Phil PSW trainees from the dept. of Psychiatric Social Work attended master class on "Welfare benefits for Persons with Mental Illness" by Dr. T Sivakumar, Pondicherry University on 27<sup>th</sup> July, 2023.
- Admission counseling for M.Phil in PSW course for sponsored reserved seats of North-Eastern States was held on 4<sup>th</sup> August, 2023. Admission counseling for open seats for M.Phil in PSW was held on 7<sup>th</sup> August, 2023 against 11 seats. Admission counseling for PhD in PSW was held on 10<sup>th</sup> August, 2023 and four candidates joined the course. The session started on 1<sup>st</sup> September, 2023.
- An Induction Program and Orientation Lectures were organized for the newcomers. The scholars and trainees are posted for clinical work in Adult Psychiatric units and Speciality units of the Institute for a minimum of 6 hours in a day. Academic lectures, seminars, case presentations and article reviews are held from 3.30 pm onwards till 6 pm in the department.
- A total of 148 Lectures, 20 Seminars, 28 Case presentations, 20 Article reviews and 15 PhD scholars' presentations, were held during the reporting year. Faculty from departments of Psychiatry and Clinical Psychology also conduct teaching programs for PSW students. Scholars and trainees take part in unit level tutorials programs. Workshops are held for areas like statistics, and computer applications.
- Ananya Bordoloi, Nibedita Sarkar and Priyakshi Neog (Ph.D scholars and M.Phil trainee) attended workshop for medical officers of Sonitpur district on Dementia: Early identification and basic management organized by Department of Geriatric Mental Health Unit on 01<sup>st</sup> September, 2023.
- Ms Ananya Bordoloi, Ph.D scholar, DPSW attended the Online PG CME on Alzheimer's Dementia Diagnosis and Management: Current Trends, organized by LGBRIMH on 21<sup>st</sup> September, 2023.
- Ms Ananya Bordoloi and Ms Nibedita Sarkar (Ph.D Scholars) from the department attended Online PG CME on Alzheimer's Dementia: Current trends in diagnosis and management organized by Department of Geriatric Mental Health Unit 21<sup>st</sup> September, 2023.
- Internal examinations are organized by the department twice in the last week of March and June for both first and second year batches. Model examination was conducted in the last week of August for M.Phil trainees of 1<sup>st</sup> year while it was held in the second week of Dec 2023 for second years. Final examination got underway for M.Phil 1<sup>st</sup> year trainees (2022-24 batch) from 9<sup>th</sup> -20<sup>th</sup> October, 2023.

Final examinations for M.Phil 2<sup>nd</sup> year trainees (2021-23 batch) was held from 9<sup>th</sup> to 20<sup>th</sup> January, 2024.



**Photo:** M.Phil in Psychiatric Social Work- Final Examination.

- The Fifth Board of Studies Meeting of the Department of Psychiatric Social Work & Department of Clinical Psychology was held on 10<sup>th</sup> November, 2023 through online mode.



Photo – BoS Meeting of Departmentt of PSW and CP

- Pre-submission seminar of Ms. Mamata Rani Swain, PhD scholar, Dept. of Psychiatric Social Work was held at LGBRIMH, Tezpur on 22<sup>nd</sup> December, 2023.
- Dr Sobhana H, Associate Professor and Ms Buli Nag Daimari, Psychiatric Social Worker were coordinators of the Foundation of Family Therapy, online course under DPSW which was launched in December 2023.
- Dr Sonia Pereira Deuri, Professor & Head, DPSW, chaired the meeting for reviewing the ICMR applications in the institute held on 17<sup>th</sup> February, 2024.



Photo: External Review meeting for ICMR applications in the Institute

**Exposure Training:** Posting of students in the department from different organization

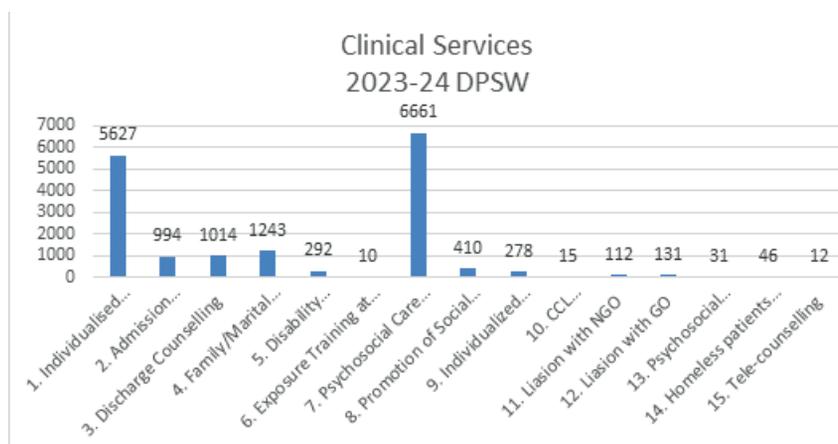
Sl. No.	Name of the College/Institute / University	Number of Students	Duration
1.	Dibrugarh University	05	03-04-2023 to 20-04-2023
2.	Central University of Kerala	04	01-05-2023 to 31-05-2023
3.	Rajiv Gandhi University, Arunachal Pradesh	03	05-06-2023 to 24-06-2023

**Total Number of Students Enrolled / Passed Out**

Course / Subject	Year	Enrolled	Pass out
M.Phil in Psychiatric Social Work (1 <sup>st</sup> Year)	2023-2024	11	-
Ph.D in Psychiatric Social Work (1 <sup>st</sup> Year)		04	01 Awarded

**Clinical Services**

Clinical services provided by the Department at the Outdoor and Indoor and are summarized below:



Clinical Services are provided by the Faculty , PSW, scholars and trainees at the outdoor , indoor and community levels. Priority wise psychosocial services are based on individual and family levels needs or as per referrals from the various adult psychiatry units and speciality services like CAP , DAM and GMH. Group Work activities are organized weekly at ward level for admitted patients and their families.

### Community Awareness Programmes and other programs

- There were 72 Community Mental Health Extension Camps held in this session in Sootea, Jakhlabandha, Dhula, Rangalo and Dhanua Nagar.
- Dr. I. Banerjee, Faculty I/c of the Community Mental Health Extension Camps attended these camps with Research Scholars and M Phil trainees. Referrals are addressed and group level psychoeducation sessions are held in the camps. Swatchchata activities are also held.



Photo: Community camps at various centers.

- Mental Health Camp at Tezpur University on 18<sup>th</sup> & 19<sup>th</sup> May, 2023 with Dr Pomi Mahanta (Assistant Professor, NMHP) as the resource person.



Photo: Mental Health Camp at Tezpur University

- Awareness program was held by the Geriatric unit on 31<sup>st</sup> May 2023 on *World No Tobacco Day* in GMH IPD. Resource person was Parishma Das (M.Phil trainee).
- On the occasion of *World No Tobacco Day*, Monaspika Das (PhD Scholar), Sweta Baruah (M.Phil

trainee) attended an awareness program organized by Department of Addiction Medicine at the OPD on 31<sup>st</sup> May, 2023.



Photo: An awareness program

- All the M.Phil Trainees, PhD Scholars, Faculties and other staff participated in the International Yoga Day celebration and launch of free Teleyoga services on 21<sup>st</sup> June, 2023 at LGBRIMH, Tezpur.



Photo: International Yoga Day Celebration

- Department has organized an Awareness program in Gram Vikas Parishad, Rangaloo, Nagaon on 20<sup>th</sup> September, 2023.





Photo - Awareness program in Gram Vikas Parishad, Rangaloo, Nagaon

- Department has organized a Community Mental Health Camp and awareness programme on substance addiction and its impact on mental health. Psycho education to caregivers information on disability certification procedure & appropriate referral for certification was provided at Sootea PHC on 23<sup>rd</sup> November, 2023.



Photo - Community Mental Health Camp and awareness programme

- Department organized a Community Mental Health Camp and Awareness drive on Importance of Mental Hygiene, personal hygiene and activity Schedule was conducted for patients and caregivers at Sootea on 08<sup>th</sup> and 22<sup>nd</sup> February, 2024.

#### **Other service related activities:**

- The faculties and trainees of the department attended the World Parkinson's Day organized by Geriatric Mental Health Department, LGBRIMH on 11<sup>th</sup> April, 2023.



Photo - World Parkinson's Day

- Dept. of Psychiatric Social Work organized an awareness programme on Swachhta Pakhwada on 13<sup>th</sup> April 2023 at Parivartan, Gutlong, Tezpur. Resource persons were- Ms. Athlerine Horo, PSW and Mr. Mrinal Basumatary, Ph.D Scholar.



Photo: Awareness programme on Swachhta Pakhwada at Parivartan, Gutlong, Tezpur

- Hospital (IPD) Awareness activities on Special drive 2.0 Swachta were held. Two programmes were conducted:
  - Awareness program on “Violence management person with Mental Illness.” on 19.07.2023,
  - Awareness on “Welfare benefits Person with Mental Illness.” on 29.07.2023 Ms. Buli Nag Daimari, coordinated these programs



Photo - Awareness activities on Special drive 2.0 Swachta

- The Department of Psychiatric Social Work with the patient's caregiver conducted an Awareness programme on health and hygiene at OPD on 30<sup>th</sup> August, 2023.



Photo: Awareness programme on health and hygiene

- Department organized Dementia awareness and screening camp at Darpan Old Age Home, Beseria, Tezpur on 16<sup>th</sup> September, 2023. Resource persons were from Geriatric Mental Health department of LGBRIMH.



Photo: The Team of GMH unit with the older adults



Photo: Older adult patients and their caregivers were engaged in the coloring activity

- Nibedita Sarkar (Ph. Scholar), Parbiza Akhter and Priya Roy (M.Phil trainees) from the dept. of Psychiatric Social Work attended the Quiz competition on occasion of Hindi Pakhwada at LGBRIMH, Tezpur on 27<sup>th</sup> September, 2023.
- M.Phil PSW trainees participated in Swachhata cleanliness drive in the DPSW on 7<sup>th</sup> October, 2023.
- The faculty and staff of the department participated in the cleanliness drive on 7<sup>th</sup> October, 2023.
- The faculty and staff of the department participated in the cleanliness drive on 7<sup>th</sup> October, 2023.
- M.Phil PSW trainees participated in Swachhata cleanliness drive in the DPSW on 7<sup>th</sup> October, 2023.
- Interaction session was organized by the Psychiatric Social Work team in the OPD with the patients and their caregivers on the occasion of World Mental Health Day on 10<sup>th</sup> October, 2023.

- Department organized various art based activities on the occasion of World Mental Health Day, at IPD of Geriatric Mental Health Unit on 10<sup>th</sup> October, 2023.



Photo: Welcome address by PhD Scholar (PSW) Ms Ananya Bordoloi on World Mental Health Day

- The Department of Psychiatric Social Work organized Movie screening on the occasion of World Mental Health Day on 10<sup>th</sup> October, 2023.



Photo: Departmental Activity on World Mental Health Day.

- Ms Priya Kerketta, Ms. Rimzhim Boruah Ms. Prerona Phukan, Ms. Sunayana Gogoi, Ms. Sweta Baruah, M.Phil trainees of PSW has participated in poster making competition on the occasion of Swachta Divas on 25<sup>th</sup> October, 2023 in the department.
- Networking with non governmental organizations like *Soft Seed Swardher Greh* and *Gram Vikash Prishad* are routinely done in the form of exposure visits and placement related discussions.
- Home visits were also undertaken by the psychiatric social work trainees and supervisors as a part of psychosocial assessments and interventions.
- The PSW trainees and supervisors regularly conduct group work with caregivers and patients on topics related to their illness, taking care of self and hygiene (physical, mental and sleep).



Photo: Group Activity on Sleep hygiene and it's importance in our lifestyle

- Interaction session was organized by Psychiatric Social Work team in the OPD with the patients and their caregivers on the occasion of World Mental Health Day on 10<sup>th</sup> October 2023.
- Ms Priya Kerketta, Ms. Rimzhim Boruah Ms. Prerona Phukan, Ms. Sunayana Gogoi, Ms. Sweta Baruah, M.Phil trainees of PSW has participated in poster making competition on the occasion of Swachta Divas on 25<sup>th</sup> October, 2023 in the department.
- M.Phil in Psychiatric Social Work (Part-II) Final Examination was held in January, 2024.

## Research Activity of PhD Scholars and M Phil Trainees - Thesis and Dissertations

### M. Phil

The 1<sup>st</sup> year trainees presented the research protocol of their proposed dissertations to the Scientific Review Committee on 07<sup>th</sup> June 2023 and thereafter at the Institute Ethics Committee on 18<sup>th</sup> September, 2022. The titles of the studies are as follows:

Name of trainee	Dissertation topic	Guide/Co- Guide
Naphisabet Lyngdoh	Distress, Burden and Perceived Social Support among Caregivers of Persons with Cancer	Dr. Sonia P Deuri
Debahuti Gogoi	A Phenomenological Study to Explore the Nature of Cybersexism Experienced by Young Female Adults on Social Media and its Impact on Their Psychological Well Being”	Dr. Sobhana H
Abhilasha Saikia	Body Image and its relation with Psychological distress and risk for eating disorders among the college going students of Golaghat, Assam	Dr Indrajeet Banerjee
Pooja Dutta	Marital status, coping strategies, perceived recovery and life satisfaction among persons with schizophrenia- A comparative study	Dr. Sonia Pereira Deuri
Barkha Pegu	Lived experiences, quality of life and mental health status of women in shelter homes	Dr. Sobhana H

Purabi Das	"A study on Psychological distress, Resilience and Perceived Social Support among Widows in the Sonitpur district of Assam. "	Dr. Indrajeet Banerjee
Nikumoni Borah	Family caregiving in Depression: Impact on caregivers Burnout, Mental Health and Social Support	Dr. Sonia P. Deuri
Parbiza Akhter	Perceived stress, Resilient coping and burnout among Anganwadi Workers : A cross sectional study	Dr. Sobhana H
Nijara Tirki	"Psychological distress and Burden among Caregivers of Persons with Opioid Dependence"	Dr Indrajeet Banerjee

The final year examinees, undertook research on the following titles:

Name of trainee	Dissertation topic	Guide/Co- Guide
Ms. Sweta Baruah	Family Environment and Codependency among Wives of Persons with Alcohol Dependence Syndrome: A Comparative Study	Dr. Sonia P Deuri (Guide) Dr. Sobhana H (Co-guide)
Ms. Priyakshi Neog	Marital quality, quality of life and perceived social support among persons with obsessive compulsive disorder and their Spouses	Dr. Sobhana H
Ms. Ruth Malsawmzuali	Psychosocial Influence s of Drinking Behaviour Among College Going Students of Aizawl, Mizoram	Dr. Sobhana H
Mr. Victor Jozowar	Suicidal Risk, Adverse Childhood Experience among Emerging Adults with Substance Use Disorder	Dr. Indrajeet Banerjee

Mr. Marklyne Ibankyrshanbor Dkhar	Academic achievement and Mental Health among school going adolescents in Shillong, Meghalaya	Dr. Sonia P Deuri
Mr. Vineesh A	A study on Psychosocial Profile of Survivors of Child Trafficking with Special Reference to Sonitpur District of Assam	Dr. Sobhana H
Ms. Parishma Das	Psychosocial factors determining Mental Health status of Women in a Tea estate of Assam	Dr. Indrajeet Banerjee
Ms. Priya Kerketta	A study on coping and resilience among the spouses of persons with schizophrenia	Dr. Indrajeet Banerjee

**Ph. D. Thesis :**

<b>Name of the Scholar</b>	<b>Title of Thesis</b>	<b>Guide/Co-Guide</b>	<b>Status (during the said period)</b>
Nibedita Sarkar	Development of Grief Assessment Scale for caregivers of Persons with Severe Mental Illness (GASC-SMI)	Dr. Sobhana H	Approved
Danishwar Rasool Dar	Mental Health Family Environment and Social Relationships in Youth: A Cross-sectional study	Dr. Sobhana H	Approved
Mrinal Basumatary	Personal Recovery and its Psychosocial Correlates Among Employed and Unemployed Persons with Bipolar Affective Disorder	Dr. Indrajeet Banerjee	Approved

Priyanka Saikia	Development and pilot testing of Integrative Art Therapy Module for Emotional and Behavioural Well-being of Children residing in Children’s home.	Dr. Sonia P Deuri	Approved
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**Faculty as External Examiners**

- Dr Sonia P Deuri was an external Examiner for the final year MSW Dissertation Viva-Voce at Tezpur University on 14<sup>th</sup> June, 2023.
- Dr. Sobhana H, Associate Professor, Dept. of Psychiatric Social Work was a Pre-PhD examiner, for Ph D Scholar Department of Psychiatric Social Work, NIMHANS 18<sup>th</sup> July, 2023.
- Dr. Sobhana H, Associate Professor, Dept. of Psychiatric Social Work was the Pre Ph.D Examiner for Ph.D scholar, DPSW, NIMHANS, Bengaluru on 08<sup>th</sup> December, 2023.
- Dr. Sonia P Deuri Professor, Dept. of Psychiatric Social Work was the Pre-Ph.D Internal Examiner ( as a co-guide) for a Ph.D scholar, DPSW, NIMHANS, Bengaluru on 08<sup>th</sup> December, 2023. She attended the exam online.
- Dr. Amaresha C., Associate Professor, Dept. of Psychiatric Social Work was the External Examiner for Pre Ph.D Examiner for Ph.D scholar, DPSW, NIMHANS, Bengaluru on 14<sup>th</sup> December, 2023. He attended the exam on an online mode.
- Dr. Sonia Pereira Deuri, Professor & Head, Dept. of Psychiatric Social Work was the External Examiner for Ph.D viva at NIMHANS on 19<sup>th</sup> December, 2023.

**Seminar/Conference/Workshops/Meetings Participated / Attended**

- Ms. Marinella Humtsoe (PSW) attended the District Legal Service Authority (DLSA) on 19<sup>th</sup> May, 2023.
- Dr. Elamurugu M, Assistant Professor, Ms. Priyanka Saikia and Ms. Monaspika Das (PhD scholar), Ms. Barkha Pegu and Ms. Shweta Borua (MPhil trainee), Mr. Prawal (ATF Counselor) were resource persons for Brief Alcohol, Tobacco or Other Drugs Screening and Intervention for college/school going students (**BATODSIS**) at Darrang College, Tezpur on 27<sup>th</sup> June, 2023.



Photo: BATODSIS at Darrang College, Tezpur

- Rini Gogoi (PhD Scholar), Ananya Bordoloi (PhD Scholar) attended a lecture on “Depression and BPSD in Dementia-Managing the clinical conundrums” by Dr Debanjan Banerjee from Kolkata on 03<sup>rd</sup> August, 2023.
- Ph.D Scholar, Rini Gogoi attended (Online Mode) Thursday Musings Master class on Therapeutics in Psychiatry “Contextualizing the love lives of Adolescents” by Dr. Ruksheda Syeda, Psychiatrist from Mumbai on 10<sup>th</sup> August 2023. She also attended 'New NMC regulations: what we should know by Dr. Mahesh Gowda and Dr. Prasad Rao on 17<sup>th</sup> August 2023.
- Ms. Buli N Daimari (PSW), Rini Gogoi (PhD Scholar).attended (Online Mode) Thursday Musings Master class on Therapeutics in Psychiatry on 'Treatment Implications of Longitudinal course of Bipolar Disorder' by Dr. Sandeep Grover, Professor, Dept. of Psychiatry, PGIMER, Chandigarh on 24<sup>th</sup> August, 2023 .
- Department participated in the Awareness Program on Brief Alcohol, Tobacco or Other Drugs Screening and Intervention for College/School going Students which was organized by the Department of Addiction Medicine at Darrang College on 30<sup>th</sup> August, 2023.
- Rini Gogoi (PhD Scholar) attended (Online Mode) Thursday Musings Master class on Therapeutics in Psychiatry on 'Managing Somatic symptom group of disorders in a regular OPD' by Dr. Om Prakash Singh, Kolkata on 31<sup>st</sup> August, 2023.



Photo: Awareness Program at Darrang College, Tezpur

- Ph.D. Scholars: Mrinal Basumatary, Monaspika Das, Nibedita Sarkar, Priyanka Saikia participated in Quiz Competition in Hindi Pakhwada week on 14<sup>th</sup> September, 2023
- Dr. M. Elamurugu, Dr Ragini Singhania and Dr Kunjalata Gogoi, orgained a Awareness & Interventional programme on Drug and De-addiction at Tezpur College on 27<sup>th</sup> September, 2023.



Photo: Awareness Program at Tezpur College.

- M.Phil Trainees: Sunayna Gogoi, Namrata Baruah, Prerona Phukan, Parbiza Akhter, Priya Roy on Quiz Competition in Hindi Pakhwada week on 27<sup>th</sup> September, 2023.
- Dr. Elamurugu, Dr Ragini Singhanian and Dr Kunjalata Gogoi organized an Awareness and Screening programme on Substance use disorder in Tezpur College on 28<sup>th</sup> September 2023.
- Ms. Prerona Phukan, Sunayana Gogoi, Priyakshi Neog, Sweta Baruah, Rini Gogoi, Priyanka Saikia, Sushmita Kerketta from Dept. of PSW participated on Activities on Cleanliness Drive was by on 07<sup>th</sup> October, 2023.
- The department faculty, PSW supervisors, research scholars and trainees attended movie screening titled “Shutter Island” in the department, on the eve of World Mental Health Observation by Ph.D scholar on 10<sup>th</sup> October, 2023.
- Ms. Nibedita Sarkar, Ms. Juri Saikia (Ph.D scholars) attended the inaugural program of academic lecture series conducted by APSWP on 10<sup>th</sup> October, 2023.
- The trainees and the scholars attended IPS Rehabilitation Psychiatry Specialty Webinar programme on History of Psychosocial Rehabilitation conducted by Professor Sanjeev Jain, Emeritus Professor of Psychiatry, NIMHANS on 25<sup>th</sup> October, 2023.
- Ms. Rini Gogoi (Ph.D scholar) attended APSWP academic online lecture series on topic “Biopsychosocial Approach in Mental Health” on 26<sup>th</sup> October, 2023.
- M.Phil trainees and PhD scholars attended APSWP class on Assessments in Geriatric mental Health by Ms Anu K N dated, 7<sup>th</sup> November, 2023.
- Trainees posted to DAM along with faculty, PhD scholars and PSWs attended a case presentation by Dr Monisha, Junior Resident, CAM, NIMHANS, on Stimulant use disorder 08<sup>th</sup> November, 2023.
- M.Phil trainees and PhD scholars attended APSWP class on Psychosocial interventions for Dementia careers by Ms Cicil R Vasanthra dated 9<sup>th</sup> November, 2023
- Trainees, PhD scholars, PSWs, faculty and other department staff attended “Swachh Diwali Shubh Diwali” program organized by LGBRIMH on 12<sup>th</sup> November, 2023.
- Trainees, PhD scholars, PSW and Faculty posted in Child and Adolescent Psychiatry Department, LGBRIMH, Tezpur attended Children Day Celebration at Child and Adolescent Psychiatry Department ward on 14<sup>th</sup> November, 2023.
- M.Phil trainees and PhD scholars attended an online webinar on “Income Generation Program for Families of Persons with Mental Illness: SCARF Experience” organized by NIMHANS Rehab. Speaker: Dr. Kotteswara Rao on 24<sup>th</sup> November, 2023.
- M.Phil trainees and PhD scholars attended APSWP class on Muscular Dystrophy: Psychosocial perspective by Dr Arun Sadasivan dated 14<sup>th</sup> November, 2023.
- Trainees posted to DAM along with faculty, PhD scholars and PSWs attended Case presentation by Dr Harshita by Junior Resident, CAM, NIMHANS on Cannabis Use disorder and Schizophrenia on 15<sup>th</sup> November, 2023
- M.Phil trainees and PhD scholars attended APSWP class on techniques of family therapy by Ms Royina Mahanta, dated 28<sup>th</sup> November, 2023
- M.Phil trainees and PhD scholars attended APSWP class on importance of social justice policies for

adult with mental illness, by Dr Sojan Anthony, dated 30<sup>th</sup> November, 2023

- Awareness programme on Refund Issues and filing of ITR organized by Office of Income Tax Officer, Ward no 1, Tezpur was attended by Ms Sabana Nasrin Islam.
- Mr. Mrinal Basumatary attended an online webinar on “Income Generation Program for Families of Persons with Mental Illness: SCARF Experience” by Dr.Kotteswara Rao on 24<sup>th</sup> November, 2023
- Observation of International Disability Day at LGBRIMH, Tezpur on 06<sup>th</sup> December, 2023.

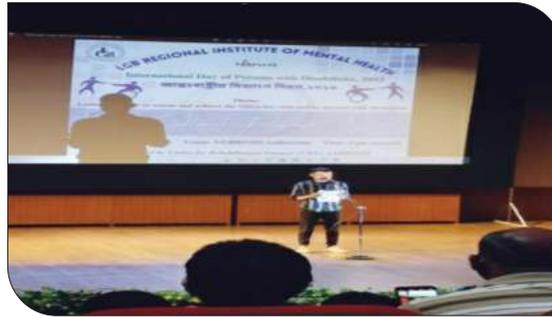


Photo: Observation of International Disability Day

- Ms Buli Nag Daimari, Ms Rini Gogoi, Ms Priyanka Saikia, Ms Sushmita Kerketta, Ms. Parishma Das, Mr. Marklyene Dhar, Ms. Sunayana Gogoi, Ms. Paoshone Paokhomai, Ms. Namrata Baruah from the Dept of PSW attended the Symposium on the occasion of World Aids Day at LGBRIMH, Tezpur on 1<sup>st</sup> December, 2023.
- Ms Buli Nag Daimari, Ms Rini Gogoi, Ms Priyanka Saikia, Ms Sushmita Kerketta, Ms. Parishma Das, Mr. Marklyene Dhar, Ms. Sunayana Gogoi, Ms. Paoshone Paokhomai, Ms. Namrata Baruah attended a Webinar on the topic Rehabilitation of Persons with mental Disorders on 4<sup>th</sup> December, 2023.
- Ms. Rini Gogoi, Mr. Mrinal Basumatary, Ms Nibedita Sarkar, Ms Juri Saikia, Ms Sushmita Kerketta (PhD Scholars) attended the APSWP online lecture series on the topic 'Types of Research and Designs' by Dr Lakshmana G, Assistant Professor of Social Work, University of Delhi on 5<sup>th</sup> December, 2023.
- Ms. Rini Gogoi attended the Thursday Musings online lecture series on 'DSM 5 Vs ICD 11: The Categorical Vs Dimensional debate' on 05<sup>th</sup> December, 2023. The Resource person was Dr. Arijit Dutta Chowdhury, Kolkata.
- Dr. Sonia Pereira Deuri, Ms. Buli Nag Daimari, Ms. Rini Gogoi, Ms. Priyanka Saikia, Ms Sushmita Kerketta Ms. Parishma Das, Ms. Namrata Barua, attended the programme organized on the occasion of Disability Day at LGBRIMH, Tezpur on 6<sup>th</sup> December, 2023.
- Ms. Rini Gogoi, Mr. Mrinal Basumatary, Ms Nibedita Sarkar, Ms Juri Saikia, Ms Sushmita Kerketta (PhD Scholars) attended the APSWP online lecture series on the topic 'Sampling and Sample Size Calculation' on 7<sup>th</sup> December, 2023. Resource person was Mr. Puttamare Gowda, Research Scholar, NIMHANS.
- Ms. Rini Gogoi and Ms Sushmita Kerketta attended the APSWP online lecture series on the topic 'Data Collection and transcription of qualitative data'. Resource person was Dr Vasundhara S Nair, Assistant Professor, JIBS, Sonipat, Haryana.

- Ms. Rini Gogoi, Ms Nibedita Sarkar, PhD Scholar attended APSWP online lecture series on the topic 'Methods and Tools of data collection' on 13<sup>th</sup> December 2023. The resource person was Dr Vikas, Assistant Professor, Dept of CP, LGBRIMH.
- Ms. Rini Gogoi, PhD Scholar attended the APSWP online lecture series on the topic 'Methods and Tools of data collection' by Dr Vikas, Assistant Professor, Department of Psychology, LGBRIMH, Tezpur on 13<sup>th</sup> December, 2023.
- Ms. Rini Gogoi, PhD Scholar attended the APSWP online lecture series on the topic 'Scale construction and its properties' by Mr. Charan ML, Research Scholar, PGIMER, Chandigarh on 13<sup>th</sup> December, 2023.
- Ms Rini Gogoi, Ms. Nibedita Sarkar, PhD Scholar attended the APSWP online lecture series on the topic 'Scale Constructions and Its Properties' on 14<sup>th</sup> December, 2023 the resource person was Dr. Charan ML, Chandigarh.
- Ms. Buli Nag Daimari attended a one week workshop on the topic “Analyzing Qualitative Data using N Vivo Software” organized by Leksha Research Centre, Gandhinagar from 18<sup>th</sup> to 22<sup>nd</sup> December, 2023.
- Mrs. Mamta Rani Swain presented Ph.D pre submission seminar of her thesis on 22<sup>nd</sup> December, 2023
- Ms. Rini Gogoi, Ms. Nibedita Sarkar, PhD Scholar attended the APSWP online lecture series on the topic 'Introduction to Qualitative Research' on 26<sup>th</sup> December, 2023. The resource person was Dr. Sreekanth Thekkumkara.
- Ms. Rini Gogoi, Ms Nibedita Sarkar, Ms Sushmita Kerketta attended the APSWP online lecture series on the topic 'Data Collection and transcription of qualitative data' on 28<sup>th</sup> December, 2023. The resource person was Dr Vasundhara S Nair, Assistant Professor, JIBS, Sonipat, Haryana.
- Ms. Marinella H., Psychiatric Social Worker attended an online symposium on the topic “Women and Mental Health” by Dr. Ketki Ranade, (Assistant Professor, TISS, Mumbai) organized by APSWP on 23<sup>rd</sup> January, 2024.
- Ms. Priyanka Saikia, Ms. Rini Gogoi, Ms Sushmita Kerketta, Phd Scholars of the department attended an online webinar on the topic 'Awareness Programme on Good Clinical Practice Professional Certification Scheme (GCPPCD) on 16<sup>th</sup> February, 2024. The speakers of the webinar were Dr. Sucheta, Dr. Seema Pai and Prof Debjani Roy.
- Dr. Sonia P Deuri, Ms. Rini Gogoi and Ms Sushmita Kerketta, Phd Scholars attended an online talk on the topic 'The Tightrope of Trust: Navigating through infidelity and violence in a couple system' by Dr. Rathna Issac, Psychiatrist, Bangalore on 27<sup>th</sup> February, 2024.
- Dr. Amaresha C, Ms. Sabana, Mr. Mrinal, Ms. Ananya, Rimzhim, Dikshita and Priya participated in discussion for Women's Day Celebration on the Department on 08<sup>th</sup> March, 2024.
- M.Phil trainees and PhD scholars attended workshop on Family Therapy by Dr. Srilatha Juvva, Professor, Dept. of PSW, NIMHANS and Ms. Buli Nag Daimari (Psychiatric Social Work) organized by Dept. of PSW on 18<sup>th</sup> March 2024.
- M.Phil trainees and PhD scholars attended workshop on Research Ethics by Dr. Srilatha Juvva, Professor, Dept. of PSW, NIMHANS & Dr. Amaresha C, Associate Professor, DPSW, LGBRIMH organized by Dept. of PSW on 19<sup>th</sup> March, 2024.

- Participation in Drama at LGBRIMH by Ananya, Dikshita, Priya and Rimzhim on 19<sup>th</sup> March 2024 for World Social Work Day at LGBRIMH, Tezpur
- Rini Gogoi (PhD Scholar) attended the Thursday Musings Masterclass through online mode on the topic 'Psychosis and Sexual Dysfunctions: Identification and Management' on 04<sup>th</sup> January, 2024. The speakers were Dr. Adarsh Tripathi, Dept. of Psychiatry, Lucknow, Dr. TSS Rao, Consultant Psychiatrist & Sexologist, Dr. Pabasari Ginige, Prof. of Psychiatry, University of Peradeniya.
- M.Phil trainees & PhD scholars attended a case conference of CAM, NIMHANS through online mode on 10<sup>th</sup> January, 2024.
- Monaspika, Debahuti, and Purabi attended a session on Digital Marketing of Alcohol: Keeping pace through innovative solutions on 11<sup>th</sup> January, 2024.
- Debahuti and Purabi attended a case conference via CAM, NIMHANS online on 17<sup>th</sup> January 2024.
- Monaspika, Debahuti, and Purabi attended a case conference via CAM, NIMHANS online on 24/01/2024.
- Dr. Sobhana H, Dr. Amaresha C and Dr. Elamurugu organized a 2 days Training of Community Gate Keepers for Suicide Prevention with Satra NGO, Sipajhar, at the Seminar Hall, 6<sup>th</sup> Floor, Academic Building, LGBRIMH on 24<sup>th</sup> and 25<sup>th</sup> January, 2024.
- PhD scholars and MPhil trainees attended the APSWP case presentation by Ms. Debanjana (PhD Scholar, LGBRIMH) on 30<sup>th</sup> January, 2024.
- Ms. Buli Nag Daimari attended an Awareness Session on History and Facilitation of LGBRIMH & Identification of Causes of Psychological Disorders organized by Inspire academy school, Tezpur on 24<sup>th</sup> February, 2024.
- Faculty, MPhil Scholars, PhD scholars and PSWs attended an Online Webinar on the topic 'Good Clinical Practices' organized by LGBRIMH on 01<sup>st</sup> March, 2024.
- MPhil and PhD Scholars attended Statistics online webinar series of Indian Psychiatry Society Karnataka Chapter on Peer Reviewing of the Papers Reporting Systematic Review with Meta-analysis on 06<sup>th</sup> March, 2024.
- MPhil scholars attended a workshop on Family Therapy at 6<sup>th</sup> Floor, Seminar Hall, Academic Building, LGBRIMH on 18<sup>th</sup> March, 2024. The resource person was Dr. Juvva Srilatha, TISS, Mumbai.
- PhD scholars attended workshop on Research Ethics at 6<sup>th</sup> Floor, Seminar hall, Academic Building, LGBRIMH on 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>st</sup> March, 2024. The resource person was Dr. Juvva Srilatha, TISS, Mumbai.



Photo - Dr. Juvva Srilatha, TISS, Mumbai as resource person

- Faculty, PSW, MPhil, and PhD scholars attending an Online webinar on Anthropology and Mental health organized by Dept. of Psychiatry, LGBRIMH on 23<sup>rd</sup> March, 2024.

#### **Presenting in Conference/Seminar/Symposium**

- Dr. Sonia P Deuri, Professor & Head, Dept. of PSW, was the resource person for an International Conference on the topic “Mental Health of Children and Adolescent” organised by NGO Butterflies in New Delhi from 09<sup>th</sup> to 11<sup>th</sup> May, 2023. She presented a theme lecture on Promotive Mental Health : A child and Adolescent Perspective. Dr. Priyadarshree Abhishek of Clinical Psychology was a co-author for the presentation.
- Dr. Sonia P Deuri, Dr. Sobhana H, and Dr. Amaresha C ( Faculty) Ms. Rini Gogoi, Ms. Priyanka Saikia, Ms. Monaspika, Ms. Rituparna Dhar, Ms. Ananya Bordoloi, Ms. Nidedita Sarkar and Juri Siakia (Ph.D. Scholars) attended the 1<sup>st</sup> National Conference of the Association of Psychiatric Social Work Professionals (APSWP) themed "Mental Health For All: Transcending Boundaries" held at Institute of Mental Health and Neurosciences (IMHANS), Kozhikode, Kerala on 7<sup>th</sup> – 9<sup>th</sup> February, 2024. They also presented the following papers:
  - Dr. Sonia P Deuri, Dr. Sobhana H, and Dr. Amaresha C Presented a symposium on Psychosocial Consequences of COVID-19 Related Lockdown on Persons with Disabilities and their Caregivers
  - Ms Rini Gogoi, PhD Scholar, presented free paper presentation titled 'Efficacy of Affective Cognitive Behavioural Therapy in Somatoform Disorders and Medically Unexplained Physical Symptoms: A Scoping Review of Randomized Controlled Trials'. It was co-authored by Dr Sonia P Deuri.
  - Ms Priyanka Saikia, PhD Scholar, presented a paper in the conference, in award category, titled 'Integrative Art Therapy (IAT) to improve Emotional and Behavioural Problems among Children: A Systematic Review on 1<sup>st</sup> National Conference of APSWP, Kozhikode, Kerala on 09<sup>th</sup> February, 2024. It was co-authored by Dr Sonia P Deuri
  - Ms Ananya Bordoloi presented a paper at the Conference titled “Impact of Caregiving on The Older Adult Caregivers of Persons with Severe Mental Illness: A Scoping Review”. It was co-authored by Dr Sobhana H.
  - Ms Nibedita Sarkar presented a paper at the Conference titled “Grief among Caregivers of Persons with Severe Mental Illness: A Systematic Review”. It was co-authored by Dr Sobhana H.
  - Ms Juri Saikia presented conference presentation titled “Relation between Age, Education and Attitude Towards Rape Victim: A Community-Based Study”. It was co-authored by Dr Sobhana H.
  - Ms Royina Mahanta(Ph.D scholar) presented a paper titled “Determinants of Marital

Satisfaction in Married Persons” and won the Dr. R.S Bhatti Paper Award. It was co-authored by Dr Sobhana H.

- Dr Sonia P Deuri, Dr Sobhana H. and Dr Priyadarshree Abhishek were co-authors of the paper presented by Ms Sarbani Borkotoky (M.Phil trainee-passed out) titled “Quality of life and determining its relationship between selected socio – demographic variables in Perimenopausal Women
- Dr Sobhana H was a co-author for a conference poster presentation titled “Socio-demographic profile of survivors of child trafficking with special reference to Sonitpur district of Assam. The paper was presented by Vineesh A (M Phil Trainee- Passed out).
- Ms Rituparna Dhar, (Ph.D scholar) presented a paper at the conference titled “Role and Functioning of Halfway Home in Assam:A Case Study”. It was co-authored by Dr Sobhana H.



Photo: Glimpses from the National Conference for PSW professionals in Kozhicode – APSWP 2024

- Ms. Buli Nag Daimari was a resource person for training programme of BAMS students of Govt. Ayurvedic College, Guwahati on Mental Health- Training provided on the topic “Role of Psychiatric Social Workers in Mental Health & Psychosocial Intervention” on 21<sup>st</sup> February, 2024.
- Ms. Buli Nag Daimari attended an awareness session on History and Facilitation of LGBRIMH & Identification of Causes of Psychological Disorders on 24 February 2024.

### Workshop and Programs Organised

- DPSW, LGBRIMH, Tezpur and SATRA, Sipajhar jointly organized a training for 10 Community Mental Health Workers from SATRA on 'Mental Health Integration and Social Care' from 3<sup>rd</sup> to 7<sup>th</sup> April, 2023. Resource persons were - Dr. Sonia P. Deuri, Dr. Sobhana H., Dr. Indrajeet Banerjee, Dr. Elamurgu, Ms. Buli Nag Daimari, Ms. Sabana N Islam, Ms. Marinella Humstoe, Ms. Mamta, Ms. Royina, Ms. Monaspika, Ms. Rituparna, Mr. Fayaz, Ms. Ananya, Ms. Rini, Ms. Nibedita, Mr. Mrinal, Mr. Dhanishwar & Ms. Priyanka. Program Coordinators were: Dr. Sonia P. Deuri, Dr. Sobhana H. & Ms. Sabana N Islam.



Photo: Training for Community Mental Health Workers

- The Department organized a Nukkad Natak on World Health day which was performed by M.Phil Trainees and interns from Dibrugarh University on 07<sup>th</sup> April, 2023



Photo: Nukkad Natak on World Health Day

- Ms. Marinella Humtsoe and team organised a drawing competition at Child and Adolescent Psychiatry Inpatient Department under SBM for the year 2023 on 12<sup>th</sup> April, 2023.



Photo: Drawing Competition

- Dept. of Psychiatric Social Work organized a Workshop on Quantitative research at LGBRIMH, Tezpur on 16<sup>th</sup> and 17<sup>th</sup> June, 2023. Resource person Dr. Hiranya Saikia, AMCH, Dibrugarh.



Photo: Workshop on Quantitative research by Dr. Hiranya Saikia

- On the occasion of World Alzheimer's Month, 2023, month-long activities were conducted by the Department of Geriatric Mental Health Unit. As a part of the Dementia awareness activities and IEC material distribution in the OPD, LGBRIMH were conducted from 04<sup>th</sup> to 8<sup>th</sup>, September, 2023. It was carried out by trainees of PSW, CP and Nursing.
- On the occasion of World Alzheimer's Month 2023, month-long activities were conducted by the Department of Geriatric Mental Health Unit. As a part of the activities, a Dementia awareness and screening camp in Darpan Old Age home Beseria, Tezpur was organized on 16<sup>th</sup> September, 2023. Mrs. Ananya Bordoloi (Ph. Scholar) & Ms. Abhilasha Saikia (M.Phil trainee) were part of the team.
- Buli Nag Daimari, Rini Gogoi, Sushmita Kerketta, Prerona Phukan, Namrata Baruah, Sunayana Gogoi, Priyakshi Neog, conducted an awareness program on World Mental Health Day 2023 on the theme "Mental health is a universal human right" observed in IPD on 10<sup>th</sup> October, 2023.
- Dr Sobhana H, coordinated a webinar on the occasion of International Day of Persons with Disabilities on 04<sup>th</sup> December, 2023. The theme of the programme was "Rehabilitation of person with mental disorder" Mrs. Ketki Bardolai, CEO, Shishu Sarothi, Guwahati, Dr. Sivakumar T, Professor, Department of Psychiatry NIMHANS, Dr. Aarti Jagannathan, Additional Professor, Department of Psychiatric Social Work, NIMHANS Bengaluru were the resource persons. Faculty, PSW trainees and PhD scholars of DPSW participated in this programme.
- Ms. Priyanka Saikia, Ms. Sushmita Kerketta and Ms. Rini Gogoi (Ph.D scholars), Dr. Sonia P Deuri

and Dr. Sobhana H attended the workshop on Dance Movement therapy titled “Locating our Inner Voice in Dance: a Playful Introduction to Dance” by Prof. Alison East organized by Department of Psychiatric Social Work, LGBRIMH and Kashinath Krishnapriya Institute of Performing Arts, Tezpur on 29<sup>th</sup> November, 2023.



Photo: Workshop on Dance Movement therapy

- The department organized a 2 days Training of Community Gate Keepers for Suicide Prevention with SATRA NGO, Sipajhar, on 24<sup>th</sup> and 25<sup>th</sup> January, 2024 at the Seminar Hall, 6<sup>th</sup> Floor, Academic Building, and LGBRIMH. Dr. Sobhana H, Dr. Amaresha C and Dr. Elamurugu M were the coordinators of this program.



Photo: Training of Community Gate Keepers for Suicide Prevention with SATRA NGO, Sipajhar

- DPSW organized Women's Day Celebration in the Department on 08<sup>th</sup> March, 2024.
- Department organized a one day workshop on family therapy on 18<sup>th</sup> March, 2024 and Research Ethics 19<sup>th</sup> March, 2024 by Dr. Juvva Srilatha, Professor, TISS Mumbai. Dr. Amaresha C was also a resource person in the Research Ethics Workshop. Dr. Sonia P Deuri and Dr. Sobhana H were the coordinators of the workshop
- DPSW organized a Panel discussion on World Social Work Day theme “Shared Future for Transformative Change” on 19<sup>th</sup> March, 2024, at the Auditorium of LGBRIMH. Dr. Sonia P Deuri and Dr. Sobhana H were the coordinators of the program.



Photo: Glimpses of observation of Social Work Day

### Other Activities:

- Dr. Sonia P Deuri, Professor & Head, Dept. of Psychiatric Social Work, was one of the external members of the Board of Professional Studies in the Department of Social Work, Mizoram University.
- Dr. Sonia P Deuri, Professor & Head, Dept. of Psychiatric Social Work was part of Board of Studies (BoS) for a period of 2 (two) year in Assam Down Town University.
- Dr. Sobhana H, Associate Professor of Psychiatric Social Work was the mid term evaluator of a community project at Odisha and Maharashtra for 10 days under Basic Needs India (BNI) from 4<sup>th</sup> September, 2023 to 13<sup>th</sup> September, 2023.
- Dr. Sobhana H was selected as a Member, State Mental Health Authority (Assam) for the term 2023-25.
- Dr. Sonia P Deuri and Dr. Sobhana H. were members of the National Advisory Committee of the International Diamond Jubilee conference in PGIMER, Chandigarh on 14<sup>th</sup>-16<sup>th</sup> September, 2023
- Ms. Buli Nag Daimari and Ms. Sabana Nasrin attended a meeting of the Juvenile Justice Board Stakeholders organized by DLSA, Sonitpur on 21<sup>st</sup> November, 2023.
- Dr Sobhana H was a peer reviewer of International Journal of Yoga. International Journal of Yoga (ISSN # 0973-6131) and Journal of Psychosocial Rehabilitation and Mental Health
- On 12<sup>th</sup> October 2023, the Department of Psychiatric Social Work in LGBRIMH organized a street play on cleanliness as part of the Swachhata 3.0 initiative.
- Department of Psychiatric Social Work & Centre for Rehabilitation Sciences organized a Collage making activity on the occasion of the 75<sup>th</sup> Republic Day celebration on 26<sup>th</sup> January, 2024.



Photo: Activity on 26<sup>th</sup> January, 2024

- The Department organized a Slogan writing competition on the occasion of Independence Day on 15<sup>th</sup> August, 2023.
- Poster making activities were conducted in the Department on the occasion of Independence Day at GMH IPD on 15<sup>th</sup> August, 2023.

# DEPARTMENT OF CLINICAL PSYCHOLOGY

## Introduction

The Department of Clinical Psychology, established in 2002, currently offers two programs: an M.Phil. and a Ph.D. in Clinical Psychology, both affiliated to Gauhati University, Guwahati. The M.Phil. program, recognized by the Rehabilitation Council of India (RCI), is a two-year, full-time course with an annual intake of 12 students, running since 2011. The Ph.D. program, introduced in 2020, is a three-year, full-time course.

The department attracts students from across India, including Kerala, Tamil Nadu, Odisha, Chhattisgarh, Uttar Pradesh, Bihar, Jharkhand, West Bengal, and the northeastern states, training them to become RCI-registered clinical psychologists. In September 2023, eleven M.Phil. Trainees and four Ph.D. scholars were selected through the Gauhati University Research Eligibility Test (GURET) conducted by Gauhati University.

In addition to its core teaching responsibilities, the department provides comprehensive training for all trainee groups at the institute and hosts postgraduate psychology and counseling students from northeastern states and beyond for exposure postings.

The department's services encompass psycho-diagnostic evaluations, psychotherapy, counseling, cognitive retraining, and disability certification. It also actively provides consultancy and counseling support to schools, colleges, and various government and non-government organizations.

## Faculty and Clinical Supervisory Personnel

Post	Name	Qualification
Associate Professor & Head	Dr. Priya Saxena	Ph.D (NIMHANS), M.Phil (NIMHANS), M.A (Delhi University)
Associate Professor	Dr. Diptarup Chowdhury	Ph.D (NIMHANS), M.Phil (NIMHANS), M.A (Delhi University)
Assistant Professor	Dr. Priyadarshree Abhishek	Ph.D. (CIP, Ranchi University), M. Phil (CIP, Ranchi University) M.A (Ranchi University),
Assistant Professor	Dr. Vikas	Ph.D (CIP, Ranchi University), M.Phil (Pt. B.D.Sharma ,University of Health Sciences, Rohtak), M.A (Maharshi Dayanand University, Rohtak)

Assistant Professor (NMHP)	Mr. Rituraj Gogoi (till 31 <sup>st</sup> October, 2023)	M. Phil (LGBRIMH, Gauhati University), M.A (Dibrugarh University)
Clinical Psychologist	Dr. B. Surchandra Sharma	Ph.D. (Gauhati University), M. Phil (RIMS, Manipur University), M.A. (Agra University). B.Ed (DMCOTE under M.U.)
Clinical Psychologist	Dr. Deepshri Phukan	Ph.D. (Gauhati University), M. Phil (LGBRIMH, Gauhati University), M.A. (Gauhati University)
Clinical Psychologist	Ms. Lakshyahira Borah	M. Phil (LGBRIMH, Gauhati University), M.A. (Dibrugarh University)

## Various services provided by the department

### Psychometry Unit

The psychometry unit is an OPD referral-based service to conduct psychological assessments to aid in patient's diagnosis and management. The testing that is carried out focuses on assessing developmental and intellectual functioning, and personality. Psychodiagnostic evaluation is carried out for children and adults. Disability assessment is also carried out for the recently included disabilities like Specific Learning Disorder, Autism Spectrum Disorder and Intellectual disability. The department also receives referrals from Juvenile Justice Board for evaluation of children in conflict with law. The unit also focuses on assessment of neuropsychological functioning of patients with dementia and traumatic brain injury.

### Psychotherapy Unit

This unit provides services focusing on effective management of the patient and family members. Patients are referred from the OPD and in-patient set up for therapeutic interventions. The unit provides interventions such as psychoeducation, brief counselling sessions, and psychotherapy for various conditions such as anxiety disorders, depressive disorders, substance dependence, etc. Therapeutic interventions are also provided for children as well as adolescents and their families. Cognitive remediation for patients with neuropsychological deficits is also provided. Clients with no clinical symptoms or disorders are also received by the unit and appropriate services are provided.

### Tele-Psychotherapy services

Tele-Psychotherapy (TPT) is a provision of psychotherapy and counseling services using tele-communication technologies involving real-time, live interactions (e.g., video-conferencing). Department of Clinical Psychology initiated the duly approved pilot project of Tele-Psychotherapy services (video-conferencing mode), following the tele-psychotherapy guidelines of NIMHANS, Bengaluru and the services

were rolled out for patients in June-end/July of 2020 on a trial basis. With successful completion of the pilot project, TPT services at LGBRIMH has been regularized as adjunct to in-person psychotherapy services since April/May 2021. Introduction of tele-psychotherapy services has ensured continuity of therapy services during lockdown/restrictions due to extended period of pandemic; provided patients an additional modality reducing chances of drop-out due to distance/other logistics challenges; exposure to new (online) modality of psychotherapy for MPhil Clinical Psychology scholars.

**Youth Wellness Hub**

This is a center for psychological care and mental health promotion among the youth. The center provides brief sensitization workshops around mental health and well-being in colleges/university of Tezpur. As part of sensitization, it also organizes youth events such as poster-making, slogan-development, poems, photographs, skits, with the broad focus of mental health. The center is one-of- its- kind and provides a safe space to youth to discuss about any issues pertaining to them and arrive at solutions collectively or on a one-to-one interactive session.

**Clinical Services**

The clinical services at the Adult OPD, Special units and Indoor are summarized below for the session April 2023- March 2024

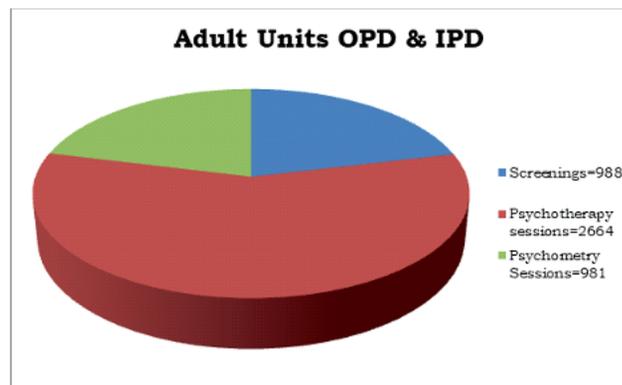


Figure -1 showing the clinical cases in Adult Units

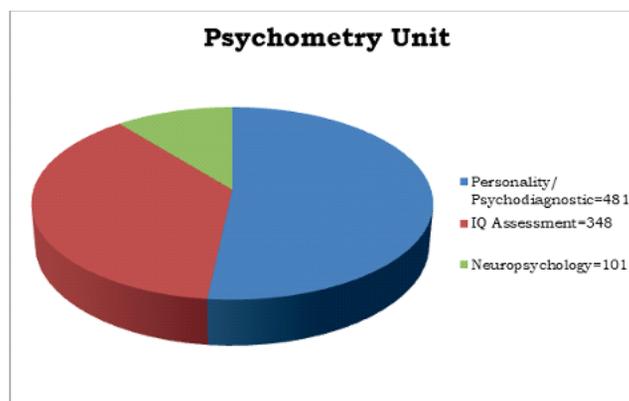
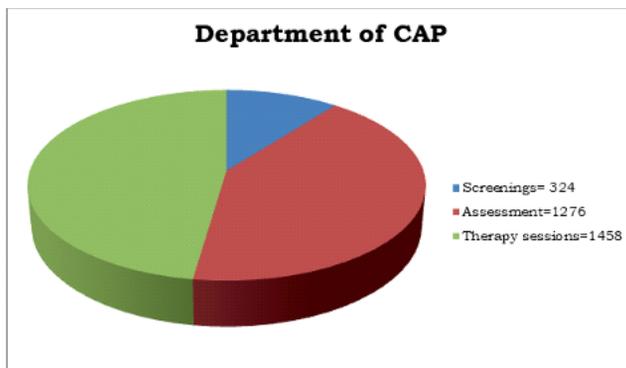


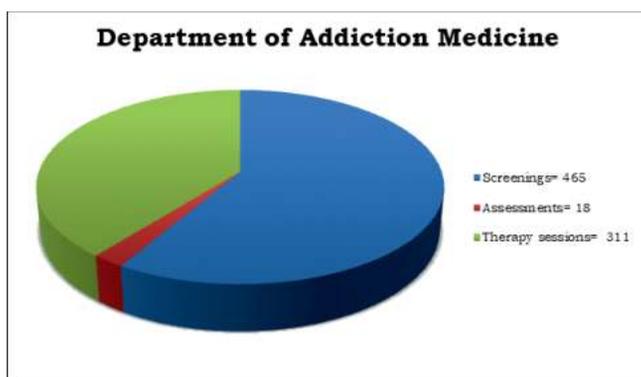
Figure -2 showing the clinical cases in Psychometry Unit

**Psychological Services in Special Units**  
**Department of Child and Adolescent Psychiatry (CAP)**



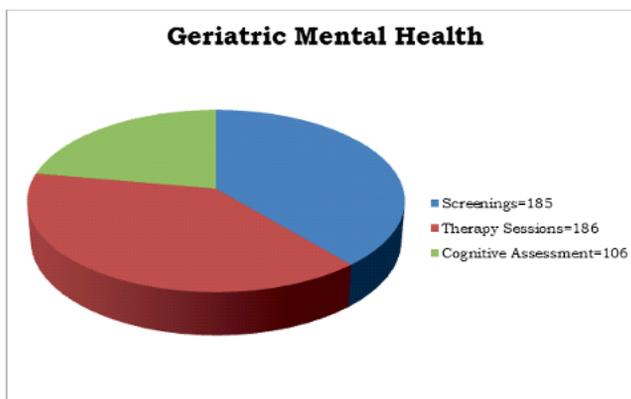
*Figure 3 -showing the clinical cases done in CAP*

**Department of Addiction Medicine (DAM)**



*Figure-4 showing the psychological services done in DAM*

**Department of Geriatric Mental Health (GMH)**



*Figure-5 showing the psychological services in GMH*

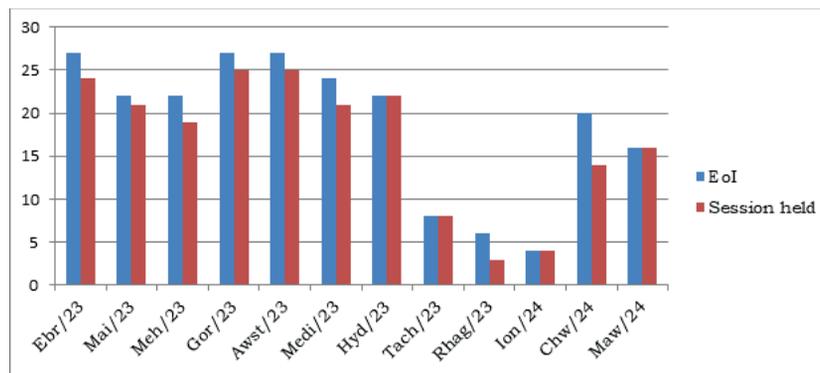
**Psychotherapy Unit:**



*Figure-6 showing the psychological services done in Psychotherapy Unit*

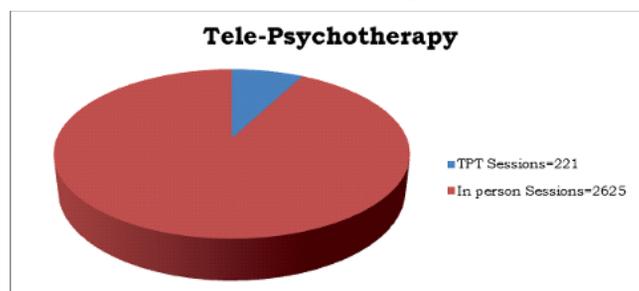
**Tele-Psychotherapy Services**

The Tele-psychotherapy (TPT) services provided to patients from all units are summarized below for the session April 2023-March 2024:



*Figure 7: Showing distribution of Expression of Interests (session-requests) received for TPT services from patients and the conduction of sessions after fulfilling all conditions as per SOP (April 2023- March 2024)*

As evident from the above diagram, there was a steady flow of requests for TPT services from the patients (Peak in April, July and August 2023) with a drop in Nov-Jan, 2023 after which the EoI and sessions started picking up in numbers again (Feb-Mar 2024). Lack of human-resources during examination period resulted in some lag in conducting TPT sessions with respect to the requests received.



*Figure 8: Showing the proportion of sessions conducted in-person in comparison with TPT services (April 2023-- March-2024)*

During the period of 12 months from April 2023 to March 2024, nine percent of psychotherapy sessions conducted by DoCP happened online using TPT services. In spite of minimal publicity and availability of choice of in-person sessions, a significant number of patients opted for TPT services for various reasons like regularity of sessions and distant geographical locations.

### **Services provided to the number of patients by the department in extension clinics**

**District Disability Rehabilitation Centre (DDRC)-** The Department has been posting Faculty and Clinical Psychologists regularly to District Disability Rehabilitation Centre, Sonitpur on 12<sup>th</sup> and 27<sup>th</sup> of every month. Patients are assessed for the presence and severity of different disabilities like intellectual disability, autism etc. at the institute in detail, and are provided certification at DDRC. The total number of patients certified in DDRC were 542.

In addition, the members of the Department of Clinical Psychology are part of the community outreach extension services of the institute. The members of the department visit Sootea Extension Clinics, Jakhalabandha Extension Clinic, Dhula Extension Clinic, Nagaon Extension Clinic and Missionaries of Charity Extension Clinic. Dr Vikas, Assistant Professor, Mr. Rituraj Gogoi, Assistant Professor and Mr. Ershad Hussain, Mr. Sarnajeet Das, Mr. Neelabh Prajapati, PhD scholars, regularly attend these camps.

### **Community Mental Health Programmes**

The department of Clinical Psychology has been involved actively in mentoring and supporting the Youth Wellness Hub, a wellness centre for the youth. All the programs of Youth Wellness Hub are geared towards developing expertise and community network in the field of youth mental health and wellness.

### **Academic and other related activities:**

- Admission counseling for M.Phil Clinical Psychology course for sponsored seats of North-Eastern States was held on 4<sup>th</sup> August, 2023. Admission counseling for open seats for M.Phil Clinical Psychology was held on 8<sup>th</sup> August, 2023. An enhanced intake of 12 students was taken.
- Admission counseling for PhD in Clinical Psychology was held on 10<sup>th</sup> August, 2023. Three candidates joined the course.
- Model examination was conducted for M.Phil Clinical Psychology 1<sup>st</sup> year trainees from 21<sup>st</sup> to 24<sup>th</sup> August, 2023
- New session of 2023-24 commenced from 1<sup>st</sup> September, 2023.
- Final examinations for M.Phil 1<sup>st</sup> year trainees (2022-24 batch) was held from 9<sup>th</sup> -16<sup>th</sup> October, 2023
- Model examination was conducted for M.Phil Clinical Psychology 2<sup>nd</sup> year trainees from 18<sup>th</sup> to 21<sup>st</sup> December, 2023
- Final examinations for M.Phil 2<sup>nd</sup> year trainees (2021-23 batch) was held from 9<sup>th</sup> January,

Sl. No.	Name of the College/ Institute / University	No of Students	Duration
1	Central University of Karnataka	1	01-04-2023 to 29-04-2023
2	Gauhati University	26	03-05-2023 to 10-05-2023 11-05-2023 to 17-05-2023
3	Rajiv Gandhi University	4	12-06-2023 to 12-07-2023
4	Cotton University	7	20-07-2023 to 31-07-2023
5	Nagaland University	13 12	05-02-2024 to 10-02-2024 12-02-2024 to 17-02-2024
6	Central University of Punjab	2	15-02-2024 to 15-03-2024
7	Christ University	1	27-03-2024 to 04-05-2024
	TOTAL	66	

**External Posting statement (students of department posted outside):** As part of their curriculum, M.Phil 2<sup>nd</sup> year trainees were posted in Assam Cancer Care Centre for 15 days each, as per the following schedule:

Sl. No.	Institute	Year	Number of Students	Duration
1	Assam Cancer Care Foundation, Tezpur	2023	8	01-08-2023 to 30-09-2023

**Total number of students enrolled on 1<sup>st</sup> September 2023 were 12.**

**Thesis and M.Phil Dissertations:** M.Phil.1<sup>st</sup> year trainees presented the research protocol of their proposed dissertations in the Inter-departmental presentation on 26<sup>th</sup> May, 2023. Subsequently, with suggested modifications, they presented to the Scientific Advisory Committee on 7<sup>th</sup> June 2023 and the Institutional Ethics Committee on 23<sup>rd</sup> June 2023. The title of the studies are as follows:

Name of trainee	Dissertation title	Guide/Co- Guide
Ritamoni Keot	Exploring the Lived Experiences of Adolescent Girls with ADHD and their Mothers.	Dr. Diptarup Chowdhury
Protima Ekka	Perceived parenting styles, coping mechanism and emotion regulation of the Adivasi Youth of Assam.	Dr. Priya Saxena

Shreya Pooja Deuri	Therapeutic Relationship and Movement in Dance Movement Therapy: A Phenomenological Study.	Dr. Diptarup Chowdhury
Nchumbeni Y Jungio	Perspectives of Psychological well -being among the elderly Naga Persons living in Dimapur.	Dr. Priya Saxena
Deepak Sunil Kumar Sharma	Effect of Elemental Processing and levels of recollection for recognition memory on the experience of anhedonia in persons with depressive disorders.	Dr. Diptarup Chowdhury Dr. Priyadarshee Abhishek
Chinmay Pathak	Exploring role of peer led support groups in patient recovery and caregiver well-being	Dr. Diptarup Chowdhury
Akash Rajoriya	Examining the Influence of Stoicism on resilience in the context of lifetime stress exposure: An Experimental Approach	Dr. Priya Saxena Dr. Priyadarshee Abhishek
Tripti Tamang	Cybervictimization and mental health issues in relation to social sensitivity and loneliness among young adult females.	Dr. Priya Saxena Dr. Vikas

#### Ph. D. Thesis title

Name of the Scholar	Title of Thesis	Guide/Co- Guide	Status (during the said period)
Ershad Hussain	Understanding the impact of Colloquial language use in formation of Social and self – stigma, in Ladakhi young adults with substance use disorders living in Leh.	Dr. Diptarup Chowdhury	Joint Research Advisory presentation was held on 18 <sup>th</sup> May and 22 <sup>nd</sup> September, 2023. Faculty Research Committee meeting was held on 5 <sup>th</sup> October, followed by final approval in Institutional Ethics Committee on 18 <sup>th</sup> October, 2023
Rituporna Borgohain	Shame in Psychotherapy context: Lived experiences of youth and Psychotherapists	Dr. Priya Saxena	

Neelabh Prajapati	Examining Delusional Proneness, Schizotypy, Cognitive Biases for Psychosis, Social Cognition, and Neurocognition in individuals with schizophrenia, their first-degree relatives and normal controls: An endophenotypic study	Dr. P. Abhishek	Departmental presentation of proposal was done on 27 <sup>th</sup> March, 2024.
Sarnajeet Das	Development of a comprehensive self-regulation intervention for individual with alcohol dependence syndrome	Dr. Vikas	Joint Research Advisory presentation was held on 5 <sup>th</sup> January 2024 followed by Faculty Research Committee meeting, which was held on 9 <sup>th</sup> January. Final approval in Institutional Ethics Committee was sought on 28 <sup>th</sup> February, 2024.

### Faculty as External Examiners/Inspectors of Rehabilitation Council of India/Members of State or National level committees:

- Dr Priya Saxena, Associate Professor & Head (Dept of CP), & Dr Sonia P Deuri, Professor & Head, Dept. of PSW, attended the Board of Studies meeting as members, of Assam Down Town University, on 7<sup>th</sup> August, 2023
- Dr P. Abhishek, Assistant Professor, attended the meeting of State Mental Health Authority, on 6<sup>th</sup> July, 2023, in lieu of Dr Priya Saxena.
- Dr Priya Saxena, attended the sub-committee meeting of State Mental Health Authority, on 7<sup>th</sup> August and 30<sup>th</sup> August, 2023.
- Dr Priya Saxena, Associate Professor & Head, was invited as an expert by Rehabilitation Council of India, to be part of a meeting of the working group to review the M.Phil Clinical Psychology syllabus. The meeting was held on 17<sup>th</sup> -18<sup>th</sup> November, 2023 at National Institute of Social Defence, New Delhi.

## Seminar/Conference/Workshops/Meetings

### Participated / Attended

- Dr Vikas, Assistant Professor, conducted a session on 'Psychological First Aid', as part of World Health Day, organized in the institute on 7<sup>th</sup> April, 2023.
- Ms. Sucheta Roy attended a 20 hours online workshop on 'Responding to Trauma: Narrative Practices' facilitated by Raviraj Shetty, Co-founder of Narrative Practices India, in the evenings of 1<sup>st</sup>, 2<sup>nd</sup>, 8<sup>th</sup>, 9<sup>th</sup> and 15<sup>th</sup> April, 2023.
- Dr. Diptarup Chowdhury was part of a panel discussion on Workplace Mental health titled 'Karyanti' (Karyalaya + Shanti) organized by Dept of Mass Communication & Journalism on the occasion of International Labor Day on 1<sup>st</sup> May, 2023.
- Dr. Diptarup Chowdhury presented a research paper, titled, 'Creative Arts, Peace Building and Collective Narrative Practices: Implications for Social Change' at the 2<sup>nd</sup> International Conference on Peace Psychology (The Journey to Peace within Self and Beyond) organized by Department of Psychology, West Bengal State University at Kolkata on 11<sup>th</sup> to 12<sup>th</sup> May, 2023.
- Mr. Rituraj Gogoi Assistant Professor, NMHP along with Dr. Partha Pratim Daimary, Assistant Professor of Psychiatry and NMHP entire team was deputed to hold a Mental Health camp for two days in Tezpur University campus on 18<sup>th</sup> and 19<sup>th</sup> May, 2023.
- Dr. P. Abhishek, Assistant Professor, and Ms. Marinella Humtsoe, Psychiatric Social worker were nominated to attend the meeting of Juvenile Board Stakeholders organized by District Legal Services Authority at Conference Hall of District Legal Services Authority on 19<sup>th</sup> May, 2023.
- Ms. Tama Dey, PhD scholar presented oral paper titled 'In hopes of becoming a phoenix': An exploration of preferred identities of youth contemplating suicide in North Eastern India, organized by School of Health in Social Science of University of Edinburgh held in Edinburgh, UK at Suicide Cultures Conference on 13<sup>th</sup> to 14<sup>th</sup> June, 2023.



Photo - Ms. Tama Dey, PhD scholar presented oral paper

- Ms. Sucheta Roy attended online seminar on 'Build Good Practice in reporting Thematic Analysis' organized by Sage and facilitated by Virginia Braun and Victoria Clarke on 15<sup>th</sup> June, 2023.
- Dr. Vikas was nominated as a resource person for the 'Training program of Clinical Psychologists & Counsellors', organized by Arunachal Pradesh Drug De-Addiction Society, DHS, Naharlagun, from 8<sup>th</sup> to 11<sup>th</sup> July, 2023.



Photo: Dr. Vikas as a resource person

- Ms. Sucheta Roy presented a Paper titled 'Trauma Informed Research: Understanding Role of Informed Consent through Narrative Approach' at the 1<sup>st</sup> National Annual Conference of Clinical Psychology Society of India (CPSI) in Bangalore from 10<sup>th</sup> to 12<sup>th</sup> August, 2023.
- Dr. Diptarup Chowdhury as a mandatory requirement of being a Member Secretary of IEC, attended two half-days of training (Medical Pharmacologists Society National Clinical Trial Summit-2023) on Good Clinical Practice (GCP) held online from 5<sup>th</sup> to 6<sup>th</sup> August, 2023.
- Ms. Eepsita Sarma attended a Webinar on Animal Assisted Therapy, organized by SPERO Centre for counseling and wellbeing on 5<sup>th</sup> August, 2023.
- Dr. Diptarup Chowdhury visited Tele MANAS state cell of Assam to review their functioning as part of LGBRIMH mentoring team at Guwahati on 6<sup>th</sup> September, 2023.
- Ms. Sucheta Roy presented a Paper titled 'Co-Creating Safe Spaces for Wellness among Youth' at the Diamond Jubilee International Conference on Mental Health (DJICMH) organized by PGIMER, Chandigarh, India (online) from 14<sup>th</sup> to 16<sup>th</sup> September, 2023.
- Members of the department participated in the webinar organized by the institute on 'AI based virtual reality and robotics for mental health' held on 31<sup>st</sup> October, 2023.
- Dr. Vikas attended the Public Policy Management in Parliamentary Democracy organized by Parliamentary & Administrative Research Institute (PARI) on the topic "International training course on Customized Leadership Programme" at Curtin University, Perth, Australia from 30<sup>th</sup> October to 9<sup>th</sup> November, 2023.



Photo: Dr. Vikas attended the PARI training

- Rituporna Borgohain attended an online Workshop for four hours (4 pm to 8 pm) on the title "Working with shame in psychotherapy- an Emotion focused perspective", on 4<sup>th</sup> November, 2023 organized by Sahana and Akshaya Clinical Psychologist.

- Dr. Deepshri Phukan was the resource person, along with other members organized by LGBRIMH, for an orientation program for the students of Vivekananda Kendriya Vidyalaya. The major objective of the program was to make the students aware of mental health and its significance on 22<sup>nd</sup> November, 2023.



Photo: Dr. Deepshri Phukan as resource person

- Dr. Vikas attended one-day training on the topic “Teachers as Counsellor” for School teachers and District Mental Health programme Sonitpur on 27<sup>th</sup> December, 2023.



Photo: Dr. Vikas as a Resource Person

- Dr. Diptarup Chowdhury and the YWH team (Sucheta Roy and Yukta Mehdiratta) conducted an online workshop titled 'Teaching as Resonance: Narrative Practices in Education' for teachers of different colleges in West Bengal on 12<sup>th</sup> February, 2024.
- Dr. Vikas attended National Workshop in Mental Health: Learning from States/UT's in New Delhi from 15<sup>th</sup> to 16<sup>th</sup> February, 2024 organized by WHO, India and Ministry of Health and Family Welfare.



Photo: Dr. Vikas attended National Workshop in Mental Health

- Ms. Sucheta Roy attended a 15-hours online certificate course in the evenings, titled 'Trauma-Informed Psychological Interventions' from 29<sup>th</sup> February to 5<sup>th</sup> March, 2024 organized by CORE.
- Ph.D. Scholars of the department attended a lecture program on 'Research Ethics' delivered by Prof. Srilatha Juvva, organized by Dept. of Psychiatric Social Work, LGBRIMH, from 19<sup>th</sup> to 20<sup>th</sup> March, 2024.



Photo: Ph.D. Scholars of the department attended a lecture program

- Dr. P. Abhishek facilitated a session on the topic 'Dealing with Common Mental Health Concerns' on 12<sup>th</sup> March, 2023 and Dr. Diptarup Chowdhury facilitated a session on 'Safety and Self-care of Tele-counsellors' on 13<sup>th</sup> March, 2024 in the training program for Tele-MANAS Tier 1 counsellors organized by Dr. Vikas in LGBRIMH.



Photo: Dr. P. Abhishek and Dr. Diptarup Chowdhury during the training program

- Dr. P. Abhishek was a resource person for a workshop on 'Training of Community Gate Keepers for Suicide Prevention', jointly organized by Department of Psychiatric Social Work (LGBRIMH) and Satra, Sipajhar, on the topics: Providing support to persons at risk of suicide and Referrals, Self-efficacy/Self-care to intervene from 24<sup>th</sup> to 25<sup>th</sup> January, 2024.



Photo: Dr. P. Abhishek as a resource person

## Organized Programmes

- The Department conducted its 7<sup>th</sup> batch of online MEET course, on 'Youth Mental Health & Peer Counselling' from 15<sup>th</sup> May to 23<sup>rd</sup> August, 2023.
- On the occasion of Independence Day, a program was organized for the faculty, staff members and trainees of the department which included a short-film screening titled 'I am 20' which showed interviews of youth attaining 20 years of age and were born on 1947 on 15<sup>th</sup> August.



Photo: Program organized on Independence Day

- The department on World Mental Health Day, organized a special event aligning with the theme of the year: "Mental Health is a Universal Right" on 10<sup>th</sup> October, 2023. The event commenced with a discussion on the crucial role of mental health professionals in raising awareness, enhancing knowledge, and advocating for the mental well-being of everyone followed by a short-film screening titled "A Drop of Sunshine" which challenged the conventional perspective on mental illness and explored alternative paths to recovery.



Photo - World Mental Health Day

- The department conducted the In-Service Training Programme for Clinical Psychologists working under NMHP in two batches, from 27<sup>th</sup> November 2023 to 2<sup>nd</sup> December, 2023 and 4<sup>th</sup> to 9<sup>th</sup> December, 2023.



Photo - In-Service Training Programme for Clinical Psychologists

- The department organized an event on the 75<sup>th</sup> Republic Day on the theme of Solidarity through Hope for the Faculty, Staff members and trainees of the department on 26<sup>th</sup> January, 2024.



Photo: observe the 75<sup>th</sup> Republic Day

- Department in collaboration with YWH organized a one-day campus visit for 50 UG students of Pachunga College, Mizoram, which was coordinated by Dr. Diptarup Chowdhury and assisted by Ms. Sucheta Roy, Ershad Hussain and Yukta Mehdiratta on 31<sup>st</sup> January, 2024.



Photo: students of Pachunga College, Mizoram

- Dr. Deepshri Phukan along with professionals from other departments of LGBRIMH organized and coordinated an orientation program for the students of Inspire Academy with the objective of improving awareness about mental health, on 27<sup>th</sup> February, 2024.



Photo: an orientation program for the students of Inspire Academy

- The department on the occasion of International Women's Day organized a programme in the female ward on the theme 'Inspire Inclusion' and gender equality through discussion and documentary screening on 8<sup>th</sup> March, 2024.



Photo: Programme on International Women's Day

- Dr. Vikas Co-organized a three-day training program for Tele-MANAS tier 1 counsellors from 11<sup>th</sup> to 13<sup>th</sup> March, 2024.



Photo: three-day training program for Tele-MANAS tier 1 counsellors

- The department started two online certificate courses namely Basic Skills and Applications of Clinical Neuropsychology (six-week course) from February 2024 and Certificate course on Cognitive Behaviour Therapy from 14<sup>th</sup> February to 20<sup>th</sup> March 2024. Dr. P. Abhishek and Dr. Vikas are the coordinators of the courses.

### Other Achievements

- Rehabilitation Council of India, the statutory body of MPhil Clinical Psychology course across India, conducted the inspection of the department and gave approval for extension of running the course from 2023-24 to 2025-26 with an enhanced intake capacity of 12 seats.
- Deepshri Phukan was awarded the degree of Doctor of Philosophy (PhD) by the Gauhati University in the month of March, 2024.

# CENTRAL LABORATORY

## Introduction

The central laboratory was started to achieve overall quality in teaching and patient care services. The four Departments in central laboratory are Clinical Biochemistry, Pathology, Microbiology and Radiology are actively engaged in diagnostics support, teaching, training and research. At present on average more than 80 patients samples (outpatient and inpatient) are processed in the central Laboratory per day for various investigations with 24X7 laboratory services.

The department has started a postgraduate course (MMLS) for Medical Laboratory Science students in Clinical Biochemistry, Hematology and Blood Banking and Medical Microbiology from the session 2021.

The Central Laboratory is also actively involved in stringent Quantity Control Programmes. Third Party Internal Quality Control is done on a regular basis to verify and validate the reports generated in the Central Laboratory. Moreover, the Department is also participating in an External Quality Control programme regularly in every month.

The department has vision in starting the molecular lab for diagnosis of inborn Errors of Metabolism and various genetic diseases in near future considering an urgent need in the North- East region of India.

## Courses Offered

Masters in Medical Laboratory Sciences (MMLS):

- Clinical Biochemistry -5 seat Duration-2 years
- Hematology & Blood Banking -5 Seat duration-2 Years
- Medical Microbiology-5 seat duration-2 Years

## Faculty and clinical supervisory personal

Post	Name	Qualification
Professor and Medical Superintendent	Dr. Jyoti Hazarika	M.D. Microbiology
Assistant professor	Dr. Jadab Kishore Phukan	M.D., Biochemistry
Assistant Professor	Dr. Jayanta Kumar Das	M.D., Pathology
Assistant Professor	Dr. Jitu Mani Kalita	M.D., D.N.B., Microbiology
Assistant Professor	Dr. Kashmita Bhattacharyya	M.D., Pathology

**Services**

**Clinical Services**

The clinical services at the OPD and Indoor are summarized below for the session 2023-2024

Clinical Services	<p>Diagnostics Service provided by the Department both for Indoor and Outdoor hospital registered patient.</p> <p>1. Total OPD and Indoor Investigations (Biochemistry, Pathology and Microbiology) done-3,48,382/-</p> <p>2. Total OPD and Indoor tests for Radiology done:</p> <ul style="list-style-type: none"> <li>❖ USG-606</li> <li>❖ X-Ray-1466</li> <li>❖ CT Scan-0</li> </ul>
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**Academic and Other Related Activities**

Regular Academic activities for the MMLS students including seminars, journal presentation, microteaching etc. took place in the last academic year. There are 18 students pursuing the MMLS course.

**Total number students for MMLS course**

- Clinical Biochemistry- 5 students (two in 2<sup>nd</sup> year three in 1<sup>st</sup> year)
- Hematology & Blood Banking- 7 students (Three in 2<sup>nd</sup> year & Four in 1<sup>st</sup> year)
- Medical Microbiology- 6 students, (four in 2<sup>nd</sup> year & two in 1<sup>st</sup> year)

**Others**

- Induction training to newly appointed staff nurses and other staff on Biomedical Waste Management by the faculty of Microbiology
- Various SBM training by the faculties of the Central Laboratory

**Total Number of Students Enrolled/Passed out**

- Enrolled: 9
- Passed Out: 2

**Thesis and Dessartion**

- Following dissertations were completed and submitted:-

The titles for the studies are as follows:

Name of the trainee	Dissertation topic	Guide/co-Guide
Neelakshi Hazarika (MMLS-Hematology & Blood Banking)	A comparative study of Erythrocyte Sedimentation Rates (ESR) of blood anti coagulant with Tri-sodium citrate and Ethylene Di-amine patients attending the tertiary care Psychiatry institute.	Dr, Jayanta Kumar (Guide) Dr. Kunal Deb (Co-Guide)
Santanu Das (MMLS- Medical Microbiology)	Sero-positivity of Hepatitis B and Hepatitis C among Intravenous Drugs users attending Department of Addiction Medicine in tertiary care Psychiatric Institute	Dr. Jyoti Hazarika (Guide) Dr. Hemanta Dutta (Co-Guide)

- 2<sup>nd</sup> year trainees presented of research protocol of their proposed dissertation to the Scientific Review Committee and the Institute Ethics Committee held on 09<sup>th</sup> June 2023 and 18<sup>th</sup> October 2023 respectively.

The titles for the studies are as follows

Name of the Student	Department	Title of Study	Guide	Co-guide
Pinku Mazumdar	Biochemistry	An Analysis of Total Cholesterol and Serum Triglyceride Levels in Schizophrenia: Drug Naive, After Treatment and Their First Degree Relatives.	Dr. Jadab Kishore Phukan, Assistant Professor, Dept. of Biochemistry	Dr. Ankur Jyoti Borah, Assistant Professor, Dept. of Psychiatry

Thakngam Wangsu	Biochemistry	A Comparative Study of Serum Uric Acid Levels in Patients with Depression and Healthy controls.	Dr. Jadab Kishore Phukan, Assistant Professor, Dept. of Biochemistry	Dr. Binita Talukdar, Assistant Professor, Dept. of Psychiatry
Nisha Nirola	Hematology and Blood Banking	A study of RBC indices in patients with Dimorphic Anemia at a Tertiary care Psychiatric Institute, Tezpur	Dr. Jayanta Kumar Das, Assistant Professor, Dept. of Pathology	-
Pragati Tiwari	Hematology and Blood Banking	To evaluate the changes in Mean Corpuscular Volume and Hemoglobin on a stored sample analyzed at different time intervals in the Outdoor patients attending tertiary care psychiatric Institute, Tezpur	Dr. Jayanta Kumar Das, Assistant Professor, Dept. of Pathology	-

Aosunep Lemtur	Hematology and Blood Banking	A study of Platelet count and morphology in alcohol dependent patients presenting to LGBRIMH.	Dr. Kashmita Bhattacharyya, Assistant Professor, Dept. of Pathology	Dr. Partha Pratim Daimary, Assistant Professor, Dept. of Addiction Medicine
Iftikhar Ahmed	Microbiology	Toxoplasma gondii IgG antibody titre in person with schizophrenia: A Cross sectional Institute- based study.	Dr. Jyoti Hazarika, MS & Professor, Dept. of Microbiology	Dr. Kunal Deb, Assistant Professor, Dept. of Psychiatry
Preetam Bhuyan	Microbiology	Seropositivity of HIV among intravenous drug users attending a Tertiary care Institute of Mental Health, Tezpur, Assam	Dr. Jitu Mani Kalita, Assistant Professor, Dept. of Microbiology	Dr. Diptadhi Mukherjee, Assistant professor, Dept. of Addiction Medicine
Alpana Malakar	Microbiology	A study of Intestinal Parasitic Infection among Children and Adolescents attending a Tertiary Care Psychiatric Institute of North East India	Dr. Jitu Mani Kalita, Assistant Professor, Dept. of Microbiology	Dr. Bondona Timungpi, Associate Professor, Dept. of Child and Adolescent Psychiatry

Ponjai Y.S. Konyak	Microbiology	Bacteriological analysis of water from different sources: A Descriptive Cross-Sectional study at LGBRIMH, Tezpur.	Dr. Jyoti Hazarika, MS & Professor, Dept. of Microbiology	-
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### Seminar/Conference/ Workshops/Meetings

- Dr. Jayanta Kr. Das, Dr. Jitu Mani Kalita, and Dr. Kasmita Bhattacharya participated as resource persons for Workshop on the topic "The Kayakalp and its Practical Implications" at LGBRIMH, Tezpur on 07<sup>th</sup> July, 2023.
- Dr. Jadab Kishore Phukan participated in Workshop on "The Kayakalp and its Practical Implications" at LGBRIMH, Tezpur on 07<sup>th</sup> July, 2023.
- Dr. Kasmita Bhattacharya invited as guest Speaker by IMA, Tezpur for CME on the Topic: Diagnostic approach in the management of Allergy of IMA Hall, Tezpur on 16<sup>th</sup> March 2024.
- Dr. Jitu Mani Kalita attended live webinar on the topic "Cryptococcosis in Person without HIV" organized by Asia Fungal working group and the Australia and New Zealand Mycoses interest Group on 25<sup>th</sup> July, 2023.
- Dr. Kasmita Bhattacharya attended pre conference workshop on HPLC on 24th November, 2023 in NEIGRIMS, Shillong on 25th & 26th November, 2023.
- Dr. Jyoti Hazarika, Jitu Mani Kalita, Dr. Jadab Kishore Phukan, Dr. Jayanta Kumar Das and Dr. Kasmita Bhattacharya participated in Symposium on the topic "HIV in Substance Users: Remember the Link and Commit to Prevention" at LGBRIMH, Tezpur on 01<sup>st</sup> December, 2023.

### Organised

- The department organized a workshop on "The Kayakalp and Practical Implications" in Collaboration with the Department of Psychiatry Nursing, LGBRIMH, Tezpur at LGBRIMH, Tezpur on 07<sup>th</sup> July, 2023.
- The department organized a Symposium on the topic "HIV in substance Users: Remember the link and commit to Prevention" at Department of Addiction Medicine, LGBRIMH, Tezpur on 01<sup>st</sup> December, 2023.

# RESEARCH ACTIVITIES AND PUBLICATIONS

## Funded Research Projects Carried Out at the Institute:

One of the tripartite functions of LGBRIMH is to train and carry out meaningful and methodologically sound research in the field of mental health. The faculty and the clinical supervisors are encouraged to take up funded research projects. The details of the projects that were completed and initiated during the current session are given below:

## Ongoing Projects / Research Activities:

- Dr Amaresha C, was awarded a sponsored research grant from National Commission for Women titled “Mental Health Needs, Help Seeking Behaviour, Policies, and Practices for Mental Health Promotion among Female Students in Colleges of Sonitpur and Nagaon Districts of Assam (Ref: NE-702/1/2023-Capacity Building Cell (NCW), Dated: 02/11/2023). The grant amount is Rs 12,21330/-. The investigators of the project are Dr Elamurugu M, Dr Sobhana H, Dr Vikas, Dr Apurba Saha (TU), Dr Amiya Kumar Das (TU), & Dr Sonia P Deuri.
- A study protocol on Meta-analysis was submitted and approved by IEC, titled, 'P300 an endophenotype for schizophrenia? A systematic review and meta-analysis of studies comparing schizophrenia probands, unaffected first-degree relatives and healthy controls'. The team comprises of Dr P. Abhishek, Dr Sai Krishna Tikka, Dr Vijay Gogoi, Dr Shobit Garg & Dr Deyashini Lahiri
- A collaborative research protocol on 'Efficacy of video-conference based cognitive behavioural therapy (v-CBT) in comparison with in-person cognitive behaviour therapy (IP-CBT) for obsessive-compulsive disorder: A Randomised Controlled Trial' was submitted and approved by IEC. The team from LGBRIMH comprises Dr. S. K. Deuri, Dr. Kunal Deb and Dr. P. Abhishek.
- An ICMR funded study on 'Mental Health Problems in COVID-19: A Multi-Centric Study in Eastern and North Eastern India' has been recently approved. This study is mentored by NIMHANS Bengaluru. LGBRIMH is one of the study centres along with RIMS, Imphal, IOP Kolkata, Purba Bardhaman WB, ESI-IPM, Kolkata and CIP, Ranchi. From LGBRIMH Dr. S. K. Deuri, Director is the Principal Investigator. Dr. Soumik Sengupta, Associate Professor Department of Psychiatry, Dr. Hemanta Dutta, Assistant Professor Department of Psychiatry and Dr. Priyadarshee Abhishek, Assistant Professor Department of Clinical Psychology are the Co-Investigators.

## Paper and Other Publications

### Department of Psychiatry

Author	Title	Journal/Books	Year
Gogoi V.	WAPR-Indian Chapter Conference on Promoting Rights and Recovery in Persons with Mental Illness	WAPR Bulletin; Psychosocial Rehabilitation and Recovery Worldwide	Volume 50. Pg 66-69. June 2023

Sutradhar B, Mukherjee D, <b>Pathak K.</b>	An observational study on deliberate self-harm in individuals with alcohol dependence syndrome	Ind Psychiatry J	2023: 32:369-74
Dr. Rajesh Rongpi and colleagues'	A clinical study of mental retardation in relation to consanguineous marriage as one of the apparent aetiology	European Journal of Cardiovascular Medicine	2042-4884/E-ISSN: 2042-4892. Vol. 13 Issue:2-2023
<b>Gogoi V,</b> <b>Abhishek P,</b> <b>Sengupta S ,</b> <b>Banerjee I,</b> Sarma S, <b>Sobhana H,</b> <b>Deui S P,</b> <b>Pathak K,</b> Sukumar GM, Benegal V, Rao GN, Varghese M, Gururaj G	District-level differences in the distribution of mental and substance use disorders in Assam	Indian Journal of Psychiatry	65(12):p 1282-1288, December 2023
<b>Mukherjee D,</b> <b>Pathak K,</b> Mahadevan J, Agarwal G, Nath S, Saraf AS	Association between impulsivity and depressive symptoms in recently detoxified patients with alcohol dependence	Ind. Psychiatry J	Feb 2024

### Department of Addiction Medicine

Name of Author	Title	Journal/Books	Year
Mukherjee D, Pathak K, Mahadevan J, Agarwal G, Nath S, Saraf AS...	Association between impulsivity and depressive symptoms in recently detoxified patients with alcohol dependence	Industrial Psychiatry Journal	10.4103/ ipj.2023.61_23.
Sutradhar B, Mukherjee D, Pathak K	An observational study on deliberate self-harm in individuals with alcohol dependence syndrome	Industrial Psychiatry Journal	2023 Dec;32(2) :369
Mukherjee D, Mahintamani T.	Substance Use Disorder and Prison: Special Focus on Opioid Dependence	ABMH	2023 Sep 15;1:5–12
Roy S, Mukherjee D, Mahintamani T, Daimary PP, Dutta H.	The sociodemographic profile and the challenges associated with treatment and rehabilitation in female heroin users: A case series from Northeast India	Indian Journal of Psychiatry.	2024 Apr;66(4) :396–9.
Ghosh A, Mahintamani T, Aswathy PV, Basu D, Mattoo SK, Subodh BN, Pillai RR, Kaur M.	Service users' perception and attitude toward telemedicine-based treatment for substance use disorders: A qualitative study from India.	Indian Journal of Psychiatry.	2023 Jul 1;65(7):77 4-84.

Ghosh A, Mahintamani T, Kathiravan S, Swer SB, Basu D, Mattoo SK, BN S, Singh A..	Does Prescription Length of Buprenorphine Influence Treatment Outcomes in Opioid Use Disorder? A Retrospective Cohort Study from North India.	Substance Use & Misuse	2023 Oct 15;58(12): 1620-4.
Mahintamani T, Basu D, Ghosh A, Luthra- Guptasarma M...	The toll of opioid dependence: A research report on the possible role of Toll-like receptor-4 and related immune markers in opioid dependence	Indian Journal of Psychiatry.	2023 Jun 1;65(6):62 6-34
Singh R, Mahintamani T, Singh O, Gupta NL, Kashyap D.	The Long-Term Impact of a Holistic Inpatient Treatment Program for Substance use Disorders: 498 Patients Personally Revisited after 5-10 Years	Indian Journal of Social Psychiatry.	2023 Apr 1;39(2):13 8-46.

**Department of Child & Adolescent Psychiatry**

Name of Author	Title	Journal/Books	Year
Dr. B. Timungpi, Dr.Rajesh Rongpi and colleagues	A clinical study of mental retardation in relation to consanguineous marriage as one of the apparent aetiology	European Journal of Cardiovascular Medicine	2042-4884/E-ISSN: 2042-4892. Vol. 13 Issue:2-2023

### Department of Psychiatric Nursing

Name of Author	Title	Journal	Year
Ms. L. Iris Devi Dr. Arunjyoti Baruah Dr. Nurnahar Ahmed	Abstinence Self -Efficacy and Resilience in Persons with Substance Use Disorder	Indian Journal of Psychiatric Nursing	2023
Ms. Munmi Neog Dr. Nurnahar Ahmed Mr. Sandeep Kollipara	Occupational Stress and Family Functioning among Working Women of Sonitpur District, Assam	Indian Journal of Psychiatric Nursing	2023
Ms. Stuti Sharma Lohar Dr. Arunjyoti Baruah Mr. Sandeep Kollipara	Stress and Coping of Parents with Children Seeking Treatment from a Tertiary Care Mental Health Institute	Indian Journal of Psychiatric Nursing	2023
Ms. Barsha Sensua Dr. Arunjyoti Baruah	A Comparative Study to Assess the Resilience and Perceived Social Support among Patients with Substance Use Disorder in Relapse and Abstinence in a Tertiary Care Hospital of Sonitpur (Assam)	The Nursing Journal of India	2023
Mr. Deeptanu Biswas Ms. Subhra Bhowmik Mrs. Dipanti Das Dr. Subhra Sarkar	An exploratory study to assess perceived expressed emotion and its relationship with emotion regulation and self-esteem among the adolescent students of selected school in Sepahijala District, Tripura	International Journal of Scientific Research	2024

### Department of Psychiatric Social Work

Name of Author	Title	Journal	Year
<b>Dr. S. P. Deuri</b> , co - authored a paper with Brooks, C., Mirzoev, T., Chowdhury, D. & Madill, A.	Using evidence in mental health policy agenda-setting in low-and middle-income countries: a conceptual meta-framework from a scoping umbrella review.		2023, 38(7), 876-893.
<b>Dr. S. P. Deuri</b> , co - authored a paper with Dabholkar, H., Pillai, A., Gaonkar, D., Naik, S., & Chatterjee, S	Exploring the feasibility and public health impact of integrating a community-based recovery-oriented intervention for people living with schizophrenia in partnership with a tertiary care mental hospital in India	Implementatio n Research and Practice	2023
<b>Dr. S. P. Deuri</b> , co - authored a paper with Debashree Bora and Apurba Das	Depression in married women in Assam: A Qualitative study	Indian Journal of Social Psychiatry	2023 39(1):p 77- 83, Jan–Mar 2023.   DOI : 10.4103/ijs p.ijsp_312_ 20sss
<b>Fayaz Ahmad Paul</b> ,	Experiences and Psychosocial Issues Among the Elderly Population in the Digital Era	The Palgrave Handbook of Global Social Problems	

<b>Danishwar Rasool Dar and Fayaz Ahmed Paul</b>	Bipolar Disorder in a Gendered Perspective	D.Y Patil Journal of Health Sciences.	23 <sup>rd</sup> May 2023
<b>Paul, F. A., Tyagi, S., &amp; Das, S.</b>	Correlation and Inter-rater Agreement between Patient, Caregiver and Clinician-administrated Versions of WHODAS 2.0 among the Persons with Bipolar Affective Disorder: A Cross-sectional Study	<i>Indian Journal of Social Psychiatry</i>	November 2023
<b>Rini Gogoi and Dr. Arif Ali</b>	Resilience, Social connectedness, Mental health status and Quality of Life in Children of Parents with mental illness	Indian Journal of Social Psychiatry	
<b>Rini Gogoi and Priyanka Saikia</b>	Knowledge, attitude and perception towards mob lynching among the general population of India: A cross sectional study	DY Patil Journal of Health Sciences	
<b>Ghanshyam Choudhary</b>	Indigenous Approaches to Social Work Practices in India, Accepted Book Chapter titled “Foundation of Indian Social Work”	“Foundation of Indian Social Work” .	
<b>Monaspika Das</b>	Effectiveness of Mindfulness based relapse prevention in people with alcohol dependence syndrome: A Randomized Controlled Trial, Knowledge, attitude and perception: towards mob lynching among the general population of India: A cross sectional study		DOI: 10.41303/DYPJ.DYPJ_4_23 .

<b>Saikia, Priyanka; Banerjee, Indrajeet; H, Sobhana</b>	<i>Depression, Anxiety, and Stress among Women Working in the Beauty Salon Industry: A Study from Assam</i>	Indian Journal of Psychiatric Nursing.	
<b>Priyanka Saikia et al,</b>	Unmasking the Shadows Battling the Cyber Crime in the Digital Age,	The Palgrave Handbook of Global Social Problems.	
<b>Fayaz Ahmad Paul, Rini Gogoi &amp; Monaspika Das</b>	Substance use among University students: Preventive strategies and evidence-based psychosocial interventions	Book Chapter titled Substance abuse: Prevention and Intervention.	
<b>Paul, F. A., Ganie, A. U. R., &amp; Dar, D. R.</b>	Substance use in university students: a comprehensive examination of its effects on academic achievement and psychological well-being	<i>Social Work in Mental Health</i> , 1-33.	2024
<b>Paul, F.A .,Dangroo, A. A., Saikia,P.,Ganie, A.U.R., Zaid, M., Das, M.,Gogoi, R.(2024),...</b>	Societal and Individual Impacts of Substance Abuse: A Comprehensive Exploration	<i>The Palgrave Handbook of Global Social Problems.</i> Palgrave Macmillan, Cham.	<a href="https://doi.org/10.1007/978-3-030-68127-2_430-1">https://doi.org/10.1007/978-3-030-68127-2_430-1</a>
Basistha, B., <b>Paul, F. A.,</b> Ali, A., & Saikia, S. J. (2024),, 41 -46, Jan– Jun 2024.	Environmental Quality of Life and Psychological Distress of Emerging Adults in Flood-Affected Areas of Assam, India: A Cross - Sectional Study	<i>Journal of Psychiatry Spectrum</i> , 3(1)	DOI: 10.4103/jopsys.jopsys_15_23

<b>Dar, D.R., Paul, F.A., Ganie, A.U.R. (2023)...</b>	A Conceptual Review of Workplace Distress and Stigma of LGBTQIA+ Workers	<i>The Palgrave Handbook of Global Social Change.</i> Palgrave Macmillan, Cham	<a href="https://doi.org/10.1007/978-3-030-87624-1_402-1">https://doi.org/10.1007/978-3-030-87624-1_402-1</a>
<b>Ms. Priyanka Saikia</b>	Societal and Individual Impacts of Substance Abuse: A Comprehensive Exploration	The Palgrave Handbook of Global Social Problems. Palgrave Macmillan	<a href="https://doi.org/10.1007/978-3-030-68127-2_430-1">https://doi.org/10.1007/978-3-030-68127-2_430-1</a>
Banani Basistha, <b>Fayaz Ahmed Paul</b> and Kangkan Bhuyan, vol.1 Basistha, B., Paul, F. A., & Bhuyan, K	Integrating Body and Mind: Western and Eastern Approaches for Enhancing Sexual Satisfaction Through Cardio Training, Pilates and Yoga, Psychology of Sexuality and Mental Health	Indigenous Approaches	2024
Kuriakose, A., & <b>Amaresha, A. C.</b>	Experiences of Students with Learning Disabilities in Higher Education: A Scoping Review	Indian Journal of Psychological Medicine,	2023
Shibu, A., & <b>Amaresha, A. C.</b>	Socio-cultural practices and experiences of menstruation among adolescents and women of Kurichiya tribe of Wayanad: an ethnographic study.	International Journal of Community Medicine and Public Health, 10(12), 4669.	2023

<b>Priyanka Saikia</b> , <b>Indrajit Banerjee and</b> <b>Sobhana H</b>	Depression, Anxiety and Stress among Women Working in the Beauty Salon Industry: A study from Assam.	Indian Journal of Psychiatric Nursing 20 (2): p 98-102.	2023
<b>Amaresha, A. C.</b> , Virupaksha, H. G., Venkatasubramanian, G., Muralidhar, D., & Subbakrishna, D. K.	Brief needs-based psychoeducation for sibling family caregivers of persons with schizophrenia: A qualitative assessment from southern India	In Annales Médico-psychologiques, revue psychiatrique. Elsevier Masson.	2024, January
Pious, A. A., & <b>Amaresha, A. C.</b>	Exploring Factors of Sexual Function and Sexual Satisfaction Among Nonworking Women: A Qualitative Study.	<i>Journal of Psychosexual Health</i> , 5(4), 208-215	2023
Gogoi, Vijay, Abhishek, Priyadarshree, Sengupta, Soumik & <b>Banerjee,</b> <b>Indrajeet,</b> Sarma, Samir. <b>Sobhana, H.*,</b> <b>Deuri, Sonia,</b> M Sukumar, Gautham, Benegal, Vivek, Rao, Girish, Varghese, Mathew, Gururaj, Gopalkrishna.	District-level differences in the distribution of mental and substance use disorders in Assam.	Indian Journal of Psychiatry. 65. 1282-1288. 10.4103/indianjpsychiatry.indianjpsychiatry_844_23	2023

Mona Marbiang, Apurba Das, <b>Sonia P Deuri, Sobhana H</b>	Stress and psychological well-being of single mothers-a comparative study	Minerva Psychiatry, December;64(4):486-93 DOI: 10.23736/S2724-6612.22.02346-6	2023
<b>Fayaz A. Paul</b>	Experiences and Psychosocial Issues Among the Elderly Population in the Digital Era	The Palgrave Handbook of Global Social Problems (pp. 1-25). Springer International Publishing.	

### Department of Clinical Psychology

Name of Author	Title	Journal	Year
Brooks, C., Mirzoev, T., <b>Chowdhury, D.,</b> Deuri, S. P., & Madill, A.	Using evidence in mental health policy agenda-setting in low-and middle-income countries: A conceptual meta-framework from a scoping umbrella review	<i>Health Policy and Planning</i> , czad038	2023
Khanade, R., Nizamie, S.H., Das, B., Goyal, N., Tikka, S.K., Mehta, V., Sachacher, B., Motichand, S., Katshu, M.Z.U., & <b>Abhishek, P.</b>	A family study assessing P300 as a probable electrophysiological endophenotype in obsessive-compulsive disorder.	<i>Archives of Biological Psychiatry</i> .doi 10.25259/ABP_13_2023.	2023

Gogoi, V., <b>Abhishek, P.</b> , Sengupta, S., Banerjee, I., Sarma, S., Sobhana, H., Deuri, S. P., Pathak, K., Sukumar, G. M., Be negal, V., Rao, G. N., Varghese, M., Gururaj, G.	District-level differences in the distribution of mental and substance use disorders in Assam.	<i>Indian Journal of Psychiatry</i> 65(12),1282- 1288.	2023
<b>Phukan, D.</b> , & Talukdar, R. R.	Neuropsychological Test Feedback of a School Dropout with Depressive Episode.	Mind and Society, 12(01), 52–60. <a href="https://doi.org/10.56011/mind-mri-121-20236">https://doi.org/10.56011/mind-mri-121-20236</a>	2023
<b>Dey, T. &amp; Chowdhury, D.</b>	A critical examination of psychotherapeutic interventions to reimagine suicide prevention with narrative practices in India.	<i>The International Journal of Indian Psychology,</i> 11(4), 2037- 2045. DIP: 18.01.189.20231 104. doi:10.25215/11 04.189.	2023
<b>Sengupta, P., Saxena, P.</b>	Compassion Focused Therapy in the Indian Context: A Perspective.	<i>The International Journal of Indian Psychology.</i> DOI: 10.25215/1201.1 48	2024

<b>Das, D., Saxena, P., Sharma, B. S.</b>	Attachment Pattern and Self-Conscious Emotions of Adolescents with Externalizing and Internalizing Symptoms.	<i>Indian Journal of Health and Well-being.</i>	2024
<b>Dey, T. &amp; Chowdhury, D.</b>	Exploring contributing factors of suicide and suicidal behaviours to map research gaps in suicidology in North - Eastern India: A narrative review.	<i>The International Journal of Indian Psychology,</i> 12(1), 1759-1772. Doi: 10.25215/1201.164	2024

# TELEMEDICINE

## Introduction:

### Section: TeleMedicine



In early 2020, as the COVID-19 outbreak led to a decrease in hospital visits due to lockdown measures, the TeleMedicine Center was established in April 2020 with the Faculty and staff from the Department of Psychiatry. Its aim was to offer Tele-Health services to patients of LGBRIMH, as well as Registered Medical Practitioners (RMP) and Other Health Care Workers (HCW). A standard operating procedure, aligning with the Tele-Medicine Guidelines issued by the Board of Governors superseding MCI on March 25, 2020, was developed by a faculty team. Services included Tele-Follow Up for registered LGBRIMH patients and Teleconsultation for new patients via RMP/HCWs. Dedicated email addresses and phone numbers were set up for communication and appointments. From April 1, 2023, to March 31, 2024, a total of 446 appointments were scheduled, resulting in 442 prescriptions being issued.

Email: [lgbtelemed@gmail.com](mailto:lgbtelemed@gmail.com). Ph: +91-9531205260. For details:

<http://www.lgbrimh.gov.in/telemedicine.html>

# DIGITAL ACADEMY

## Introduction:



Following the mandate from the Ministry of Health and Family Welfare, Government of India, and in alignment with the inauguration of the NIMHANS Digital Academy, LGBRIMH initiated its digital training initiatives. Mental Health Education & E-Training (MEET) introduced certificate courses in 2019, utilizing the institute's existing workforce. This program adopted a blended learning approach, incorporating synchronous and asynchronous methods within an online driver model and leveraging information and communication technology (ICT). In December 2022, LGBRIMH also signed a Memorandum of Understanding with ECHO (India), a non-profit organization renowned for its TeleMentoring and Distance Learning initiatives aimed at enhancing patient care and workforce capacity building. During the period from April 1, 2023, to March 31, 2024, two new ECHO programs, as well as three new Certificate courses were added to the already existing courses. The focus of these courses is on Geriatric Mental Health, Emergency Psychiatry, Women's Mental Health, and Suicide prevention. During this period, a total of 212 participants enrolled in various courses. Its YouTube Channel, featuring videos in multiple Indian languages to disseminate mental health knowledge to the public, has approximately 1049 subscribers, and 51,000 views.

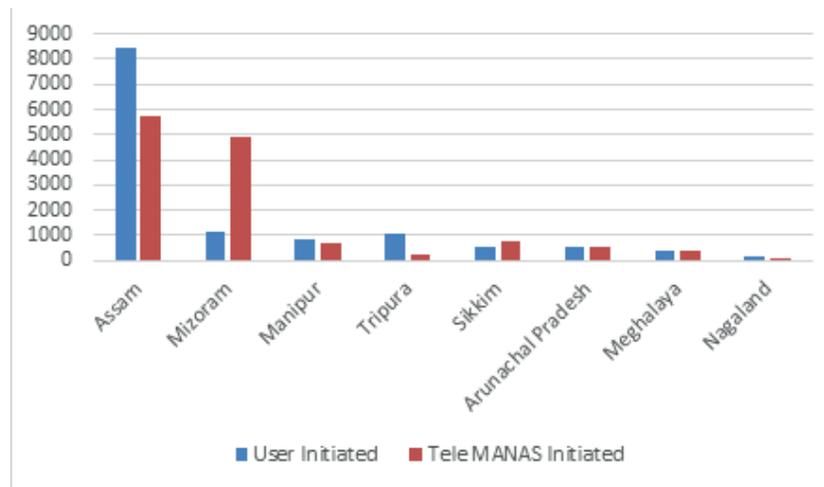
# TeleMANAS

## Status of the HR in Tele-Manas

Name	Designation	Joining Date
Dr. Vikas,	Coordinator, Assistant Professor, Department of Clinical Psychology	-
Dr. Partha Pratim Daimary	Coordinator, Assistant Professor Department of Addiction Medicine	-
Mr. Upam Malla Buzar Baruah	Psychiatric Social Worker	21/07/2023
Mr. Madhurjya Baruah	Technical Coordinator	24/01/2023 (Resigned on 18 <sup>th</sup> February, 2024)
Mr. Narayan Limbu	Data Entry Operator	31/01/2023

## State Wise Progress Report (1<sup>st</sup> April 2023 to 31<sup>st</sup> March 2024)

State	User Initiated	Tele MANAS Initiated	Total Calls
Assam	8461	5741	14202
Mizoram	1114	4913	6027
Manipur	837	701	1538
Tripura	1072	251	1323
Sikkim	540	744	1284
Arunachal Pradesh	553	566	1119
Meghalaya	399	351	750
Nagaland	144	38	182



Visits by Tele-Manas Cell- NHM State Headquarters, Guwahati (7<sup>th</sup> September, 2023)

- A team from Tele Manas comprising Dr. Vijay Gogoi, Dr. Diptarup Chowdhury, Dr. Elamurugu M, Madhurjya Baruah and Mr. Upam Malla Buzar Baruah visited the Assam Tele-Manas cell at the NHM state Headquarters, Guwahati on 07<sup>th</sup> September 2023. They had extensive discussions with the Assam Tele-Manas team to observe and access to the facilities and their functions and to address their challenges.



Photo: Dr. Prakash Barman, SPO, Assam Tele MANAS cell discussing the functioning of the Assam Tele-Manas Cell.



Photo: Observing the user interface of the system by visiting Team Members.

- **On-Site Training for Tele Manas Cell Staff of State Mental Health, Midpu, Arunachal Pradesh, held on September 26<sup>th</sup> and 27<sup>th</sup>, 2023, in the conference hall of DHS, Naharlagan, Arunachal Pradesh.**

An on-site training program for Tele-Manas cell staff of the State Mental Health department was conducted on September 26<sup>th</sup> & 27<sup>th</sup>, 2023, at the conference hall of DHS, Naharlagan, Arunachal Pradesh. The training aimed to enhance the knowledge and skills of the staff members in providing tele-counseling services effectively. Representatives from mentoring Institute & RCC took part in the event.



Photo: The Apex team moderating quiz among the tele counselors and MHP's through slido.com.



Photo: Dr. Priyanka delivering a lecture on basic counseling skills.

**Training Program for Tele-MANAS Tier-I Counselors from March 11 to March 13<sup>th</sup>, 2024, organized by Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH)**

- A 3 days training programme for Tele-Manas tier I counselors was organized by LGBRIMH from 11<sup>th</sup> to 13<sup>th</sup> March 2024. The programme was inaugurated by Dr. Sonia P. Deuri, Prof & Head , Dept of PSW, LGBRIMH, over the three days of training the participants were familiarized with case history taking MSE, Mental disorders, basic skills in counseling and tele-counseling ways to deal with challenges, handling common mental health concerns, psychiatric emergencies, best practices and self care and wellbeing of counselors. The resource persons for this programme were Dr. Partha P Daimary, Dr. Vijay Gogoi, Dr. Juhi Gupta, Dr. Suranjita Mazumdar, Dr. P. Abhishek, Dr. Soumik Sengupta, Dr. Vikas.



Photo: Dr. Vijay Gogoi during a session on Overview of Mental Disorders.



Photo: Dr. Vikas delivering a lecture on counseling skills.



Photo: Dr. Partha Pratim Daimary delivering a lecture on counseling skills.

### **Awareness Activities**

- Throughout the reporting period, the Tele-Manas program conducted various awareness activities to promote mental health literacy and reduce stigma associated with seeking help for mental health issues. These activities are conducted with the help of a Facebook page where digital flyers, motivational quotes, and pamphlets are regularly shared throughout the month. Additionally, special content is posted on International Day Against Drug Abuse & Illicit Trafficking, World Mental Health Day, and World AIDS Day and other important days observed in the Institute.

## MEDICAL OFFICER'S TRAINING

As part of the Capacity Building in Mental Health, the Department of Psychiatry is also running a 14-day Hands-on-Training programme called “*Identification & Essential Care of Psychiatric Disorders for Primary Care Physicians.*” The primary aim of the training programme is to ensure that primary healthcare providers attain competencies in delivering care for people with mental health conditions. The objectives of the training are to

- Identify common presentations of mental disorders
- Know the assessment principles necessary for the management
- Provide necessary psychiatric intervention and manage comorbid physical conditions.
- Plan and perform follow-ups for mental health conditions.
- Know when to refer to specialists as appropriate and available.

### Training Methods

The training methods involve Didactic lectures, Case Vignettes, Role Plays, Video Demonstrations, and Clinical Exposure in the Outpatient and In-Patient Department of Psychiatry. The training modules' content is based on the case vignettes in the “*Manual for Medical Officers - Assessment and Management of Mental Health Problems in General Practice.*” The Training was delivered in 80 hours over two weeks.

# OUT-PATIENT DEPARTMENT

## Introduction

The Out Patient Department (OPD) of Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur provides treatment services to the patients attending the institute. The OPD is usually the first point of contact of a person seeking the services of the institute. Since the time of its inception, LGBRIMH has passed through, and has been a witness to many landmark changes. The outpatient department of the institute too is no exception to it. Over the years, the department has been catering to the mental health needs of patients of the entire North Eastern Region.

## Services and Departments available

- Psychiatry
- Clinical Psychology
- Psychiatric Social Work
- Psychiatric Nursing
- Addiction Medicine
- Child & Adolescent Psychiatry
- Geriatric Mental Health
- Rehabilitation Services
- Bio-Chemistry
- Microbiology
- Pathology
- Psycho-Therapy
- Family Therapy

The Mental Healthcare Act, 2017 is followed during the admission procedure of a patient. All available treatment facilities are provided free of cost.



Photo - OPD

**OPD Attendance****The details of OPD registration of New & Old cases**

New case registration		Old case registration		Total number of patients registered
Male	Female	Male	Female	
<b>13675</b>	<b>10196</b>	<b>72569</b>	<b>47413</b>	<b>143853</b>
Total – <b>23871</b>		Total- <b>119982</b>		

**Annual OPD Attendance**

There has been a significant increase in the number of patients seeking mental health treatment from the institute which is reflected in the rise in the annual OPD registration of patients during the past years. In 2007, there were 47,668 patients, including both male and female, visiting the OPD. The total OPD attendance in the last decade indicates a steady increase in the number of patients seeking mental health services.

**OPD attendance from various States during 2023-2024**

Since its inception, the Institute has been catering to needs of patients from all over the country. During this session the State of Assam has recorded the highest number of patients 141281, followed by Arunachal Pradesh and West Bengal with 1145 and 561 patients respectively. There were 215 patients from Nagaland, 121 from Uttar Pradesh, 106 from Bihar, 105 patients from Meghalaya, 80 from Manipur, 36 from Rajasthan, 31 from Tripura, 24 from Haryana, 12 from Odisha, 11 from Punjab, 11 from Mizoram, 9 from Maharashtra, 8 from Chattishgarh, 7 from Kerela, 5 from Delhi, 4 from Andhra Pradesh, 4 from Jharkhand, 4 from Karnataka, 4 from Sikkim, 3 from Himachal Pradesh 2 from Gujrat and 31 patients from Nepal, Bhutan and Bangladesh also received treatment.

*Annual OPD attendance in 2022-23 and 2023-24*

State	2022-2023	2023-2024
Arunachal Pradesh	918	1145
Assam	117133	141281
Manipur	56	80
Meghalaya	96	105
Mizoram	7	11
Nagaland	240	215
Sikkim	4	0
Tripura	32	31
Other States	751	985
Other Countries	5	31
<b>Total</b>	<b>81472</b>	<b>143853</b>

## INDOOR DEPARTMENT

### Introduction:

The bed strength of the hospital is 336, out of which 246 beds are for males and 90 beds are for females. Out of the total beds, 24 beds are reserved for patients sent from Jails.

The patients are looked after by a team of mental health professionals, residents, nurses, warders and caregivers. The admitted patients get regular patient care services including free medication and check-up, hygienic and nutritious diet, laundered clothes, recreation facilities and other basic amenities. A mini-operation theater and an ECT facility also function in the Indoor campus.

The Indoor has provision of a visiting room for the family members and relatives to meet the patients. Counseling services are provided to the family members/caregivers during their visits and at the time of discharge of the patient.



Photo: Indoor Section

### Admission and Discharge

The institute follows the Mental Healthcare Act, 2017 for admission of patients indoors. The patients are admitted in the following categories i.e. Section 86, 87, 89, 90, 102, 103.

A total of 2221 patients were admitted during the current session i. e. April 2023 to March 2024, which included 1545 new cases and 676 old cases. Among the new cases 1098 were male patients and 447 were female patients. Among the old cases, 522 were male patients and 154, were female patients. A total of 2163 patients were discharged during the current session among which 1495 were new cases and 668 old cases. Among the new cases 1057 were male patients and 438 were female patients. Among the old cases 511 were male patients and 157 were female patients.

The table below shows the admission and discharge of patients during the last 2 years.

*Annual Admission and Discharge in 2022-23 and 2023-24*

Year	Admission			Discharge		
	Male	Female	Total	Male	Female	Total
2022-23	1395	453	1848	1397	440	1837
2023-24	1620	601	2221	1568	595	2163

**Average Bed Occupancy**

In the current session, the daily average bed occupancy was 158, while in the previous session (2022-23) it was 137.

**Escape & Death Cases**

A total of 17 incidents of escape and 1 incident of death were recorded during the current session.

**Annual State-wise Admission**

During the 2023-24 session, a total of 2,221 patients were admitted, comprising 1,620 male and 601 female patients. Of these, 2,058 were from Assam, 59 from Arunachal Pradesh, 48 from West Bengal, 27 from Nagaland, 14 from Meghalaya, 4 each from Manipur and Uttar Pradesh, 2 each from Rajasthan and Tripura, and 1 each from Meghalaya, Mizoram, Bihar, and Jharkhand.

Patients from all over the Northeast region and other parts of the country have been accessing the services of the institute. Patients from neighboring countries like Nepal and Bhutan, have also sought treatment at the hospital. The table given below shows the number of patients admitted in the Indoor from Northeast and other parts of the country:

*State-wise Admission in 2022-23 and 2023-24*

<b>State</b>	<b>2022-23</b>	<b>2023-24</b>
Arunachal Pradesh	61	59
Assam	1716	2058
Manipur	2	4
Meghalaya	7	14
Mizoram	0	1
Nagaland	25	27
Sikkim	1	0
Tripura	0	2
Other States	35	56
Other Countries	1	0
<b>Total</b>	<b>1848</b>	<b>2221</b>

## SUPPORTIVE SERVICES

### REHABILITATION SERVICES

#### Introduction

Rehabilitation services at the Institute were initiated in 1998 by the Department of Psychiatric Social Work in collaboration with other departments. In 2004, a Day Care Centre primarily for female inpatients was inaugurated by Late Dr Bijay Prasad Borah, the former Superintendent of the erstwhile 'Mental Hospital' on 26<sup>th</sup> January. The current structure of the Centre for Rehabilitation was established in 2010 with funding from the National Mental Health Programme (NMHP). The center provides rehabilitation services to both inpatients and outpatients of LGBRIMH and includes five units: Physiotherapy, Speech Therapy, Occupational/Vocational Therapy, Special Education, and a Wellness Centre.

#### Faculty and Clinical Personnel /Instructor:

Post	Name
I/C Centre for Rehabilitation Sciences	Dr. Sobhana H
Physiotherapist	Mr. Utpal Borah
	Mr. Gautam Kr. Nath
Speech Therapist	Mr. Vivek Sarmah
Occupational Therapist	Mrs. Shyamolee Borah
Instructor for Special Education	Mrs. Eli Deuri
Instructor for Wellness Centre	Mr. Dibyajyoti Das (Up to 16 <sup>th</sup> October,2023)

The rehabilitation services of the institute currently comprises Occupational therapy Unit, Physiotherapy Unit, Speech Therapy Unit, Special Education (for the persons who are intellectually challenged) Unit and Wellness Center Unit.

#### Occupational Therapy

Occupational therapy unit has embroidery and stitching lab, tailoring lab, weaving lab, art & craft lab, wood & bamboo work lab, gardening unit and literary activities unit. Clinical rehabilitation includes the following services—rehabilitation needs assessment and counseling, vocational counseling, psycho-education, behavioral intervention, supportive, self-oriented interventions and group interaction sessions. A total of 2874 sessions were conducted in this unit for gaining fine motor and gross motor skills, activities of daily living skills and thus improving work performance and developing meaningful occupations. New skills like jewelry making, stone painting and baking were introduced along with older skills in embroidery, tailoring, carpentry, bamboo and gardening.

## **Physiotherapy**

Physiotherapy means a system including comprehensive examination, treatment, advice and instructions to any person preparatory to or for the purpose of or in connection with movement dysfunction, bodily malfunction, physical disorder, disability, healing and pain from trauma and disease, physical and mental conditions using physical agents, activities and devices including exercise, mobilization, manipulations, electrical and thermal agents and other electro therapeutics for prevention, screening, diagnosis, treatment, health promotion and fitness. It focuses on the science of movement and helps people to restore, maintain and maximize their physical strengths, function and motion. The underlying physical issues are explored and intervened to enhance overall well being. Services of this unit include Pediatric Rehabilitation, Neurological Rehabilitation, Musculo-Skeletal and Orthopaedic Rehabilitation, Sports Injuries and Pain Management.

This unit provides services to both indoor and outdoor patients. This unit is a state of art facility including modern electrotherapy equipments such as LASER therapy, Microwave Diathermy, Shockwave Therapy, Cryotherapy, EMG Biofeedback, Balance Board, Electrical Tilt table, Whirlpool Bath, Decompression Therapy Table with Traction Unit, Tecar Therapy System, IFT, TENS, CPM, UVR Paraffin Wax bath, etc and exercise therapy equipments including Exercise stair case, Parallel bar, Shoulder wheel, Hand exercise table, Wall bar, Quadriceps Chair etc. A total of **11,145** sessions were held under this unit.

### **New equipments installed**

- Hand Exerciser Table
- Quadriceps Chair
- Heel Exerciser
- Shoulder Pulley Set
- Wrist Circumductor
- Weight Cuffs
- Physio Ball

## **Speech Therapy**

This unit was established to cater to the needs of the patients with Speech and Language disorders. It focuses on the speech and language communication and helps people to restore, oral articulatory speech functions and motion of articulators, voice disorders, delayed speech milestones and hearing impairment post amplification or surgery.

A total of **2,684** sessions were conducted during the current period.

## **Special Education**

The primary goal of special education is to support children with special needs in achieving maximum independence. Special education offers a broad range of services and training programs, from early intervention to vocational placement, tailored to individual needs. Often referred to as "exceptional children," these individuals require specialized education and related services to reach their full potential.

Special education programs are highly individualized, adapting teaching methods and materials based on each child's current functioning level. These programs provide age- and IQ-appropriate experiences that foster the development of basic living skills and personal independence, promoting social, emotional, and intellectual growth.

Additionally, special education supports and guides parents, facilitating access to suitable services. The Special Education Unit offers various activities for individuals with intellectual disabilities, including:

- Special educational assessments
- Adaptive behavioral skills training
- Remedial education and family counseling
- Art and craft activities
- Pre-vocational and vocational training
- Meditation exercises
- Group interactions

In total, 3,148 sessions were conducted with individuals with intellectual disabilities.

### **Wellness centre**

Wellness center was established with the objective to promote positive health in an individual and to enhance quality of life and sense of well being. The wellness center has four sections:

1. Cardio-vascular Training
2. Strength Building
3. Endurance Training
4. Yoga Service
  - Number of participants in Cardio-vascular Training: - 138
  - Number of sessions in Cardio-vascular Training: -933
  - Number of participants in Strength Building: - 140
  - Number of sessions in Strength Building: - 1420
  - Number of participants in Endurance Training: - 55
  - Number of sessions in Endurance Training: - 452

Total of **3,099** sessions were conducted during this year.

### **Yoga Service**

Centre for Rehabilitation Sciences, LGBRIMH, launched a Tele- Yoga service on 21<sup>st</sup> June, 2023 on the occasion of International Yoga Day for both indoor as well as outdoor patients of LGBRIMH.

Total of **5,798** Sessions of Tele- Yoga services were conducted during this period.

Total of **6,160** Sessions of Yoga services were conducted including both indoor & outdoor patients during this year.

### **Conferences/Seminar /Workshop**

- Centre for Rehabilitation Sciences with Department of Psychiatric Social Work jointly organized a webinar on the topic “Rehabilitation of persons with Mental Disorders” on the occasion of International Day of Persons with Disabilities on 4<sup>th</sup> December, 2023.
- Centre for Rehabilitation Sciences, LGBRIMH conducted an awareness programme regarding organ and tissue donation on 3rd August, 2023 in reference to Angdaan Mahotsav campaign in LGBRIMH.

### **Attended Outside**

- Mr. Utpal Borah, Physiotherapist, attended the 5<sup>th</sup> International Physiotherapy Conference organized by Department of Physiotherapy, Janardan Rai Nagar Rajasthan Vidyapeeth (Deemed –to-be University), Udaipur, Rajasthan on 4<sup>th</sup> & 5<sup>th</sup> November 2023.
- Mr. Utpal Borah, Physiotherapist, attended 10<sup>th</sup> Dr. MGM International Physiocon 2024 organized by National Physiotherapy Teachers' Forum, North East Christian University, Dimapur, Nagaland from 21<sup>st</sup> -23<sup>rd</sup> January 2024.
- Mr. Utpal Borah, Physiotherapist, attended a workshop on Peripheral and Spinal joint manipulation including Osteopathy and Visceral manipulation technique by Resource Person Dr. Giuesepa Rango organized by Department of Physiotherapy, Janardan Rai Nagar Rajasthan Vidyapeeth (Deemed –to-be University), Udaipur, Rajasthan.

### **External Examiner**

- Mr. Utpal Borah, Physiotherapist, was the external examiner for Physiotherapy PG Program under Faculty of Physiotherapy & Rehabilitation, Assam Down Town University, Panikhaiti, Guwahati on 16<sup>th</sup> December, 2023.

### **Award**

- Mr. Utpal Borah, Physiotherapist, received the Dr. M.G. Mokashi's best Physiotherapist award in honor of his outstanding contribution and excellence in the field of Physiotherapy in the 10<sup>th</sup> Dr. MGM International Physiocon organized by National Physiotherapy Teachers' Forum at 2024 North East Christian University, Dimapur, Nagaland from 21<sup>st</sup> to 23<sup>rd</sup> January 2024.



Photo: Mr. Utpal Borah receiving the award

### **Other Activities**

- Exhibition of poster, painting done by the patients visiting the Center for Rehabilitation Sciences was displayed at Centre for Rehabilitation Center on the occasion of Independence Day on 15<sup>th</sup> August, 2023.

## LIBRARY & INFORMATICS CENTRE

The Central Library plays a vital role in furthering the academic and research mission of LGBRIMH. Established in 1999, it was created to meet the scholastic needs of students and faculty. As of 23<sup>rd</sup> January, 2024, the central library has been relocated to the Library and Informatics Centre. The library features a central air conditioning facility, making it a comfortable study space.

As a special library, it boasts a specialized collection of books and journals focused on psychiatry, clinical psychology, psychiatric nursing, psychiatric social work and allied health disciplines. The collection comprises of:

- Over 37,421 books
- 52 subscribed Print Journals
- 535 e-books
- 258 theses and dissertations
- Educational DVDs
- A range of reference and office rule books

The institute is the member of ERMED (Electronic Resources in Medicine) Consortium of the National Medical Library-New Delhi since 2016, which provides the online access of 243+ e-journals from five publishers.

The library has seating capacity of 96 readers.

There are 14 desktop computers with Wi-Fi facility which are provided to the users of this library.

During the period from 1<sup>st</sup> April, 2023 to 31<sup>st</sup> March, 2024 a total of Eight Thousand Six Hundred and Forty Nine users visited and used various facilities of this library.

Statistical package for Social Science, 29<sup>th</sup> version (IBM SPSS Statistics) is available in the library for statistical analysis of projects and thesis works.

The library has 120+e-journals from APA PsycArticles (American Psychological Association)

- Circulation service
- Reference service
- Access of scholarly literature: Print journals, online journals, back volume journals, print books, e-books, thesis/dissertation
- Reprographic service
- High speed internet connectivity
- OPAC



**Photo- Library and Informatics centre**

### Seminar/ Conference Attended

- Ms. Tanu Deori, Library Assistant attended a conference organized by ERMED (Electronic Resources in Medicine) of the National Medical Library- New Delhi at AIIMS, Guwahati 3<sup>rd</sup> July, 2023.
- The Library regularly participates in special campaign 3.0 for institutionalizing Swachhata weekly.



Photo- Swachhata Campaign 3.0

### MEDICAL RECORD DEPARTMENT

An upgraded and modernized Medical Record Department (MRD) was established at the OPD in 1998, replacing the older systems that existed from 1897. It manages and maintains patients' records in a standardized manner to protect patient confidentiality. It is one of the primary supportive departments of the institute. Presently, the department has a Medical Record Officer, a Medical Record Technician and a team of assistants for smooth functioning of the department. It has a computerized record keeping system for maintenance of patient's records for patient care and research activities. The department functions in coordination with the academic and other departments of the institute. The department also assists in the medico-legal cases by providing the information to the institutional authority whenever required.

The registration of patients is done in e-Hospital Software developed by NIC along with the software developed by the department. The section also issues the medical fitness certificate and treatment certificate to the patients after being examined by a Medical Board. The department has started the e-hospital project from this session. A total of 36 Treatment Certificates and 39 Fitness Certificates were issued during the session.

## PHARMACY

Pharmacy services are located both in the Out-Patient Department and Indoor section of the institute. The Central Medical Store located at the Indoor acts as the central pharmacy for the inpatients and out-patients. The Pharmacy located at Out-Patient Department dispenses medicines to all OPD patients free of cost and maintains a daily dispensing register of drugs. The current staff position includes a Senior Pharmacist and two Pharmacists.

The pharmacy also caters to the emergency services and arranges free medicines for community extension clinics and other outreach services. A total of 52, 23,670 tablets, 17,248 AMPS of injections were distributed among the indoor, outdoor and community camps patients free of cost during the period.

## ANAESTHESIOLOGY UNIT

The Anaesthesiology Unit has been serving as a supporting role for the Psychiatry Treatment Services from the time it was set up in 2003 in the Indoor section after the introduction of the Computerized Electro-Convulsive Therapy. The Unit carries out the task of providing ECT to patients under the supervision of psychiatrists. ECT is administered to patients after obtaining informed consent from the guardian of patients. On the day of ECT, a pre-ECT check up is carried out, followed by a post ECT check up in the recovery room.

### Faculty and Clinical Supervisory Personnel

Name	Designation	Qualification
Dr. Kushal Kumar Tamuli	I/C, Department of Anesthesia	DPM (Dibrugarh University), DNB (NBE New Delhi)
Dr. A. Koiry	Consultant Anesthesiologist	MBBS (Dibrugarh University), DA (Dibrugarh University).
Dr. Pavani Medisetty	Visiting Consultant	MD Anaesthesia, (NTR University of Health Sciences, Andhra Pradesh)

### Total Number of New Patients

MONTH	MALE	FEMALE	TOTAL
April, 2023	27	14	41
May, 2023	26	21	47
June, 2023	14	14	28
July, 2023	26	10	36

August, 2023	39	22	61
September, 2023	20	17	37
October, 2023	25	14	39
November, 2023	20	18	38
December, 2023	29	9	38
January, 2024	13	10	23
February, 2024	20	10	30
March, 2024	37	25	62
<b>Total</b>	<b>296</b>	<b>184</b>	<b>480</b>

**Total Number of Modified ECT Session**

MONTH	MALE	FEMALE	TOTAL
April, 2023	175	82	257
May, 2023	174	122	296
June, 2023	111	94	205
July, 2023	150	68	218
August, 2023	209	117	326
September, 2023	176	131	307
October, 2023	113	83	196
November, 2023	132	110	242

December, 2023	136	81	217
January, 2024	148	80	228
February, 2024	114	58	172
March, 2024	161	99	260

In addition to the patient care services, the department also undertakes theory classes and demonstration sessions to the post graduate and diploma students of the institute as well as the visiting medical students and professionals from other academic institutions.

### **ENGINEERING CELL**

The Engineering Cell of the Institute consists of the Civil Engineering and Electrical Engineering Units. The Engineering Cell is in charge of all construction and maintenance works i.e. buildings, roads, electrification as well as repairing works in the institute. The current staff position includes one Project Engineer I/C, one Junior Engineer (Civil), one Junior Engineer (Electrical), Plumber, Electricians and other Auxiliary Staff.

### **INFRASTRUCTURE DEVELOPMENT**

The up-gradation project for development of infrastructure facilities of the institute is still under progress. The institute has signed a MoU with Central Public Works Department, Ministry of Housing and Urban Affairs, Government of India for undertaking various construction works at LGBRIMH. It is supervised by a Building Committee.





Photo: Various infrastructure development of the institute

### ESTABLISHMENT SECTION

The Establishment Section is responsible for handling all administrative tasks related to staff management. This includes recruitment, retirement, attendance, as well as managing leave and disciplinary actions. The section also handles correspondence related to the ministry and court-related matters.

#### Staff Position:

- The current staff position includes Deputy Director, Chief Administrative Officer, Administrative Officer, Assistant Administrative Officer and other supporting staff.

#### Key Achievements (2023-24):

- Published a total of 19 advertisements.
- Conducted 17 interviews for various administrative and Faculty posts.
- Successfully completed 34 recruitments in various positions.



Photos: Written test for the recruitment Exams.

### PUBLICATION CELL

#### Introduction

The Publication Cell plays an important role in smooth functioning of the institute. Publication activities specially related to publication of Annual Report was re-started in 1998. The full-fledged Information and Publication Section was introduced in the year 2007 to facilitate dissemination of information within and outside the institute.

Activities performed by the Cell:

- The publication cell looks after preparation and publication of the annual report of the Institute. The publication cell coordinates with all the departments, special services and support services to collect

and compile the Annual Report. The annual report is prepared, printed and dispatched to ministry and other organizations

- All correspondence made inside and outside of the institute is managed by the Publication Cell.
- Publication Cell showcases the achievements of the institute in newspapers with collaboration with the Media Cell of the institute.

#### Publication of News Articles in Various Newspapers and online Portal

Sl No	News title	Medium	Newspaper Name	Date of Publication
1	LGBRIMH observed Hindi Divas with programmnes in Tezpur	English	The Estern Chronicals	25 <sup>th</sup> September, 2023
2	LGBRIMH observed inauguration of Hindi Pakhwada	Hindi	Dainik Purvodoi	14 <sup>th</sup> September, 2023
3	Observation of Swachhta Abhiyan and Tree Plantation	Assamese	Amar Khabar	3 <sup>rd</sup> October, 2023
4	Observation of World Mental Health Day	English	The Sentinel	12 <sup>th</sup> October, 2023
5	Increase of Drug Addicted Patiewnt in the State (Part I)	Assamese	Dainik Asom	14 <sup>th</sup> October, 2023
6	Increase of Drug Addicted Patiewnt in the State (Part I)	Assamese	Dainik Asom	15 <sup>th</sup> October, 2023
7	Swachh Diwali Celebrate in Tezpur	English	The Sentinel	15 <sup>th</sup> November, 2023
8	LGBRIMH observed Green Diwali	Assamese	Dainik Janambhumi	15 <sup>th</sup> November, 2023
9	LGBRIMH observed Green Diwali	English	The Estern Chronicals	15 <sup>th</sup> November, 2023
10	LGBRIMH observed Green Diwali	Assamese	Asomiya Khabar	16 <sup>th</sup> November, 2023
11	LGBRIMH organized orientation programme on Mental Health	English	Eastern Chronicals	24 <sup>th</sup> November, 2023

12	LGBRIMH organized orientation programme on Mental Health	Assamese	Gana Adhikar	24 <sup>th</sup> November, 2023
13	LGBRIMH organized orientation programme on Mental Health	Assamese	Asom Kandari	26 <sup>th</sup> November, 2023
14	LGBRIMH observed World AIDS day	Assamese	EBharat	1 <sup>st</sup> December, 2023
15	LGBRIMH observed World AIDS day	Assamese	Dainik Asom	2 <sup>nd</sup> December, 2023
16	LGBRIMH observed World AIDS day	Assamese	Asom Kandari	3 <sup>rd</sup> December, 2023
17	LGBRIMH observed World AIDS day	English	The Sentinel	2 <sup>nd</sup> December, 2023
18	LGBRIMH observed World AIDS day	English	Eastern Chronicle	3 <sup>rd</sup> December, 2023
19	LGBRIMH observed World AIDS day	Assamese	Asomiya Khabar	3 <sup>rd</sup> December, 2023
20	Celebration of International Disability Day	Hindi	Dainik Purvodai	8 <sup>th</sup> December, 2023
21	Celebration of International Disability Day	Assamese	Dainik Ganaadhikar	8 <sup>th</sup> December, 2023
22	Celebration of International Disability Day	English	Eastern Chronicle	8 <sup>th</sup> December, 2023
23	Celebration of International Disability Day	Assamese	Asom Kandari	10 <sup>th</sup> December, 2023
24	LGBRIMH Observed World Social Work Day	English	Hill times	20 <sup>th</sup> March, 2024
25	LGBRIMH Observed World Social Work Day	English	The Assam Tribune ,	20 <sup>th</sup> March, 2024

26	LGBRIMH Observed World Social Work Day	Online Portal	Tezpur Buzz	20 <sup>th</sup> March, 2024
27	LGBRIMH Observed World Social Work Day	Hindi	Dainik Purvodai	21 <sup>st</sup> March, 2024
28	LGBRIMH Observed World Social Work Day	English	The Sentinel	21 <sup>st</sup> March, 2024



Photo: Various News published in Newspapers

- The cell also keeps track of the events like visits of dignitaries, academic and professional events within the institute through audio/visual means and Photography.
- This cell also collects, prepares and sends the replies of RTI applications to the applicant.
- The cell prepares the responses to the questions of the Parliament received through the Ministry of Health & Family Welfare, Govt. of India.
- The cell published all the advertisements, tender notifications etc. in local, regional and national daily newspapers through DAVP and in Employment News etc.
- The Publication Cell also coordinates with the legal matters of the institute.

The publication cell is headed by Dr. Sobhana H, Associate Professor, Department of Psychiatric Social Work.

## IT CELL

### Introduction

The IT Cell at the institute ensures seamless functioning of all IT systems and structures. From the Registration of patients, Admission, Discharge process, online classes, online meetings etc., the IT services team makes sure every IT equipment on campus runs efficiently.

### Services provided by IT Cell

- Organizing various online training programmes/meetings/conferences/ workshops for the officials and faculties.
- Providing assistance for projections in the common auditoriums/ conference halls etc.



- Troubleshooting of computers and other peripherals in various departments/sections/branches of the Institute.



- Maintenance and monitoring of NMC biometric devices.



- Monitoring of NMC IP cameras.
- Updating, monitoring & maintenance of dedicated servers for Websites, UTM Firewall of the Institute.

- Setup and Maintenance of the campus Local Area Network (LAN)/ Wi-Fi, i.e. National Knowledge Network (NKN), DTN Wistech, BSNL Broadband
- Maintain and manage all the Licensed version of software applications
- Maintain & monitor Anti-Virus for preventing the PCs, Servers, Email from unwanted malicious programs.
- Assist the administration in the procurement process of computing resources.
- System Administrative work of nextGen e-Hospital (<https://nextgen.ehospital.nic.in/home>) which includes User Id Creation/Modification and providing services to the e-Hospital user time to time.
- Time to time report analysis of mera aspataal web portal (<https://meraaspataal.nhp.gov.in/>).
- Various works such as bid creation, publication, contract order placement etc in GeM portal. Bill updating and Incident management is also done in GeM portal.
- Creation, publication & evaluation of tender and uploading of AOC in CPP portal.
- Assistance in carrying out various Online Digital Academy courses.
- Procure and maintain software required for administration and other purposes of the institute.

### **PLANNING CELL**

The Planning Cell of the LGB Regional Institute of Mental Health was formed in July 2022. Since then, the cell has actively participated in providing input into various activities of the institute.

1. The Planning Cell, in collaboration with the Department of Addiction Medicine and ATF, organized a symposium on the occasion of International Day Against Drug Abuse and Illicit Trafficking at LGBRIMH on June 26, 2023.
2. The Planning Cell, in collaboration with the Centre of Rehabilitation Services, launched a free Tele Yoga service on the occasion of International Yoga Day on June 21, 2023.
3. The Planning Cell also coordinated with and accompanied the Kayakalp Inspection team during their visit, ensuring compliance with Kayakalp guidelines.
4. The Cell managed the Swachh Diwali Subh Diwali event at LGBRIMH on November 12, 2023.
5. The Planning Cell was actively involved in reviewing the compliance of current academic programs with the standards set by regulatory bodies and the University.
6. The Planning Cell coordinated and supervised various departments in organizing workshops, lecture series, and mini-conferences on IV drug use consequences and current trends in the NE states in relation to World AIDS Day 2023.
7. The Planning Cell and NMHP team coordinated a training program for college teachers on the early identification of mental health issues at LGBRIMH, Tezpur, on March 19, 2024.
8. The Planning Cell outlined an increase in the number of extension services of LGBRIMH, including plans to extend services to the North East Region of India.
9. The Cell also took part in recruitment processes within the institute.

### **PURCHASE SECTION**

The Purchase section in hospital plays a vital role in ensuring that all departments have the necessary supplies, equipment and services to function efficiently and provide quality patient care. Procurement of goods, materials and equipment of the institute are carried out by this section in a timely and cost effective

manner. The section is headed by Purchase head and other supporting staff. Aim for developing the competencies of the department's staff as well as providing them with the needed technologies to maximize their efficiency in this field.

**ACCOUNT AND FINANCE DEPARTMENT**

The Accounts & Finance Department is engaged in providing the services pertaining to Finance, Taxation and compilation of accounts of the Institute. The main functions of the department comprise of preparation of yearly budget, receiving & utilization of grants, taxation (Income Tax & GST), pension / salary disbursements, payment all category through online (PFMS), accounts finalization, attend & settlement of audit para, coordination with ministry for settlement of various financial matters, submission of annual audit report & utilization certificate of the institute to the ministry and other financial related works of the institute. The current staff position includes Chief Finance, Accounts Officer, Assistant Accounts Officer, Accountants, UDC and LDC.

**HINDI CELL**

As per Guidelines of Rajbhasha Act, 1963 a Hindi Cell was established in the year 2015 in the institute. Compliance of Rajbhasha rules, translation of Official letters, annual report and parliamentary questions and other related works are done by the cell.

**Details of Incharge & Staffs**

Sl. Number	Name	Designation
1	Dr. Indrajeet Banerjee, Assistant Professor of PSW	I/C Hindi Cell
2	Mr. Saurabh Kumar (Resigned on 31.01.2024)	Hindi Translator
3	Mr. Dipak Timsina	Hindi Typist

**Workshop / Seminar/ Meetings Organised**

- The department organized the Hindi Pakhwada from 14<sup>th</sup> to 29<sup>th</sup> September, 2023 and Hindi Diwas was celebrated on 14<sup>th</sup> September, 2023 in the Institute. During the Pakhwada 4 competitions were organized i.e. essay completion, slogan competition, quiz competition and live quiz competition. A total of 64 participants participated in the competitions. Awards were distributed during the closing ceremony of the Pakhwada.



Photo- Organisation of Hindi Pakhwada

- The Cell organized a workshop on the topic “Rajbhasha Hindi in Official Work” in Praangon (Cafeteria building) of the Institute on 27<sup>th</sup> June, 2023. Dr. Indrajeet Banerjee, I/C Hindi Cell was the resource person.
- The Cell organized a workshop on the Topic “A brief on Official Language Rule 1976” and “Introductory Session for Praveen Course” in the Cafeteria building of the Institute on 19<sup>th</sup> September, 2023. Dr. Indrajeet Banerjee, I/C Hindi Cell & Mr. Saurabh Kumar, Hindi Translator were the resource persons.
- The Cell organised a Workshop on the Topic “Introduction of Current Official Language Programme' & “Use of Official Language on Computer” in the Cafeteria building of the Institute on 27<sup>th</sup> December, 2023. Dr. Indrajeet Banerjee, I/C Hindi Cell & Mr. Saurabh Kumar, Hindi Translator was the resource person.
- The Cell organised a workshop on the topic “Rajbhasha Shabdavali (Comments in Files)” & “Introduction Session for Praveen & Prabodh course” in the Cafeteria building of the Institute on 27<sup>th</sup> March, 2024. Dr. Kul Prasad Upadhyay, Assistant Director (OL), Tezpur University was the resource person.



Photo- Glimpses of workshops conducted by Hindi Cell.

### Meeting / Conference Attended

- Dr. Indrajeet Banerjee attended the Tezpur Town Official Language Implementation Committee meeting organised by Tezpur University, Tezpur on 12.02.2024 .

### CANTEEN

A canteen is situated near the hospital main gate for patients and guardians visiting the hospital. Another staff canteen is situated in the hospital building for staff and students.

### PRAANGON

A wellness centre for the residents in institute campus was inaugurated on 15<sup>th</sup> August, 2020 by the Director, LGBRIMH, Tezpur. The primary focus of this centre is to provide recreation facilities to the in campus residents and students of the institute with fitness equipment and indoor games.

### DIETETICS:

Diet plays a significant role in physical as well as mental health, influencing mood, cognition and overall well being. A nutrient dense, balanced diet is provided to the patients to support their mental health and wellbeing. Foods with adequate nutritional value such as eggs, fruits, pulses, milk and milk products, nuts and dry fruits etc. are included on a regular basis. All meals are prepared in the hospital kitchen. The hospital kitchen is

equipped with modern equipment and appliances such as boiler machines, dish washer, idli maker, atta kneader, braising pan, chapati puffers, refrigerators, cold storage etc. The kitchen also has the facility for storage of dry as well as fresh food items. Hygiene and sanitation are maintained while preparation and serving of foods.

In-Patients with certain physical conditions are served with special diets according to their requirements. Diabetic diet, high protein diet, soft diet, liquid diet, salt restricted diet, bland diet, etc. are some of the special diets that are being provided. Apart from dietary modification, patients are also provided with diet counseling and diet charts for different disease conditions. Dietary services are also provided in the Out-Patients diet clinic (OPD Area) to the OPD patients.

### **HOSTEL**

The Institute provides hostel accommodations for students of the institute as well as visiting students who are posted for exposure training to the various departments of the institute. At present there are 4 hostels to accommodate 200 boarders including clinical staff.

The administration of these hostels is carried out under the Hostel Superintendent who is aided by 4 Hostel Wardens and Mess Monitors.

Recreational facilities like TV with cable connection, Table Tennis and Badminton are available. The hostels have rules and regulations including anti-ragging rules that apply to all the boarders for maintenance of discipline and good conduct.

### **PUBLIC GRIEVANCE**

The institute has implemented the Sevottam model that was developed with the objective of improving the quality of public service delivery in the country. The model comprises three components. The first component requires effective charter implementation, the second requires an adequate grievance redressal system, and the third requires excellence in service delivery.

The Citizen's Charter is a written declaration by a government department that highlights the standards of service which it delivers. The institute has its own charter that enables users to know what services are available in the institute, the quality of services they are entitled to and the means through which complaints regarding denial or poor quality of services will be redressed.

The institute has its own grievance redressal system. All verbal grievances are managed on the spot of the delivery of care. In the OPD, the MRO and in the Indoor, the Matron resolves the issue in consultation with the in-charges. Every grievance is duly acknowledged with proper grievance number and expected time of redressal. The complaints should be accompanied with the proper name and address of the aggrieved person. If the matter is not resolved then it is referred to the Medical Superintendent who tries to resolve it within 30 days of referral.

The Director is the next appellate authority if the grievance is not resolved. A public task force and a steering committee exist at the apex level at the Ministry of Health & Family Welfare, Govt. of India, New Delhi for implementation of the Sevottam complaint Grievances Redressal Mechanism.

### **STORE**

The store maintains everything required for the full functioning of the institute. It provides uninterrupted services to the various user departments. It has different sections, viz. - medicines, stationary, dietetics, hygiene, electrical section and condemned materials. The store is in the process of being computerized to

facilitate enhanced services.

- Updating stock registers and fixed asset registers for items such as medicines, surgical supplies, hygiene products, stationery items, equipment, furniture, linen, printing materials, and Hospital Miscellaneous items.
- Processing demands from various departments.

### **EMERGENCY SERVICES**

The Institute provides medical services, geared to meet any emergency, from 2 P.M. to 9 A.M. The patients in need of acute care and without prior appointment are given adequate treatment without delay.

### **LINEN AND LAUNDRY**

Linen and laundry service is an integral part of the institute to ensure supply of good, clean and fresh linen to patients and prevent cross infections between patients. To maintain the health and hygiene of the patients, the uniforms of the patients and the bed linen are washed every day. Currently the hospital clothes are laundered with the help of upgraded electrical machinery.

### **SANITATION**

Sanitation can go a long way towards mitigating hospital infection. Incineration method is employed for disposal of hospital waste. The Institute aims to create a totally germ-free atmosphere. Disinfection of urinals and bathrooms are done on a regular basis under the supervision of a sanitary supervisor.

### **SECURITY**

Keeping in view of the variety of people who make up the hospital environment – patients, staff, physicians, visitors, students and so on – hospital security poses a significant challenge. Security guards are placed at key areas to check on unauthorized entry and prevent unforeseen incidents. To provide a safer environment, the security guards keep a track of all the visitors who enter the institute's campus.

### **LITIGATIONS**

The institute handles administration and patients-related litigation. The institute has a legal adviser who furnishes advice on all legal issues and addresses the same. Psychiatrists of this institute also assist the court of law as expert witnesses as and when summoned.

### **WASTE DISPOSAL**

Bio-medical waste (BMW) involves any solid, fluid or liquid waste, including its container and any intermediate product, which is generated during its diagnosis, treatment or immunization of human beings or animals, in research pertaining thereto, or in the production or testing of biological and the animal waste from slaughter-houses or any other like establishments. The waste produced in the course of health care activities carries a higher potential for infection and injury than any other type of waste. Management, handling and treatment of biomedical waste in our Institute are done as per bio-medical waste rules, 2016.

**Quantity of waste generated during the period of 1<sup>st</sup> April, 2023 to 31<sup>st</sup> March, 2024**

Yellow	608.674 kg
Red	1607.897 kg
Blue	148.235 kg
White	596.35 kg
General waste	6880.142 kg

**Disposal facilities for waste generated**

Type of treatment equipment	Number of units	Capacity	Quantity treated or disposed
Incinerators	1	10-12 kg/hour	608.674 kg
Autoclaves	1	78 liters	1756.132 kg
Shredder	1	50-100 kg	
Needle tip cutter or destroyer	14	----	596.35 kg
Sharps encapsulation or concrete pit	1	2100 x 4300	596.35 kg
Deep burial pit	1	1.2 diameter	
Any other treatment equipment	(1) ETP (2) STP 450 KLD (3) Local hypochlorite treatment plant		

# OUTREACH EXTENSION SERVICE

## Introduction

Mental Health Community Extension Service was one of the major initiatives planned & organized by the Department of Psychiatric Social Work, in coordination from Department of Psychiatry, Department of Psychiatric Nursing, and other departments. Dr. I. Banerjee, Assistant Professor of the Department of Psychiatric Social Work coordinates the Community Mental Health Services.

All the departments of the institute collaborate to conduct the clinics regularly and Mental Health Professionals form the team attending these services. The team for this community extension clinic consists of Psychiatry consultant, Senior Resident, Junior Residents, Psychiatric Social Work consultant and trainees, Clinical Psychology Consultant, Nursing consultant and trainee, and Staff of the hospital.

Psychiatric medicines and psychosocial services are provided free of cost for the patients. Referral services are provided to higher centres, as and when needed by the team. Apart from therapeutic services, a team also conducts awareness activities for prevention, promotion, and rehabilitation of the psychiatric patients. The team also addresses the caregiver issues like misconceptions regarding illness and treatment compliance, care burden, need of support and issues of expressed emotions. Information regarding the process of getting disability certificates and various Govt. schemes are provided in these group awareness programs.

Awareness activities on hygiene, as part of the Swachata Abhigyan Mission, are also conducted in all Community Mental Health Camp throughout the year by PSW team along with Nursing personnel. Awareness on physical hygiene, segregation of waste, hand washing, prevention of open defecation, is discussed during the meetings. The feedback regarding the community needs and how to improve the services used to be discussed with stakeholders.

## The ongoing regular outreach services are –

- **Sootea Extension Clinic:** Sootea PHC extension service was started in 2007. The Extension Clinica at Biswanath Chariali Civil Hospital that was started in 2001 was amalgamated with Sootea service in 2013. Thereby, the clinic is held regularly on the second and fourth Thursday of every month.
- **Jakhalabanda Extension Clinic:** Jakhalabanda extension clinic was started in February, 2011. The clinic is scheduled on third Saturday of every month.
- **Missionaries of Charity Extension Clinic:** This service was started in 2007 at the Missionary of Charity, Tezpur. It is scheduled on the first Wednesday of every month.

## New Camps

- **Dhula** Regional Physically Handicapped Development Association, Darrang: This service was started in June, 2023. It is scheduled on the first Tuesday of every month.
- **Gram Vikash Parishad, Nagaon:** This service was started in June, 2023. It is scheduled on the third Wednesday of every month.

**Total Patients at Community Extension Clinic in the five Extension camps from April 2023 to March 2024**

	Missionaries of Charity		Sootea PHC 1 <sup>st</sup>		Sootea PHC 2 <sup>nd</sup>		Jakhalabandha PHC		Dhula		Nagaon		Total	
April	-	49	5	115	7	123	0	42	-	-	-	-	341	
May	-	49	5	107	6	135	0	61	-	-	-	-	363	
June	-	49	6	96	6	111	0	65	-	11	-	46	489	
July	-	49	10	117	14	146	0	51	20	31	40	27	505	
August	-	50	8	110	10	157	2	62	24	69	70	45	607	
September	-	49	8	124	12	95	2	54	90	62	6	11	613	
October	1	48	2	116	5	127	1	58	50	47	12	10	573	
November	1	49	5	139	8	165	2	56	52	57	30	11	677	
December	-	50	3	116	12	170	1	59	30	67	13	11	632	
January, 2024	-	49	-	104	18	130	2	65	44	67	17	11	613	
February, 2024	-	50	5	89	7	207	1	56	59	10	23	14	738	
March, 2024	-	50	12	8	180	3	63	1	10	6	48	148	741	
	2	591	17	124	8	1	285	1569	74	630	47	65	83	6892

During the year from April, 2023 to March, 2024, 68 camps were organized and 6892 patients had attended the services.



Photo- Community Extension Clinic

# Youth Wellness HUB: Centre for Psychological Care & Mental Health Promotion among Youth

## Introduction:

Youth Wellness HUB (YWH) is a low-cost, sustainable, youth-led, innovative initiative with the twin objectives of promoting mental health and wellbeing, and destigmatizing mental health challenges among school/college-youth. It is currently being mentored and managed by the Department of Clinical Psychology of LGBRIMH.

Marking the beginning of its journey with World Mental Health Day in Oct 2018 (*Theme of the year: Young People and Mental Health in a Changing World*), this youth-centric mental wellness centre was created as a distinct space within the century-old mental health institute campus. Implementing innovative ideas, sensitive to local culture and ethos, is achieved through creating safe-spaces for conversations, reflections and actions for the youth, by the youth.

## HUB's Flagship programs:



**Table-1: Brief descriptions of Flagship programs of YWH**

<i>Flagship Programs</i>	<i>Description</i>
<i>Youth Meet</i>	YWH has kept its doors open to any adolescents and college-youth for <b>walk-in one-session meetings on Saturdays</b> who are experiencing some mental health challenges/stress. Breaking away from the traditional counselling structure of problem -focused expert ‘advice -giving’ to youth, these Youth Meets create a <b>‘deep listening safe space’ to co-create a two-way, resilience -focused therapeutic conversation</b> . It also provides a space for mental health trainees of the institute to create more opportunities for therapeutic conversations and to share the space with other youth as a part of their training course.
<i>Youth Adda</i>	The objective is to create <b>an informal space for youth to respectfully listen, reflect, discuss and engage creatively with each other in smaller groups</b> around issues important to their lives and wellbeing. Conducted by sitting together in circles, Youth Adda’s intention is to <b>create a safe space for sharing without shaming or blaming and a sense of solidarity for each-other.</b>
<i>Out-reach Program</i>	YWH tries to create a safe space for discussion, engagement and fun <b>activities outside institute campus</b> for those who are not able to reach out to YWH. <b>Spreading awareness about mental health</b> and to publicize the existence of YWH are other agendas of these kinds of programs.
<i>Wellness Enrichment Programs</i>	Recognizing the shrinking space of wellness in our daily lives due to our busy schedule, YWH organizes <b>diverse events on Saturday</b> which includes music, songs, movies and even interesting lectures. Children’s book reading, nature-walks and art-activities are common features of these programs.
<i>Co-development of Youth Resources</i>	YWH aims at co-creating a Youth Resources Centre to <b>store the knowledge and skills of youth by preserving and exhibiting their stories, poems, photographs, paintings, pottery, crafts, wall art etc</b> . YWH believes that every youth is an ‘expert by experience’ and that their knowledge, skills and wisdom could be pooled to create ‘living documents’ for others to benefit from it.
<i>Inviting wellbeing through Swachhta Initiative</i>	As YWH looks for every possible opportunity to incorporate an element of wellness in its youth-engagements, it creatively conducts swachhta programs from time to time, focusing on both <b>fun and awareness-building about cleanliness and sustainable living.</b>

<b>Field Visits and Exposure Programs</b>	YWH curates one-day/half-day <b>interactive workshops</b> for youths visiting from various institutions in order to witness the guiding-ideas, ongoing journey and methods of youth -engagements utilized by YWH and to co-create possibilities of implementing some of them in their particular contexts.
<b>Collaborative Community Building Initiatives</b>	With the idea of expansion and building resources in the community for promotion of well-being, YWH has attempted to <b>collaborate with various other individuals and collectives</b> to create a space for <b>exchange of ideas</b> as well as <b>co-create programs</b> revolving around community needs and resources.

**Table 2: List of activities conducted at YWH in 2023-24**

<b>Month</b>	<b>Event Description</b>
<b>April 2023:</b>	<ol style="list-style-type: none"> <li>1. Engaging with visitor Susanna Lama (music therapist) in conversations around music and art therapy and its role in a child's life in helping them to overcome certain difficulties.</li> <li>2. On the theme of 'Swachhta &amp; Sustainable Living', Youth Wellness HUB organized an interactive evening marking the closing day of Swachhta Pakhwada at LGBRIMH, Tezpur.</li> <li>3. Engaging a group of nursing interns from West Bengal in activities and conversations about the concept of wellness for self and awareness for youth.</li> <li>4. Engaging with interns from Central University of Karnataka in discussions of their own relationship with mental health as well as role and expectations in the profession.</li> <li>5. Visitors Ankit and Debojit (local visual artists) in youth adda to learn more about the freedom found through art and related self-exploration.</li> </ol>
<b>May 2023:</b>	<ol style="list-style-type: none"> <li>1. Engaged with interns from Gauhati University (1st batch) in activities with the theme of finding refuge in nature and included mindful nature walk and creating sustainable art from natural things.</li> <li>2. Engaged with interns from Gauhati university (2nd batch). The session revolved around summer nostalgia with childhood summer games, reading sessions and reflection of ideal summer vacation.</li> <li>3. Received youth visitors Aparupa and Shatarupa. Discussions happened around mental health in educational systems and awareness among students.</li> <li>4. Engaging kids in book reading and art sessions. Kids from the campus of LGBRIMH were engaged in an impromptu session as they visited the book library in YWH.</li> </ol>

<p><b>June 2023:</b></p>	<ul style="list-style-type: none"> <li>● Celebrating World Environment Day in collaboration with the Child and Adolescent Psychiatry unit with the theme of reconnecting with Mother nature. Children from CAP OPD as well as indoor were engaged in short play, followed by book reading and curated game and art session.</li> <li>● Visitors of Youth Wellness Hub reconnected with nature outside and within in an Afternoon 'Healing' Adda. Led by Nitin Das, a forest healing practitioner and Susanna Lama, an arts -based therapy practitioner, the visitors enjoyed different ways of listening to nature and engaged in art and movement as ways of expressing self-love.</li> <li>● Engaging interns from Rajib Gandhi University on the theme of diversity around us. They were engaged in a book reading session followed by art activity on the same theme.</li> </ul>
<p><i>In view of official notification of renovation and construction work in and around the buildings used for Youth Wellness Hub, activities in Hub premises were discontinued since June 2023. However, for specific engagements with interns and trainees of the Dept. of CP as well as meeting up with enthusiastic visitors dropping in to hub from time to time, space in the department was utilized from July onwards.</i></p>	
<p><b>July 2023:</b></p>	<ul style="list-style-type: none"> <li>● Engaging interns from Rajib Gandhi University on Changing Narratives or Welcoming Alternative Perspectives. They were engaged in nature art and as well as story sharing to alter the already familiar narratives.</li> <li>● Meeting up with visitors Shabani and Janaki (Environmentalism &amp; film - maker)</li> <li>● Engaging interns from Cotton University in reflective conversation and activities to understand the role of destiny and uncertainty in life.</li> <li>● Evening adda with youth visitors Rimli and Abhishek with conversations around struggles of relationship and mental health. Also, reflections around creative expressions helping to de-stress took place.</li> </ul>
<p><b>September 2023:</b></p>	<ul style="list-style-type: none"> <li>● On the eve of World Suicide Prevention Day, members from the Department of Clinical Psychology came together for a peer-led discussion. This was an effort by YWH to highlight the important role peers play in creating a safe and open space for dialogue. The theme was Conversation of Care: A space for Peer Led Discussion.</li> <li>● Evening activity with trainees of Dept. of CP was organized to help them express and process their relationship with worry. A reflective dialogue ensued on how each individual copes with worries.</li> </ul>

<b>October 2023:</b>	<ul style="list-style-type: none"> <li>Youth visitors Sreeja and Rangjalu shared their stories ups and downs with mental health. One shared about finding space in poetry and art work to creatively express themselves on the other hand another finding peace in re-defined relationship with animals.</li> </ul>
<b>January 2024:</b>	<ul style="list-style-type: none"> <li>YWH in collaboration with Department of CP organized a one-day campus visit on 31<sup>st</sup> January,2024 for 50 UG students of Pachunga College, Mizoram. Insightful conversation around mental health issues in the youth of NER, especially Mizoram was taken forward through group activities.</li> </ul>
<b>February 2024:</b>	<ul style="list-style-type: none"> <li>Online conversation with Chetna and Sandra, members of Vartmaan organization around global mental health and possibilities of building community intervention initiatives enhancing community involvement.</li> <li>Conversation with Nandini, wildlife biologist and Salil, community musician around human-animal interaction, changing narratives around training elephants and mental health of elephant riders.</li> <li>Engaging in conversation with Aarthi from Parivartan trust to reflect on the inter-dependent relationship of faith and treatment, understanding experience-near languages and making the socio-cultural context visible.</li> </ul>
<b>March 2024:</b>	<ul style="list-style-type: none"> <li>Engaging in adda with Vandana and Debashish, documentary film-makers, around different ways of storytelling and preservation of culture and heritage through documentation and how the story of people become the story of the place.</li> <li>Conversation with Seemanta, Green hub alumni and Pranav, documentary filmmaker, around possibilities of capturing childhood nostalgia through traditional games and play followed by anecdotes from the life of a documentary filmmaker.</li> <li>As resource persons, the team participated in an online workshop for teachers of different colleges in West Bengal. The session was titled as 'Teaching as Resonance: Narrative Practices in Education' combining experiences of teaching and mental health of teachers.</li> </ul>

**Table 3: Core team of YWH**

Designation	Name	Qualifications
Coordinator <i>(In-charge)</i>	Diptarup Chowdhury	M.Phil. & PhD in Clinical Psychology (NIMHANS)
Core-team	Sucheta Roy, Ershad Hussain & Yukta Mehdiratta	M.Phil. in Clinical Psychology (LGBRIMH), Currently pursuing PhD @ LGBRIMH
HUB volunteers	M.Phil. (Clinical Psychology) trainees of LGBRIMH posted at YWH from time to time	

**Table-4: Social Media platforms of HUB**

<b>Facebook</b>	<a href="https://m.facebook.com/LGBRIMH/?ref=bookmarks">https://m.facebook.com/LGBRIMH/?ref=bookmarks</a>
<b>Instagram</b>	<a href="https://instagram.com/youth_wellness_hub?igshid=1a3nfqxssp3fc">https://instagram.com/youth_wellness_hub?igshid=1a3nfqxssp3fc</a>
<b>YouTube</b>	<a href="https://www.youtube.com/channel/UCxZjxGIX_Hh2rk5UL323ZtQ">https://www.youtube.com/channel/UCxZjxGIX_Hh2rk5UL323ZtQ</a>
<b>Webpage</b>	<a href="http://lgbrimh.gov.in/ywh.html">http://lgbrimh.gov.in/ywh.html</a>



**Snapshots and posters of some of the activities of HUB**



**Conversation of Care:  
A space for peer-led discussion**

*On the eve of World Suicide Prevention Day, we invite you to join us for an open dialogue to create a more compassionate space for each other.*

Date: 9th September 2023 (Today)  
Time: 1.45 - 5.15 pm  
Venue: Youth Wellness HUB



**Youth Wellness HUB, LGBRIMH**

CELEBRATES  
**SWACHHTA & SUSTAINABLE LIVING**

APRIL 15, 2023 | 3-5 PM at Youth Wellness HUB

**Events**  
Short film screening, Art & craft workshop & Fun Games

**Participants:**  
Children of staff members and trainees  
**For Free Registration**  
Whatsapp at 6901020199 with your name, age, parents name & phone number ( for children 7 years and above & course ( for trainees).  
Latest by 12 pm of 15th April 2023



**An Afternoon  
'Healing' Adda**

ORGANIZED BY YOUTH WELLNESS HUB

COME JOIN US FOR AN EXPERIENTIAL SESSION OF HEALING FOREST AND HEALING RHYTHM WITH NITIN DAS & SUSANNA LAMA

**Date & Time:**  
10th JUNE, 2023, SATURDAY  
3.15-5.30 PM

**Free Registration!**  
WHATSAPP AT 6901020199 BY 10th JUNE, 12PM

**Venue:**  
ADDAGHAR  
YOUTH WELLNESS HUB, LGBRIMH



## RESEARCH APPROVAL COMMITTEES

### Institutional Ethics Committee (IEC)

The IEC is established to formalize and specify the Institution's commitment to the promotion of high scientific and ethical standards in research conducted at LGBRIMH by valuing community interests. The purpose of the IEC is to cultivate a pluralistic and democratic exchange of scientific and ethical values and concerns, and to critically analyze them while looking for opportunities to enhance the scientific and ethical integrity of the Institution. One of the main purposes of IEC is dissemination of ethical information and making the environment research friendly for the students, faculties and researchers. Making everyone aware of the responsible code of conduct of research is also one of the main purposes of IEC. The members were reconstituted in December, 2019 and got its registration with the Department of Health Research, Ministry of Health and Family Welfare, Government of India on 27<sup>th</sup> May, 2020. The Committee provides advice to the researchers on welfare and safety aspects of the research participants after the assurance of scientific soundness of the research.

It accepts research proposals reviewed by various scientific committees within the Institute and outside.

### Roles and Responsibilities of the IEC:

- The Committee's primary responsibility is to determine the scientific and ethical validity of the research and the protection of the safety, rights, dignity, wellbeing and confidentiality of the research participants.
- Participate in the IEC meetings and ensure ethical conduct of research with confidentiality agreement.
- Review and discuss research proposals assigned for evaluation through competent initial and continuing review of all scientific, ethical, medical and social aspects of research proposals received by it in an objective, timely and independent manner by attending meetings, participation in discussion and deliberations.
- Ensure that universal ethical values and international scientific standards are followed in terms of local community values and customs
- Assist in the development and education of the research community in the institute (including researchers, clinicians, students and others), responsive to local healthcare requirements.
- Responsibilities of members should be affirmed appropriately as mentioned in the SOPs given at the time of their appointment.
- Ensure that privacy of the individual and confidentiality of data including the documents of EC meetings is protected.
- Reviews progress reports, final reports and AE/SAE and gives needful suggestions regarding care of the participants and risk minimization procedures, if applicable.
- Recommend appropriate compensation for research related injury, wherever required.
- Declare conflict of interest, if any, to the Chairperson.
- Carry out work delegated by the Chairperson.
- Participate in continuing education activities in biomedical ethics and biomedical research.
- Provide information and documents related to training obtained in biomedical ethics and biomedical research to the IEC secretariat

The composition of Institute Ethics committee is as follows

Chairperson	- Syed Eske Alam
Member Secy.	- Dr. Diptarup Chowdhury
Affiliated members	- Dr. Jyoti Hazarika - Dr. Sobhana H - Dr. Vijay Gogoi - Dr. P. Abhishek
Non Affiliated Members	- Dr. Chandan K Sarma - Dr. Pinaki Chakravarty - Dr. Salmi Jahan - Dr. Joy Shankar Hazarika

IEC meetings were held three times during the year of report, on 23<sup>rd</sup> June, 2023, 26<sup>th</sup> July 2023 & 13<sup>th</sup> September 2023.

#### **Faculty Research Committee (FRC) and Research Advisory Committee (RAC):**

The Ph. D. programmes of the Institute are guided and mandated by the Ph.D. Regulation 2016 of Gauhati University. The first FRC was formed in 2017 when the Ph. D. programmes were started with approval from Gauhati University. FRC is formed in Sister Institutes affiliated to Gauhati University, in place of the Departmental Research Committee (DRC).

The FRC was chaired by the Director of the Institute and the Convener is the Dean of Faculty of Medicine and Allied Health Sciences FM & AHS), Gauhati University. The FRC was reconstituted as per the PhD Regulations 2023 and the Dean, FM & AHS, was declared as Chairperson cum Convener, with effect from 29<sup>th</sup> September, 2023. All the Heads of departments of the Institute and the approved Ph. D. guides in the institute are the members of FRC.

Each scholar of Ph. D. is supervised and advised by a Research Advisory Committee (RAC).

All Ph. D. research proposals have to be approved by the FRC before it is sent to IEC and the University. After obtaining permission from the FRC and approval of IEC, the approved Ph. D. proposals are then submitted to the Ph. D. Committee and Research Council at Gauhati University for final approval. All proposals go through the Provisional and Final Registration process in the University. The Scholars also need to do Final Registration Seminars and Pre -Submission Seminars at stipulated time as per the progress of research work. Total 12 research proposal were examined by FRC during 2023-24.

There were three (3) FRC meetings during the reporting year. The FRC meetings were held on 31<sup>st</sup> May, 2023, 5<sup>th</sup> October, 2023 and 9<sup>th</sup> January, 2024.

#### **Scientific Advisory Committee:**

The Scientific Advisory Committee of LGBRIMH has been constituted with the Heads of the various academic departments of Psychiatry, Psychiatric Social Work, Psychiatric Nursing and Clinical Psychology for the scientific vetting of research related activities. The thesis and dissertation protocols that are part-

fulfillment for the award of all P.G. and M. Phil. degrees and any other research in Academic Departments are screened by this Committee to ensure scientific rigor in research as per the International Scientific Standards. In this session three Scientific Advisory Committee (SAC) meeting were held on 05<sup>th</sup> April, 2023, 7<sup>th</sup> June, 2023.

## SPECIAL FUNCTIONARIES

### Right to Information Act, 2005

The Right to Information Act, 2005 mandates timely response to citizen requests for government information. To implement this Act the institute nominated the Appellate Authority, Public Information Officer and Assistant Public Information Officer to provide the information desired by different appellates.

The following table shows the number of RTI application received and replied during the session:

Sl. Number	Number of RTI Application	Reply	Transfer
1.	49	49	0

### Parliamentary Questions

Parliamentary Questions are one of the important procedural devices that empower Members of the Parliament to elicit factual information from the Government on a matter of public interest. As an autonomous institute funded by the Govt. of India, Ministry of Health and Family Welfare, the Institute provides replies to the parliamentary questions from members of the Lok Sabha and Rajya Sabha as forwarded by the Ministry. We receive the Parliamentary Questions which are categorized as Starred, Unstarred and Short Notice Questions. In the session April, 2023 to March, 2024, the Institute provided answers to a total of **82** Lok Sabha and Rajya Sabha Questions to the Ministry as desired.

## SPECIAL COMMITTEES

### Women's Committee

The Women's Committee of the Institute looks after any grievances filed by women employees and patients. It functions as Internal Complaints Committee for women specifically and matters related to the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 are taken up by the Committee. Two cases of sexual harassment have been registered so far. Enquiries were conducted and redressed as per rules.

At present the Women's Committee Cell is Chaired by Dr. Sonia P Deuri, Head and Professor, Department of Psychiatric Social Work and the Member Secretary is Dr. Bondana Timungpi, Associate Professor, Department of Child and Adolescent Psychiatry. The committee has members from all major categories of staff.

ICC was constituted in place of WCC with effect from 18<sup>th</sup> August, 2023. Dr. Sobhana H is the Chairperson and Dr. Bondana Timungpi is the Member Secretary. This committee has 6 members once of which is an external member.

ICC held three meetings during the said period. There was one complaint which was enquired upon by the committee. Report of the enquiry was submitted to the administration

### Anti-Ragging Committee

The institute has constituted an Anti-Ragging Committee and an Anti-Ragging Squad for the redressal of complaints of ragging raised by students. No complaints have been registered so far. Director, LGBRIMH, Tezpur is the Chairperson of the Anti Ragging Committee.

- Anti-ragging oath taking was conducted for the students and scholars at the class room in 3<sup>rd</sup> floor of academic building on the 18<sup>th</sup> of August 2023.



- Anti ragging awareness program for the students of LGBRIMH was organised on the 3<sup>rd</sup> of November 2023. The program was organised at 3<sup>rd</sup> floor classroom of Academic building of LGBRIMH.



Photo: Anti Ragging awareness programme on 03.11.2023

## SWACHH BHARAT MISSION

As a commitment to Swachh Bharat Mission announced by Hon'ble Prime Minister Mr. Narendra Modi, the Institute celebrated the Special Swachhta Drive throughout the year. The institute organized various activities under Swachh Bharat Mission during the session April, 2023 to March, 2024. The various activities organized by different departments under Swachh Bharat Mission are as follows:

### Department of Psychiatry:

- Swachhta Pakhwada pledge taking on 1<sup>st</sup> April, 2023



- Awareness activity on Swachhta on 4<sup>th</sup> April, 2023



- Demonstration of Hand washing as a part of cleanliness drive in female ward, indoor section and also cleaning of male ward on 6<sup>th</sup> April, 2023



- As a part of Swachhta Pakhwada, poster making and display was conducted by the students of department of Psychiatry on 11<sup>th</sup> April, 2023 in front of OPD sitting area.



- As a part of Swachhta Pakhwada, a painting competition among patients was organized by the department of Psychiatry on 13<sup>th</sup> April, 2023 at OPD classroom.



### Department of Addiction Medicine

- Isolation barrier Nursing training for ward-staff
- BMW segregation/ collection training program
- Uses of Mask types and disposal
- Hand Hygiene and sanitization training
- Awareness Program for Patients and family on General waste segregation
- Hypochlorite solution preparation training
- Training on spill management
- Needle-stick injury and management
- Decontamination of cleaning and medical equipment
- Training on the use of PPE



## Department of Psychiatric Nursing:

### Various Programmes organized by the Department under Swachh Bharat Mission:

Date	Activity	Target group	Resource person
21.04.23	Proper segregation, collection and distribution of linen	Laundry staff	Mrs. Basanti Kumsing & Mrs. Sureya Ahmed
28.04.23	Universal safety precaution.	Nursing staff	Dr. Nurnahar Ahmed & Mrs. Chitra Bora
12.05.23	Importance of hand hygiene & techniques	Nursing staff	Mrs. Esther George
26.05.23	Importance of hand hygiene & techniques	Cleaner staff	Mrs. Esther George
02.06.23	Universal safety precaution.	Nursing staff	Dr. Nurnahar Ahmed & Mrs. Chitra Bora
09.06.23	Universal safety precaution.	Keeper staff	Mrs. Chitra Bora & Dr. Pallavi Talukdar
23.06.23	Universal safety precaution.	Cleaner staff	Mrs. Chitra Bora & Dr. Pallavi Talukdar
07.07.23	Handling and segregation of biomedical waste	Nursing staff	Mrs. K. Reena Devi & Mr. Sandeep Kollipara

## Department of Psychiatric Social Work

- The department organized awareness programme on Swachhta Pakhwada on 13<sup>th</sup> April at Parivartan, Gutlong, Tezpur by Centre of Rehabilitation Services. Resource persons were- Ms. Athlerine Horo, PSW and Mr. Mrinal Basumatary, Ph.D Scholar.



Photo: Awareness programme on Swachhta Pakhwada at Parivartan, Gutlong, Tezpur

- Hospital (IPD) Awareness activities on Special drive 2.0 Swachta were held when directed. Two programmes were conducted: 1. Awareness program on “Violence management person with Mental Illness.” on 19/07/2023, & 2. Awareness on “Welfare benefits Person with Mental Illness.” on 29/07/2023 participated by Ms. Buli Nag Daimari (Organizer), Ms. Nikumoni & Mr. Victor.



Photo: Awareness activities on Special drive 2.0 Swachta

- The Department organized poster-making competition as part of the Swachh Bharat Mission on the 25<sup>th</sup> October, 2023.



Photo - Poster-making competition



Photo – Swachhta Pledge

- The Department conducted a space-planning activity as part of the Swachhata Program on 10<sup>th</sup> October, 2023 to increase working space.



- The Department organized a street play on cleanliness as part of the Swachhata 3.0 initiative on 12<sup>th</sup> October, 2023.



### Department of Clinical Psychology

- Other activities undertaken at department are as follows:

Sl.No	Date	Activity
1	3 <sup>rd</sup> October 2023	Space Planning to increase working space
2	5 <sup>th</sup> October 2023	Identification of obsolete files
3	10 <sup>th</sup> October 2023	Cleanliness Activity (Department of Clinical Psychology)
4	12 <sup>th</sup> October 2023	Cleanliness Activity (Youth Wellness Hub)
5	17 <sup>th</sup> October 2023	Identification of obsolete files
6	19 <sup>th</sup> October 2023	Cleanliness Activity (Youth Wellness Hub)
7	24 <sup>th</sup> October 2023	Space Planning to increase working space
8	26 <sup>th</sup> October 2023	Cleanliness Activity (Class Rooms)
9	31 <sup>st</sup> October 2023	Identification and disposal of scrap
10	21 <sup>st</sup> December 2023	Cleanliness Awareness Activity organized at block E (Female Ward)
11	28 <sup>th</sup> December 2023	Cleanliness Activity at Youth Wellness Hub

12	4 <sup>th</sup> January 2024	Decluttering
13	11 <sup>th</sup> January 2024	Cleanliness Activity under Special Campaign 3.0 for institutionalizing Swachhta and Minimizing Pendency in Government Offices
14	19 <sup>th</sup> January 2024	Cleanliness Activity: OPD: Room Number 6.
15	25 <sup>th</sup> January 2024	Cleanliness Activity: Office Desk Matters
16	1 <sup>st</sup> February 2024	Decluttering and organization of workspaces
17	8 <sup>th</sup> February 2024	Cleanliness activity on the theme of 'Ergonomic Organization of Workspaces'
18	15 <sup>th</sup> February 2024	Cleanliness Drive
19	22 <sup>nd</sup> February 2024	Cleanliness activity (YWH)



**STORE OFFICE**

- Cleanliness drive done at area of Medicine store and General store



- Cleanliness Drive at Hygiene Store



- Cleanliness drive at Junk Room.



- Cleanliness drive at Store Office.



## EVENTS AND FESTIVALS

### Republic Day and Independence Day Celebrations

Independence Day was organized in the Administrative Building complex of the Institute. The national flag was hoisted by Dr. S. K. Deuri, Director, LGBRIMH, Tezpur. All the faculties, staff, and students of the institute participated in the programme.

The Republic Day celebration was organized in the Administrative Building complex of the Institute. Dr. S. K. Deuri, Director, LGBRIMH, Tezpur hoisted the nation flag and delivered a talk on the occasion. All the Faculties, Staff, students of the institute participated in the celebrations.



Photo: Independence Day celebrations



Photo: Republic Day flag hosting

**Celebration of International Yoga Day and Inauguration of Teleyoga Service:** The LGBRIMH, Tezpur celebrated the 9<sup>th</sup> International Yoga Day on the theme "Yoga - Vasudhaiva Kutumbakam" with the inauguration of the Tele-Yoga service at the LGBRIMH, Tezpur.

The inauguration ceremony of the Tele-Yoga services and International Yoga Day started with a welcome address by Dr. Hemanta Dutta, Deputy Director, LGBRIMH, Tezpur, who spoke about the importance of Yoga and how Tele Yoga services would help individuals other than indoor patients of the institute for their mental and physical well-being this was followed by the lighting of the lamp by all dignitaries.

Dr. Jyoti Hazarika, Medical Superintendent of LGBRIMH, talked on Yoga as a preventive medicine for sound mental and physical health.

It was followed by a speech from Mr. Prithiraj Rabha, Hon'ble MLA, Tezpur Legislative Assembly, who was present as the Chief Guest for the inauguration of the Tele Yoga Service. He talked about the origin of Yoga

and its vital role in an individual's life. He applauded the positive step taken by the Honble Prime Minister of India Shri Narendra Modi to celebrate this day throughout the length and breadth of India. He stressed on the importance of practicing the Yoga asanas under a yoga instructor. He requested the audience to promote the newly launched services amongst masses. The Hon'ble MLA urged all to practice yoga for the benefit of physical and spiritual wellbeing.

Dr. S. K. Deuri, Director, LGBRIMH, Tezpur, spoke on the importance of Yoga in aspects of mental health and day-to-day life. He also informed about the Tele Yoga service launched by the institute for the greater benefit of society. He also discussed LGBRIMH's proposed centre for yoga studies and related healing practices which would have a platform for Yoga to be studied in a scientific and methodological manner.

Vote of thanks was given by Dr. Sobhna H., Associate Professor, Psychiatric Social Work, and In-charge Centre for Rehab Sciences, LGBRIMH. The programme concluded with the National Anthem.



**Photo:** Celebration of International Yoga Day and Inauguration of Teleyoga Service

The Tele-Yoga service of LGBRIMH, Tezpur started from June 22, 2023, under the supervision of the Centre for Rehabilitation Sciences, LGBRIMH, Tezpur.

### **World Mental Health Day**

On the Occasion of World Mental Health Day, on 10.10.2023, LGB Regional Institute of Mental Health, Tezpur organized various awareness activities in the Indoor and outdoor section of the hospital on the topic "Mental health is a universal human right," On the occasion of the World Mental Health Day awareness programs in OPD among patients and caregivers were organized. The programs highlighted the importance of mental health and the basic rights of patients with mental illness followed by interaction with the patients and caregivers. Various posters reflecting the rights of persons with mental illness were also displayed. In the indoor section various awareness programmes on issues occurring due to mental health, rights of the persons suffering from mental illness etc was discussed among the patients and caregivers of the patients admitted in the indoor section of the hospital. All the faculty members, trainees and staff of the institute participated in the programmes organized in the institute.



**Photo-** World Mental Health Day

## Other Celebrations

Keeping in mind the decade old tradition of observing various spiritual and religious activities, the campus observed Durga Puja and Saraswati Puja. Staff and their families as well as Patients and their accompanying family members took part in the events.



Photo: Observance of Durga Puja in Institute premise

## World AIDS Day Celebrated

LGB Regional Institute of Mental Health, Tezpur, organized a one-day conference / symposium on the occasion of World AIDS Day on 1<sup>st</sup> December, 2023, on the theme “*HIV in Substance Users: Remember the link and commit to prevention.*” Dr. H. Dutta, HoD, Dept. of Addiction Medicine & Deputy Director, LGBRIMH welcomed all the resource persons and dignitaries who attended the programme in online and offline modes. Prof. (Dr.) Karuna Hazarika, Principal cum Chief Superintendent, TMCH, Tezpur, and Prof. (Dr.) Atul Ambekar (virtually), Professor, NDDTC, AIIMS, New Delhi, delivered the lectures as special guests. Prof. (Dr.) Atul Ambekar spoke on the vulnerability to HIV in North East India among the persons who take drugs. He also highlighted the present scenario of North East Region regarding prevention of AIDS. Prof. (Dr.) Karuna Hazarika in his address raised the issues of stigma and social behavior towards the patients living with HIV/AIDS. Dr. S. K. Deuri, Director, LGBRIMH, Tezpur, spoke on the role of community in prevention and management of HIV AIDS as per the theme of WHO “Let communities lead”. Dr. J. Hazarika, Medical Superintendent, LGBRIMH, Tezpur spoke about the trends of HIV/AIDS in Assam in last three years and on the need of counseling for persons living with HIV/AIDS. Technical session on the topic of WHO perspective on substance use and HIV was conducted by Dr. Atreyi Ganguli, National Professional Officer, WHO Country Office India. The chairpersons of the session were Dr. Sonia P. Deuri, Dean, Faculty of Medicine and Allied Health Sciences, GU, and Prof. and Head, Department of Psychiatric Social Work, LGBRIMH, Tezpur, and Dr. Soumitra Ghosh, Prof. and Head, Department of Psychiatry, Tezpur Medical College and Hospital, Tezpur, Assam. Dr. Himashri Bhattacharyya, Associate Prof. Community & Family Medicine, AIIMS, Guwahati delivered the lecture on the topic HIV and Substance Use Disorder, the Epidemiological Link. Dr. Rajesh Sagar, Prof. & Head, Department of Psychiatry, All India Institute of Medical Sciences, New Delhi, and Dr. Manjit Boruah, Dept. of Community Medicine, Kokrajhar Medical College and Hospital, Kokrajhar, Assam, were chairpersons. Dr. Vikramjeet Dutta, Associate Professor, Dept. of Microbiology, Vardhaman Mahavir Medical College and Safdarjung Hospital, New Delhi spoke on HIV screening-overview of serological testing. Dr. Syed Tanwir Alam, Associate Prof., Department of Microbiology, Gauhati Medical College, Guwahati, Assam, and Dr. Mayuri Gogoi, Dept. of Microbiology, Tezpur Medical College, and Hospital, Tezpur, Assam chaired the session. Dr. Ravindra V. Rao, Professor NDDTC, All India Institute of Medical Sciences, New Delhi delivered a talk on Commit to manage HIV in

the population in substance use disorder. Dr. Kamala Deka, Prof. & Head, Department of Psychiatry, Jorhat Medical College, Jorhat, Assam, and Dr. Kangkan Pathak, Prof. & Head, Department of Psychiatry, LGBRIMH, Tezpur, Assam were the Chairpersons. Mr. Birinchi Borah, Additional Superintendent of Police, Crime Branch, Sonitpur, spoke on the Legal aspect of illicit drug use in the society. An open quiz was conducted among the participants of the programme by Dr. Juhi Gupta, Asst. Prof. of Psychiatry, LGBRIMH, Tezpur. Dr. Jadab Kishore Phukan, Asst. Prof, Department of Biochemistry, LGBRIMH, Tezpur delivered the vote of thanks. All the faculty members, students, staff, media personnel and invitees were present in the programme through physical and virtual mode.



Photo: Observation of World Aids Day

## IMPORTANT MEETINGS



Photo: A meeting with Dr. Mansukh Mandaviya, Hon'ble Minister for Health and Family Welfare, Government of India at at NEIGRIMS Shillong on 14<sup>th</sup> October, 2023.



Photo: Dr. Hemanta Dutta, Associate Professor, Psychiatry and Nodal Officer, Ministry of health and Family Welfare, Govt. of India (NE Regional) attended the Rozgar Mela at Guwahati on 13.04.2023.



Photo: Dr. Hemanta Dutta, Associate Professor, Psychiatry and Nodal Officer, Ministry of health and Family Welfare, Govt. of India (NE Regiona) attended the Rozgar Mela at Dimapur on 26.09.2023.



Photo: Dr. Hemanta Dutta, Associate Professor, Psychiatry and Nodal Officer, Ministry of health and Family Welfare, Govt. of India (NE Regional) attended the Rozgar Mela at Dimapur on 28.10.2023.

## DISTINGUISHED VISITORS

Every year LGBRIMH is visited by distinguished guests. This year we had six visitors.



Photo: Dr. Rajesh Sagar, Professor (Psychiatry), AIIMS, New Delhi visited the Institute 26.04.2023 & 27.04.2023



Photo: His Excellency Honorable Governor of Assam Shri Gulab Chand Kataria & Shri Pallab Lochan Das, Hon'ble M.P. Tezpur constituency visited the Institute on 29.06.2023.



Photo: Mr. Elangbam Robert Singh, Joint Secretary, Ministry of Health and Family Welfare, Government of India and Dr. Shalini Kelkar, CMO(NFSG), Director General of Health Services, Govt. of India visited the institute on 25.08.2023



Photo: Smt. Delina Khongdup, Hon'ble Member, National Commission for Women, Govt. of India visited the Institute on 11.09.2023

## Patient's feedback

The patients' feedback for the session 2023-24 generated from the Mera aspataal web portal is as follows:

Facility	State	Month	Patient Satisfaction Score
LGBRIMH Tezpur	Assam	Apr 2023	74
		May 2023	67
		Jun 2023	70
		Jul 2023	73
		Aug 2023	65
		Sep 2023	68
		Oct 2023	62
		Nov 2023	0
		Dec 2023	0
		Jan 2024	0
		Feb 2024	0
		Mar 2024	0



Patient Visit Monthly Report for LGBRIMH Tezpur  
 Report Type : Central Government  
 Facility : LGBRIMH Tezpur  
 Periodicity : Monthly

From : April 2023 To: March 2024

**LGBRIMH Tezpur**

**Monthly Report - Validity Analysis of Data, Mera Aspataal**

April, 2023 to March, 2024

**Total number of Data Source Integrated - 1**

Facility Name	Month	Valid Visits		Total Invalid visits		Invalid Visits Details				IP/OP Details		
		count a	$c = \frac{b}{a} * 100$	count d	$\%e = \frac{d}{a} * 100$	Invalid Visit Date	Duplicate Visits	Invalid Phone	Duplicate Phone	Inpatient	Out-Patient	Invalid Patient Type ID
		count a	$\%g = \frac{f}{d} * 100$	count h	$\%i = \frac{h}{d} * 100$	count j	$\%k = \frac{j}{d} * 100$	count l	$\%m = \frac{l}{d} * 100$			
LGBRIMH Tezpur	Apr 2023	9655	76%	2293	24%	0	0%	63	28%	190	9465	0
	May 2023	12111	77%	2772	23%	0	0%	750	27%	191	11920	0
	Jun 2023	11346	78%	2483	22%	0	0%	642	26%	174	11172	0

Jul 2023	13614	10668	78%	2946	22%	0	0%	0	0%	0	2136	73%	810	27%	213	13401	0
Aug 2023	11609	9078	78%	2531	22%	0	0%	0	0%	0	1817	72%	714	28%	185	11424	0
Sep 2023	12877	10011	78%	2866	22%	0	0%	0	0%	0	2027	71%	839	29%	204	12673	0
Oct 2023	8283	6428	78%	1855	22%	0	0%	0	0%	0	1340	72%	515	28%	106	8177	0
Nov 2023	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0	0%	0	0	0
Dec 2023	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0	0%	0	0	0
Jan 2024	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0	0%	0	0	0
Feb 2024	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0	0%	0	0	0
Mar 2024	0	0	0%	0	0%	0	0%	0	0%	0	0	0%	0	0%	0	0	0
<b>Total</b>	<b>79495</b>	<b>61749</b>	<b>73%</b>	<b>17746</b>	<b>27%</b>	<b>0</b>	<b>0%</b>	<b>0</b>	<b>0%</b>	<b>0</b>	<b>12845</b>	<b>72%</b>	<b>4901</b>	<b>28%</b>	<b>1705</b>	<b>78232</b>	<b>0</b>



# **Audit Report**





Amit Bishnu & Associates

Chartered Accountants

Cell: 98599 80361

E-mail: amitbishnu@gmail.com

### INDEPENDENT AUDITOR'S REPORT

To  
The Director  
Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur, Assam

#### Report on the Financial Statements

We have audited the accompanying financial statements of M/s Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam which comprise the Balance Sheet as at March 31, 2024 and the Statement of Income and Expenditure Account and Receipts and Payments Accounts for the year then ended, and a summary of significant accounting policies and other explanatory information.

#### Management's Responsibility for the Financial Statements

Management is responsible for the preparation of these financial statements that give a true and fair view of the financial position and financial performance of the Institute in accordance with accounting principles generally accepted in India. This responsibility includes the design, implementation and maintenance of internal control relevant to the preparation and presentation of the financial statements that give a true and fair view and are free from material misstatement, whether due to fraud or error.



**Auditor's Responsibility**

Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with the standards on auditing issued by the Institute of Chartered Accountants of India. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedure to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Institute's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of the accounting estimates made by management, as well evaluating the overall presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

**Opinion**

In our opinion and to the best of our information and according to the explanations given to us, the financial statements read with notes on accounts give the information required by the Act in the manner so required and give a true and fair view, subject to Notes on Accounts, in conformity with the accounting principles generally accepted in India:

- a) in the case of the Balance Sheet, of the State of affairs of the Institute as at March 31, 2024;
- b) in the case of the Statement of Income and Expenditure, of the Deficit for the year ended on that date; and
- c) in the case of the Statement of Receipts and Payments Account, of the Receipts and Payments for the year ended on that date.

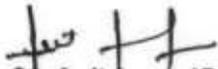


**Report on Other Legal and Regulatory Requirements**

We report that:

1. We have obtained all the information and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit;
2. In our opinion, proper books of accounts as required by law have been kept by the Institute so far as appears from my examination of those books;
3. The Balance Sheet and the Statement of Income and Expenditure and Receipts and Payments account dealt with by this report are in agreement with the books of account;

Amit Bishnu & Associates Chartered  
Accountants

  
CA. Amit Agarwal Partner  
MRN: 066877  
FRN: 326857E



UDIN: 24066877BKEROQ9308  
Tezpur, 21<sup>st</sup> June 2024

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Balance Sheet as at 31st March 2024

Sources of Funds	Schedule	Current Year	Previous Year
Corpus/ Capital Fund	1	3,00,86,71,313	2,98,78,54,916
Reserves and Surplus	2	-	-
Earmarked/Endowment Funds	3	4,61,18,666	4,72,10,000
Secured Loan and Borrowing	4	-	-
Unsecured Loan and Borrowing	5	-	-
Deferred Credit Liabilities	6	-	-
Current Liabilities and Provisions	7	14,43,13,664	2,43,05,551
		3,19,91,03,643	3,05,93,70,467
<b>Application of Funds</b>			
Fixed Assets	8	2,36,67,15,833	2,45,86,05,031
Investment from Earmarked/ Endowment Funds	9	3,16,00,000	92,62,446
Investment - Others	10	-	-
Current Assets, Loans and Advances	11	80,07,87,810	59,15,02,990
Miscellaneous Expenditure		-	-
		3,19,91,03,643	3,05,93,70,467
Significant Accounting Policies	24		
Contingent Liabilities and Notes on Accounts	25		
		-	-

*In terms of our report of even date attached.*

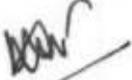
*For and on behalf of Amit Bishnu and Associates  
Chartered Accountants*

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



*For and on behalf of the Management  
LGB Regional Institute of Mental Health*

  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Income and Expenditure Account for the year ended 31st March 2024

INCOME	Schedule	Current year	Previous year
Income from sales/service etc	12	6,30,900	9,69,480
Grants/subsidies	13	62,08,21,679	52,66,20,000
Fees/ Subscription	14	40,54,991	43,34,640
Income from investment	15	12,72,112	66,68,377
Income from royalty,publication	16	-	-
Interest earned	17	11,48,291	8,13,156
Other income	18	9,41,180	16,44,076
Increase/decrease in stock	19	24,48,473	9,63,579
<b>Total(A)</b>		<b>63,13,17,626</b>	<b>54,20,13,308</b>
<b>EXPENDITURE</b>			
Establishment expenses	20	41,91,39,824	37,00,00,093
Other administrative expenses etc.	21	15,37,66,755	13,32,66,574
Expenditure on grants, Subsidies etc.	22	12,12,275	13,65,772
Interest	23	-	-
Depreciation	8	12,68,46,032	1,92,55,613
<b>Total(B)</b>		<b>70,09,64,886</b>	<b>52,38,88,052</b>
Balance being excess of income over expenditure		(6,96,47,260)	1,81,25,256
Transfer to special reserve (specify each)			
Transfer to from General Reserve			
Balance being surplus/deficit carried forward to CORPUS /CAPITAL FUND		(6,96,47,260)	1,81,25,256
Significant accounting policies	24		
Contingent liabilities and notes on accounts	25		

In terms of our report of even date attached.

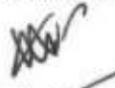
For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory  
ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokpriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Consolidated Receipts and Payments Account for the year ended 31st March 2024

Receipts	Ann	2023-24	2022-23	Payments	Ann	2023-24	2022-23
<b>(I) Opening Balance</b>				<b>(D) Expenses</b>			
a) Cash in hand		-	-	Establishment Expenses	VII	42,39,98,756	38,37,87,093
<b>(I) Bank Balances</b>				Office Expenses	VIII	4,19,77,674	3,71,10,662
i) In Current Account		-	-	Administrative Expenses	IX	7,47,80,650	14,33,77,470
ii) In Deposit Account	I	1,69,72,004	-	Hospital Expenses	X	3,33,93,305	2,04,99,290
iii) Term Deposit (Endowment Fund)	I A	92,62,446	-	Academic Expenses	XI	43,19,324	49,20,781
iv) Savings Account	I B	29,37,29,498	60,86,30,328	SAP	XII	16,90,963	48,75,618
<b>(II) Grants Received</b>				<b>(II) Payments made against funds for various projects</b>			
Grant Received	II	71,49,12,545	58,87,88,125	Payment from Fees A/c 2733	XIII	9,81,500	5,62,798
<b>(III) Interest Received</b>				Payments A/C No 1172			4,512
On Saving account	III	14,14,77,584	1,56,38,244	Payment from A/c 6000	XIV	18,36,420	9,55,868
On Term Deposit	IV	4,48,142	75,36,659	Exp from ICSSR Project Account	XV		29,825
<b>(IV) Other Income (Specify)</b>	V			ICMR Project (COVID-19)	XVI		5,44,887
A/c 2733	a	35,74,331	35,78,338	Account No: 111222 (Tele Manas)	XVII	12,47,023	72,229
A/c 1172	b	6,22,500	9,26,580	Donation A/c No-10999	XVIII	2,26,382	1,97,600
A/c 1158	c	32,39,988	46,51,086	Account Number: 129001000010105(Hostel Fee A/C)	XIX	10,000	3,20,588
Hostel Fee A/C	d	4,00,200		Account No.: 10083 (ATF)	XX	26,09,920	2,52,131
Account Number : 129001000010999 (Donation )	e	3,25,047		Account Number: 42196321041(SBI Tezpur,ZBBA)	XX(A)	4,80,000	
Account Number: 12901000004798	f	6,001		<b>(III) Expenditure on Fixed Assets &amp; capital Work-in-progress</b>			
<b>(V) Amount Borrowed</b>				Fixed Assets Purchased	XXI	3,50,47,609	5,45,58,201
<b>(VI) Any other Receipts (give details)</b>				<b>(IV) Finance Charges (Interest)</b>	XXII	-	236
<b>Other Receipts of non-revenue in nature</b>	VI			<b>(V) Other Payments (Specify)</b>			
Security Deposits	a	2,89,900	3,93,745	Advances / Liability Paid	XXIII	19,48,63,645	9,67,28,753
Earnest Money Deposit	b	3,87,015	5,13,650	Other Payment	XXIV	1,38,78,434	49,63,80,409
Caution Deposit	c	3,50,000	3,15,000	<b>(VI) Closing Balance</b>			
Other	d	7,64,24,259	33,41,71,143	a) Cash in hand		-	-
				b) Bank Balances	XXV	31,84,79,855	29,37,29,498
				c) Term Deposits	XXVI	8,10,00,000	1,69,72,004
				d) Term Deposits (From Endowment Fund)	XXVII	3,16,00,000	92,62,446
		1,26,24,21,461	1,56,51,42,899			1,26,24,21,461	1,56,51,42,899

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877; FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआर आईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2024

Particulars	Current Year	Previous Year
<b>Schedule 1: Corpus/ Capital Fund</b>		
Balance at the beginning of the year	2,98,78,54,916	2,91,33,15,032
Add: Contribution towards corpus/ capital fund	9,02,68,851	5,67,00,000
Add/deduct balance of net income/expenditure transferred	(6,96,47,260)	1,81,25,256
Add: Transferred from Earmarked Fund	-	-
a) Addiction Treatment Facility	1,94,806	2,20,075
b) Account No.6000	-	38,150
Add: Security Money Forfeited	-	2,57,468
Add: Performance Bank Guarantee Forfeited	-	5,98,242
Deduct: Prior Period Items (Depreciation)	-	13,99,327
Balance at the Year End	3,00,86,71,313	2,98,78,54,916
<b>Schedule 2: Reserves and Surplus</b>		
<b>1) Capital Reserve:</b>		
As per last Account	-	-
Addition During the year	-	-
Less : Deductions during the year	-	-
	-	-
<b>2) Revaluation Reserve :</b>		
As per last Account	-	-
Addition During the year	-	-
Less : Deductions during the year	-	-
	-	-
<b>3) Special Reserve :</b>		
As per last Account	-	-
Addition During the year	-	-
Less : Deductions during the year	-	-
	-	-
<b>4) General Reserve :</b>		
As per last Account	-	-
Addition During the year	-	-
Less : Deductions during the year	-	-
	-	-
	-	-
	-	-
<b>TOTAL</b>	-	-



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2024

Particulars	Current Year	Previous Year
<b>Schedule 3: Earmarked / Endowment Funds</b>		
<b>(a) Opening Balance of the funds</b>		
(A/C 6000)- Savings and Fixed Deposit	1,06,45,016	1,12,36,512
(A/C 4797)- Savings and Fixed Deposit	1,16,696	1,12,478
(A/C 6666)	1,506	1,466
(A/C 4798)	75,228	70,972
(A/C 5555)- Savings and Fixed Deposit	3,12,27,188	2,98,50,688
Tele Manas(A/c No 111222)	36,37,268	
ATF( A/c No 10083)	15,06,619	
(A/C 8930,ICSSR)	479	29,825
ICMR PROJECT (COVID-19) A/c No:-129001000009248	-	5,28,261
<b>(b) Additions to the Funds</b>		
<b>(i) Donations/Grants</b>		
Tele Manas(A/c No 111222)	-	37,09,375
ATF( A/c No 10083)	32,61,555	17,58,750
Grant Received from NEC for VII National Conference WAPR-IC in SBI A/C 42196321041	4,80,000	-
<b>(c) Other Additions (Specify)</b>		
<b>Interest Incomes</b>		
(A/C 6000)- Savings and Fixed Deposit	2,91,011	4,02,522
(A/C 4797)- Savings and Fixed Deposit	3,463	4,218
(A/C 6666)	42	40
(A/C 4798)	7,559	4,256
(A/C 5555)- Savings and Fixed Deposit	11,58,286	13,76,500
(A/C 8930,ICSSR)	12	479
A/c No:-129001000009248	-	6,351
Interest earned ATF	30,687	-
ACCOUNT NO. 129001000010152(Holding A/C,National Tele Mental Health Programme)	45	-
Misc Received(A/C No 4798)	6,001	-
<b>Total (a+b+c)</b>	<b>5,24,48,661</b>	<b>4,90,92,693</b>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2024

Particulars	Current Year	Previous Year
<b>(d) Utilization/Expenditure towards objectives of Funds</b>		
<b>i) Investments made</b>		
ATF( A/c No 10083)- Fixed Assets	-	2,20,075
ATF(Equipment,Furniture)	-	-
ATF(Equipment,Computer)	-	-
<b>ii) Revenue Expenditure</b>		
<b>Salary and Wages</b>		
(A/C 6000)	15,43,656	9,55,868
Tele Manas (A/c No 111222)- Salary	10,90,000	53,871
ATF (Salary)	24,67,749	7,742
ICMR PROJECT (COVID-19) ,A/c No:-129001000009248	-	3,94,000
<b>Other Expenses</b>		
Tele Manas(A/c No 111222)- office exp	29,102	18,236
Travel,Meeting & Research(Tele Manas)	93,831	-
Bank Interest Tele Manas (Payable to Bharatkosh)	-	-
Interest Refund to Bharat Kosh F/Y 2021-22 (A/C 6000)	36,831	-
Interest Refund to Bharat Kosh F/Y 2022-23(A/C 6000)	2,55,933	-
Transfer to Donation Account No. 10999(For WAPR Reimbursement of Exp)from SBI A/C 42196321041	94,747	-
Transfer to A/C 1158(For WAPR Reimbursement of Exp) from SBI A/C 42196321041	3,85,253	-
ATF( A/c No 10083)- Stationery and Other Expenses	-	24,314
ATF (Overheads)	85,999	-
ATF(Office Expenses)	52,088	-
ATF(Equipment,Furniture)	21,236	-
ATF(Equipment,Computer)	1,73,570	-
ICSSR Balance amount return 8930 (ICSSR ) and Stationery	-	5,180
ICMR PROJECT (COVID-19), A/c No:-129001000009248	-	1,28,372
Account No. 6000 - Adjustment of previous year	-	38,150
<b>Amount returned to ICSSR/ ICMR</b>		
(A/C 8930,ICSSR)	-	24,645
ICMR Project (Covid-19) ,A/C No:-129001000009248	-	12,240
<b>Total ( E )</b>	<b>63,29,995</b>	<b>18,82,693</b>
<b>Net Balance as the Year End (a+b+c-d)</b>		
(A/C 6000)- Savings and Fixed Deposit	90,99,607	1,06,45,016
(A/C 4797)- Savings and Fixed Deposit	1,20,159	1,16,696
(A/C 6666)	1,548	1,506
(A/C 4798)	88,788	75,228
(A/C 5555)- Savings and Fixed Deposit	3,23,85,474	3,12,27,188
Tele Manas(A/c No 111222)	24,24,335	36,37,268
ATF( A/c No 10083)	19,98,219	15,06,619
(A/C 8930,ICSSR)	491	479
Account No. 129001000010152(Holding A/C,National Tele Mental Health Programme)	45	-
Account Number: 42196321041(SBI Tezpur,ZBSA)	-	-
<b>Total</b>	<b>4,61,18,666</b>	<b>4,72,10,000</b>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sunitpur :: Assam

Schedule to Balance Sheet 31st March 2024

Particulars	Current Year	Previous Year
<b><u>Schedule 4: Secured Loans and Borrowings</u></b>		
1) Central Government	-	-
2) State Government (Specify)	-	-
3) Financial Institutions	-	-
a) Term Loans	-	-
b) Interest accrued and due	-	-
4) Banks :	-	-
a) Term Loans	-	-
- Interest accrued and due	-	-
b) Other Loans (Specify)	-	-
- Interest accrued and due	-	-
5) Other Institutions and Agencies	-	-
6) Debentures and Bonds	-	-
7) Others (Specify)	-	-
<b>TOTAL</b>	-	-
<b>Note:</b> Amounts due within one year		
<b><u>Schedule 5: Unsecured Loans and Borrowings</u></b>		
1) Central Government	-	-
2) State Government (Specify)	-	-
3) Financial Institutions	-	-
4) Banks :	-	-
a) Term Loans	-	-
b) Other Loans (Specify)	-	-
5) Other Institutions and Agencies	-	-
6) Debentures and Bonds	-	-
7) Fixed Deposits	-	-
8) Others (Specify)	-	-
<b>TOTAL</b>	-	-
<b>Note:</b> Amounts due within one year		
<b><u>Schedule 6: Deferred Credit Liabilities</u></b>		
a) Acceptances secured by hypothecation of capital equipment and other assets	-	-
b) Others	-	-
<b>TOTAL</b>	-	-
<b>Note:</b> Amounts due within one year		



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Schedule to Balance Sheet 31st March 2024

Particulars	Current Year	Previous Year
<b>Schedule 7: Current Liabilities and Provisions</b>		
<b>A. Current Liabilities</b>		
<b>i. Acceptances</b>		
<b>ii. Sundry Creditors</b>		
	-	27,63,043
<b>Bank Liabilities</b>		
	5,12,515	5,12,515
a) Others outstanding liabilities(Interest due to CFI)	13,95,26,131	1,38,78,434
b) Payable to Bharatkosh, Interest on Tele-Manas	85,353	20,570
<b>iii. Advances Received/Security deposits</b>		
Security Deposit	17,20,721	25,83,343
Security Deposit (HSCC)	-	8,07,959
Caution Deposit (A/C No 2733)	6,51,000	3,76,000
Caution Deposit for Hostel Fee A/C:10105 (Hostel Fee )	5,000	-
Security Deposit (Rehabilitation)	1,67,036	1,67,036
Gratuity & EL Encashment of Prafulla Saikia	-	16,96,406
Bills Payable(Postage & Telegram)	4,519	-
Bills Payable(Electricity Charge)	4,23,245	-
Bills Payable(Payment of Telephone Charge)	11,901	-
Pension arrear Payable (2nd instalment)	1,17,937	-
<b>iv. Statutory Liabilities</b>		
EPF (Employees share)	-	10,557
NPS (Employees share)	36,732	3,05,793
P. TAX	-	208
GSLI	-	270
IGST	2,70,693	48,188
CGST	1,15,882	1,85,452
SGST	1,15,882	1,85,452
CGST A/C--(Donation)10999 (liability)	-	1,230
SGST A/C--(Donation)10999 (liability)	-	1,230
CGST(ATF)liability	-	2,042
SGST(ATF)liability	-	2,042
IGST Suspense SAP (S Cr)	-	29,064
Contractors liability	-	-
Earnest money (SB A/C No 1158)	5,48,651	7,28,251
<b>v. Others current Liabilities</b>	466	466
Total (A)	14,43,13,664	2,43,05,551
<b>B. Provisions</b>		
1) For Taxation	-	-
2) Gratuity	-	-
3) Superannuation/Pension	-	-
4) Accumulated Leave Encashment	-	-
5) Trade Warranties/Claims	-	-
6) Others (Specify)	-	-
Total (B)	-	-
<b>TOTAL (A+B)</b>	14,43,13,664	2,43,05,551
<b>Schedule 9- Investment from Earmarked / Endowment Funds</b>		
1) In Government Securities	-	-
2) Other Approved Securities	-	-
3) Shares	-	-
4) Debenture and Bonds	-	-
5) Subsidiaries and Joint Ventures	-	-
6) Others (Annexure:XXVII)	3,16,00,000	92,62,446
Total	3,16,00,000	92,62,446



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

## Schedule to Balance Sheet 31st March 2024

Particulars	Current Year	Previous Year
<b>Schedule 10- Investment - Others</b>		
1) In Government Securities	-	-
2) Other Approved Securities	-	-
3) Shares	-	-
4) Debenture and Bonds	-	-
5) Subsidiaries and Joint Ventures	-	-
6) Others (to be specified)	-	-
Total	-	-
<b>Schedule 11: Current Assets/ Loans and Advances</b>		
<b>A. CURRENTS ASSETS</b>		
1. Inventories		
a) Stores and spares	48,00,121	23,51,648
2. Sundry Debtors		
Pre Paid vehicle pollution	538	146
Pre Paid vehicle insurance	23,392	25,746
Pre Paid Information Technology -Website etc	9,74,617	-
Pre Paid Telephone Charges	77,397	-
FD(A/C 1158) Interest receivable A/C	4,88,602	-
FD(A/C 2733) Interest receivable A/C	2,79,914	-
FD(A/C 1172) Interest receivable A/C	2,13,677	-
FD(A/C 5555) Interest receivable A/C	3,85,996	-
TDS Receivable (FY 23-24)	22,908	-
Bills Receivable (Canteen rent)	51,000	42,600
Bills Receivable (IOB ATM room rent)	300	300
Bills Receivable (Excess Payment )	-	45,979
Bills Receivable (Electricity Charge Canteen )	1,011	1,695
Bills Receivable (IOB ATM Electricity Charge)	3,260	2,412
3. Cash balance in hand(including cash.P.advance etc.)		
4. Bank Balances		
a) With schedule Banks		
Purchase of FDR		
On deposit accounts (Annexure:XXVI)	8,10,00,000	1,69,72,004
On saving accounts (Annexure:XXV)	31,84,79,855	29,37,29,498
	39,94,79,855	31,07,01,502
<b>B. LOANS AND ADVANCES AND OTHER ASSETS</b>		
1. Loans		
2. Advances and other amounts recoverable in cash or in kind for value to be received		
(a)On capital account . Advance to HSCC	-	-
(b) Prepayment	-	-
(c) Others:		
Adv Miscellaneous (SAP)	-	-
Advance GIA -Capital- Physical Infrastructure -Building-Construction	28,95,54,695	22,45,54,405
Advance:Grants for Creation of Capital Assets(2)Physical Infrastructure/Building/Other than major work	8,09,300	8,09,300
Advance Maintenance of Building/Electrical Equipment	3,01,35,271	1,12,51,578
Advance Upkeep & maintenance of building/ quarters and approach road	4,76,46,502	2,19,42,520
Advance:Swachhata Action Plan-3257 :Horticulture	58,50,900	47,44,600
Advance:Swachhata Action Plan-3257 :Mise Road Show	1,64,44,416	1,14,27,850
Advance for Maintenance of Water Plant	17,223	17,223
Advance Electrical Works	12,09,614	4,09,614
Telephone security	12,200	12,200
GIA Salaries/1.4 Other Benefits/Immediate Relief (Advance)	13,000	25,000
Advance TA	-	-
Advance Electricity Security(CAEDCL)	22,56,101	31,36,672
Adv Reimbursement of medical expenses.	36,000	-
<b>Total (A+B)</b>	<b>80,07,87,810</b>	<b>59,15,02,990</b>

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DESCRIPTION	GROSS BLOCK as on 1.4.2023	Addition for more than 182 days	Addition for less than 182 days	Deletions	Gross Block as on 31.03.2024	Rate	Accumulated Depreciation		Closing Balance as on 31.3.2024	Closing WDV as on 31.03.2024	Closing WDV as on 31.3.2023
							Provided during the year	Opening Balance as on 1.4.2023			
A. Fixed Assets	9,15,000	-	-	-	9,15,000	15%	31,390	3,34,862	1,30,140	3,11,229	-
C-Box Machine	66,906	-	-	-	66,906	15%	1,024	2,48,119	921	4,29,546	-
Type Machine	2,49,040	-	-	-	2,49,040	15%	1,653	45,35,352	7,05,114	71,04,605	-
Sum/Auto analyzer	52,40,468	-	-	-	52,40,468	15%	7,86,073	1,70,90,873	63,98,143	48,52,697	-
Vehicle	2,34,23,016	-	-	-	2,34,23,016	15%	9,27,805	1,34,92,289	1,34,92,289	19,19,555	-
Parsons & Fineman	1,56,15,081	-	-	-	1,56,15,081	40%	38,05,002	21,87,96,002	93,93,318	61,66,495	-
Office Equipment	1,48,40,303	6,741	71,02,025	-	22,81,90,318	40%	11,06,814	83,12,006	62,71,949	73,78,703	-
Computer peripherals	22,10,48,293	-	-	-	22,10,48,293	15%	1,390	1,390	-	4,507	-
Medical equipment	1,05,84,555	-	-	-	1,05,84,555	15%	2,53,628	685	2,54,313	3,812	-
Bicycle	1,300	-	-	-	1,300	15%	7,55,104	7,55,104	-	-	-
Mach. Mems. Incentive	7,55,104	-	-	-	7,55,104	15%	394	76,608	1,098	1,290	-
Fire Extinguisher	76,706	-	-	-	76,706	15%	-	16,76,000	-	-	-
DOT Sam	16,76,000	-	-	-	16,76,000	15%	2,14,531	24,02,211	12,15,563	14,06,104	-
Medical Equipment	35,53,834	33,970	-	-	36,17,774	15%	3,540	4,75,077	20,037	23,997	-
Vehicle Stabilizer	4,55,064	-	-	-	4,55,064	15%	1,195	1,75,231	6,769	1,864	-
Electrical appliances	1,82,060	-	-	-	1,82,060	15%	-	48,56,767	2,62,003	3,08,238	-
Digital microscope & Fully Automated (digital chemistry analyzer/Dialyser)	51,18,730	-	-	-	51,18,730	15%	-	23,22,000	-	-	-
Showerbin (Thermoseal System SPT-110) (Prestige)	21,22,000	-	-	-	21,22,000	40%	-	2,15,00,000	-	-	-
Shower Bin/linen CT Box (Phillip)	2,15,00,000	-	-	-	2,15,00,000	15%	8,14,553	73,18,354	75,36,922	81,45,523	-
Lack rack	94,49,326	-	-	-	94,49,326	15%	62,57,480	67,61,301	45,34,016	50,38,118	-
Case of brassbury roll	1,12,95,637	-	-	-	1,12,95,637	15%	1,44,68,140	1,48,26,896	81,94,441	86,25,727	-
Quarter (Non Braking)	2,36,64,047	-	-	-	2,36,64,047	15%	7,12,169	17,06,480	1,08,497	1,08,497	-
Handycap, Stabilizer	5,03,566	-	-	-	5,03,566	15%	15,58,096	1,42,841	12,85,509	14,79,410	-
Front 2nd Axle Braking Stabilizer	29,85,480	-	-	-	29,85,480	15%	5,43,073	1,43,073	48,87,653	52,50,117	-
3rd/4th Axle Braking Stabilizer	9,57,764	54,30,728	-	-	14,48,492	15%	3,08,077	7,33,540	2,54,205	3,49,117	-
Security Fencing concrete	39,550	-	-	-	39,550	15%	754	21,443	4,608	1,142	-
Blowdown fan	3,45,000	-	2,01,000	-	4,45,000	15%	1,82,078	1,43,133	2,63,407	83,074	-
Installation of 1000mAh	4,15,374	-	-	-	4,15,374	40%	715	4,15,297	4,071	1,109	-
GTM Drains	3,01,47,762	-	-	-	3,01,47,762	15%	-	3,01,47,762	6,65,23,492	3,01,47,762	-
Commissary for BSX	14,327	5,85,75,761	16,48,086	-	6,05,20,117	40%	22	14,327	14,327	56	-
Printer and/or scanner/printers etc	14,327	-	-	-	14,327	15%	1,956	1,18,637	11,140	13,609	-
Refrigerator under 1000Watt	1,29,740	-	-	-	1,29,740	15%	4,36,534	1,82,47,215	32,48,110	43,53,444	-
Continuation of Rehabilitation centre	2,71,54,025	-	-	-	2,71,54,025	15%	3,18,203	3,30,688	1,02,841	1,22,328	-
Particular under intangible A/c 3000	4,00,740	-	-	-	4,00,740	15%	-	-	-	-	-
Particular of Furniture under Rehabilitation centre (A/C 4767)	11,91,211	-	-	-	11,91,211	15%	2,09,427	8,11,695	3,79,086	4,71,784	-
Equipment (A/C 4767)	6,51,983	-	-	-	6,51,983	15%	3,09,411	32,34,777	9,27,188	1,03,374	-
Furniture (A/C 46,666)	14,097	-	-	-	14,097	15%	499	9,693	4,693	5,991	-
Purchase of Equipment (S B A/C 11,666)	58,11,804	-	-	-	58,11,804	15%	1,08,120	48,29,149	9,52,077	11,70,797	-
Purchase of books (A/C 000)	34,00,013	-	-	-	34,00,013	40%	38,00,813	38,00,813	-	-	-
Swachhata Action Plan-3257 Equipment MISC	7,475	-	-	-	7,475	15%	541	4,407	3,698	3,698	-
EAGD BROW, Tamar Paper Inker	51,583	-	-	-	51,583	15%	3,869	11,206	40,537	47,714	-
Swachhata Action Plan-3257 3.0w trail	2,95,500	-	-	-	2,95,500	15%	22,163	45,164	2,33,336	2,78,337	-
Swachhata Action Plan-3257 Infection control	2,00,000	-	-	-	2,00,000	15%	15,000	42,790	1,57,250	1,85,000	-
Targeted Sanitation (Targeted Sanitation)	1,17,000	-	-	-	1,17,000	15%	8,474	48,580	46,020	56,494	-
Swachhata Action Plan-3257 Horticulture/Hospital	9,000	-	-	-	9,000	15%	617	4,347	5,533	6,178	-
Swachhata Action Plan-3257257 Equipment	-	-	-	-	-	-	-	-	-	-	-
Misc. Road Show, Bins, Waste, Street, Trolley	-	-	-	-	-	-	-	-	-	-	-
Swachhata Action Plan-3257 Equipment Misc	-	-	-	-	-	-	-	-	-	-	-
Road Show, Mithun Road, Colaba Panch	-	-	-	-	-	-	-	-	-	-	-



DESCRIPTION	GROSS BLOCK as on 1.4.2023	Addition for main 162 days	Deletion	Gross Block as on 31.03.2024	Rate	Accumulated Depreciation			Closing WDV as on 31.03.2024	Closing WDV as on 31.3.2023
						Opening Balance as on 1.4.2023	Provided during the year	Closing balance as on 31.03.2024		
<b>A. Fixed Assets</b>										
Strachbala Action Pumps-257 Equipment Main	1,81,454	-	-	1,81,454	15%	97,462	13,650	1,11,110	77,348	90,998
Zonal Show Laundry & Dyeing Dryly	2,45,400	-	-	2,45,400	15%	1,29,097	18,068	1,47,075	1,02,345	1,20,453
Zonal Show Laundry Dryer	6,50,000	-	-	6,50,000	15%	3,36,148	47,079	3,83,222	2,66,778	3,13,857
Zonal Show Laundry	95,18,020	1,57,783	-	96,75,803	15%	38,14,153	8,58,536	46,72,688	50,70,955	54,03,898
Drum Action Pumps-257 Equipment, Machine for Automation Heavy Duty auto scribbles & dryer	40,23,800	-	-	40,23,800	15%	20,40,884	2,91,477	23,72,321	16,51,479	19,42,916
Strachbala Action Pumps-257 Equipment, Machine for Automation,Multi function range dial scribbles pulpers	8,06,800	-	-	8,06,800	15%	4,63,724	64,954	5,28,728	3,08,072	4,33,026
Strachbala Action Pumps-257 Equipment, Machine for Automation,Blade on Squeezer	66,61,506	-	-	66,61,506	15%	32,66,253	5,22,811	37,29,054	29,02,542	34,85,540
Strachbala Action Pumps-257 Equipment Development	29,69,664	-	-	29,69,664	15%	6,13,201	3,38,441	9,51,832	19,17,832	22,56,272
Strachbala Action Pumps-257 Kapakuly Aerial Pumping	4,50,780	-	-	4,50,780	10%	1,52,277	38,150	1,59,427	3,40,353	3,81,401
Wood Board & LED Luminaires	4,88,995	-	-	4,88,995	15%	2,52,881	35,417	2,88,298	2,06,097	2,36,114
L.T Panel Board main SPD	3,02,500	-	-	3,02,500	15%	1,56,437	31,609	1,78,046	1,24,154	1,46,083
Block Battery	1,11,600	-	2,00,46,000	1,00,46,100	15%	57,700	8,090	65,790	45,840	53,930
Capital work in progress H503-2	2,85,56,74,108	1,64,96,521	-	2,92,06,306	15%	1,52,76,492	22,01,474	1,79,91,474	1,29,85,018	2,30,50,78,109
Capital expenditure H503-2 (Page-1)	-	1,52,76,492	-	1,52,76,492	15%	79,89,485	2,59,483	80,30,000	49,30,185	-
OT Work H503-2 (Page-1)	-	51,80,648	-	51,80,648	15%	27,60,351	3,60,759	31,21,110	18,04,307	-
Working H503-2 (Page-1)	-	1,00,07,061	-	1,00,07,061	15%	53,66,301	7,70,407	61,36,708	33,66,394	-
Laundry work H503-2 (Page-1)	-	1,69,75,071	-	1,69,75,071	15%	89,28,261	12,46,201	1,01,74,462	1,27,28,810	-
Bricklay Wall H503-2 (Page-1)	-	33,08,468	-	33,08,468	10%	16,54,234	3,30,847	19,85,081	29,77,623	-
Repair & Renovation work (BSCC-City WTP) (Page-1)	-	2,58,65,769	-	2,58,65,769	5%	12,93,286	12,93,286	2,45,72,483	-	-
Urban work-hospital Construction work including BHE WTP, JTP etc. (BSCC-2) (Page-1)	-	83,01,83,644	-	83,01,83,644	2%	4,15,09,182	4,15,09,182	78,86,74,462	-	-
Urban work-hospital Construction work including BHE WTP, JTP etc. (BSCC-2) (Page-2)	-	2,70,37,024	-	2,70,37,024	10%	27,03,703	27,03,703	2,43,34,141	-	-
Urban work-hospital Construction work including BHE WTP, JTP etc. (BSCC-2) (Page-3)	-	80,24,40,133	-	80,24,40,133	5%	4,01,22,017	4,01,22,017	76,23,18,116	-	-
Urban work-Construction of Storm Water & Sewerage including PIG, HVAC & fire fighting work (BSCC-2) (Page-1)	-	29,51,55,840	-	29,51,55,840	5%	1,47,57,794	1,47,57,794	28,03,98,046	-	-
Urban work-Construction of Storm Water & Sewerage (BSCC-2) (Page-2)	-	96,25,750	-	96,25,750	10%	6,02,575	6,02,575	89,93,175	-	-
Urban work-Construction of Storm Water & Sewerage (BSCC-2) (Page-3)	-	96,25,750	-	96,25,750	10%	6,02,575	6,02,575	89,93,175	-	-
Grant for Creation of Capital Asset (2) (Physical & Right to Use) (2.1.1.3)	3,56,43,590	38,796	-	3,56,43,590	15%	56,45,026	15,57,137	72,48,797	96,61,250	96,67,670
Grant for Creation of Capital Asset (2) (Physical & Right to Use) (2.1.1.1)	3,54,40,144	-	-	3,54,40,144	10%	67,33,627	28,30,653	98,04,279	3,19,55,863	2,87,60,517
Grant for Creation of Capital Asset (2) (Physical & Right to Use) (2.1.1.2)	96,495	-	-	96,495	15%	5,287	13,188	20,625	75,668	89,256
Grant for Creation of Capital Asset (2) (Physical & Right to Use) (2.1.1.4)	59,46,183	3,09,257	-	62,55,440	15%	3,31,482	3,31,482	59,24,058	-	-
Grant for Creation of Capital Asset (2) (Physical & Right to Use) (2.1.1.5)	2,98,306	-	-	2,98,306	15%	44,745	44,745	2,53,561	-	-

DESCRIPTION	GROSS BLOCK as on 1.4.2023	Addition for more than 182 days	Addition for less than 182 days	Deletion	Block as on 31.03.2024	Rate	Opening Balance as on 1.4.2023	Accumulated Depreciation Provided during the year	Closing Balance as on 31.3.2024	Closing WDV as on 31.03.2024	Closing WDV as on 31.3.2023
A. Fixed Assets											
Grants for Creation of Capital Assets(C)/Physical Infrastructure/Machinery & Equipment(Equipment)											
Capital work in progress (A/P/C)		2,27,006	4,80,500		7,08,466	10%		46,825	46,825	6,61,671	-
Land	54,30,728	-	-	54,30,728	-			-	-	-	54,30,728
Vehicle	37,57,334	-	-	-	1			-	-	1	1
Furniture-ATF	1,66,200	10,406	10,800	-	37,57,334	15%	19,43,084	3,72,138	22,15,222	15,42,112	18,14,250
Computer-ATF	53,875	1,71,521	2,080	-	1,87,436	10%	8,330	17,573	25,683	1,61,763	1,57,690
	2,84,43,33,916	3,12,34,29,334	1,15,98,180	3,10,06,70,589	3,27,48,575	40%	10,775	86,238	97,013	1,30,412	43,101
					3,27,48,575		34,57,38,885	12,69,46,032	51,25,74,917	3,26,67,15,833	2,45,86,05,033



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
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Schedule to Income and Expenditure Account for the year ended 31st March 2024

Particulars	Current year	Previous year
<b>Schedule 12: Income from Sales and Service</b>		
Canteen Rent 1172	6,12,000	5,53,800
Sale of Scrap	-	4,01,580
Application Fees 1172	15,300	10,200
IOB ATM Room rent	3,600	3,900
<b>Total</b>	<b>6,30,900</b>	<b>9,69,480</b>
<b>Schedule 13: Grants and Subsidies</b>		
<b>Grant</b>		
Revenue Grant in Aid	62,07,26,899	50,63,00,000
Training fee fund received in A/C 2733 (From NMHP)	94,780	-
Grant received from GOI-SAP	-	2,00,00,000
Grant Received from NEC, Shillong (WAPR)	-	3,20,000
<b>Total</b>	<b>62,08,21,679</b>	<b>52,66,20,000</b>
<b>Schedule 14: Fees / Subscription (A/c No.2733)</b>		
Admission Fee (Phd,CP)	1,38,550	1,18,700
Admission Fee of Diploma in Psychiatric Nursing	4,950	11,550
Bond Money Received(Phd, PSW)	-	-
Overhead charges received from ICMR	-	55,183
MSc( Psy nursing)	3,47,700	1,85,900
M Phil(PSW)	2,47,850	1,88,900
MD fee	16,05,254	16,05,353
Mphil (Clinical Psychology)	2,36,200	1,88,801
Posting Fee	3,33,300	4,33,000
Registration Fee received (CME & PG Development programme)	66,851	-
Phd nursing fees	99,051	1,18,700
Other misc Received A/c:-2733	10	-
Bond fee received from (Phd, CP)	-	-
Bond Fee (MSc Psy Nursing)	1,80,000	1,80,000
DMHP PSW Training A/C	-	-
Electricity charge receive	215	-
Training fee received (From Meghalaya Govt)	-	1,50,000
1st Year (MML.S)A/c	1,16,500	1,04,851
Training fee received & Expenditure in A/C 2733 (From SATRA)	80,460	-
Admission Fee (Phd,PSW)	1,97,900	2,37,400
<b>Hostel Fee A/C</b>		
Hostel Fee received	4,00,200	7,56,302
<b>Total</b>	<b>40,54,991</b>	<b>43,34,640</b>
<b>Schedule 15: Income from Investment</b>		
1) On Term Deposit		
a) With schedule banks		
i) Interest from Account no. 2733	-	4,76,712
ii) FD(A/C 1158) Interest A/C	4,88,602	59,19,661
iii) Interest from Account no. 1172	5,03,596	2,72,004
iv)FD(A/C 2733) Interest A/C	2,79,914	-
b) with non schedule banks	-	-
c) with institutions	-	-
d) Others	-	-
<b>Total</b>	<b>12,72,112</b>	<b>66,68,377</b>
<b>Schedule 16: Income from Royalty, Publication etc.</b>		
1) Income from Royalty	-	-
2) Income from Publications	-	-
3) Others (Specify)	-	-
<b>Total</b>	<b>-</b>	<b>-</b>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
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Schedule to Income and Expenditure Account for the year ended 31st March 2024

Particulars	Current year	Previous year
<b>Schedule 17: Interest Earned</b>		
1) Saving Accounts		
a) With schedule banks A/C 1172, 2733, 1158, Donation A/C, Hostel Fee A/C	14,04,45,345	1,46,91,590
b) Less: Interest refundable to CFI (A/c No: 1158)	13,95,26,131	1,38,78,434
	9,19,214	8,13,156
c) with non schedule banks	-	-
d) Post office saving accounts	-	-
e) Others	-	-
3) On loans	-	-
4) Interest earned on Security Deposit of CAEDCL	2,29,077	-
<b>Total</b>	<b>11,48,291</b>	<b>8,13,156</b>
<b>Schedule 18: Other Income</b>		
OPD Registration Fees	2,08,000	2,04,000
Other Misc Received (PFMS)	3,000	-
Misc received	1	-
Recovery of Penalty charge from wages	1,100	-
Transfer to A/C 1158 (For WAPR Reimbursement of Exp) from SBI A/C 42196321041	3,85,253	-
Donation received from Indian Overseas Bank, Tezpur	-	2,00,000
Guest house rent received	-	1,900
Penalty charged for loss/damage of Asset	12,079	11,910
NPL Bonus Recovery	-	43,862
Asst. Prof. Fixation Recovery	-	2,65,463
PCA recovery	-	7,57,140
SCA recovery	-	63,169
Contractors Liability- Liability no longer required written back	-	96,632
Overhead Charges (Trf from A/C 2733) Against Fund of SATRA to A/C No 1158	6,700	-
<b>Account Number : 129001000010999 (Donation)</b>		
Donation received from Rusan Pharma for CME & PG Dev Prog	2,30,300	-
Transfer to Donation Account No. 10999 (For WAPR Reimbursement of Exp) from SBI A/C 42196321041	94,747	-
<b>Total</b>	<b>9,41,180</b>	<b>16,44,076</b>
<b>Schedule 19: Increase / Decrease in stock of finished goods</b>		
a) Closing Stock		
Finished Good	48,00,121	23,51,648
Work in progress	-	-
b) Less opening stock		
Finished Good	23,51,648	13,88,069
Work in progress	-	-
<b>Total (a-b)</b>	<b>24,48,473</b>	<b>9,63,579</b>
<b>Schedule 20: Establishment Expenses</b>		
Salaries and wages	35,14,39,902	30,85,70,373
Pension Contribution/ NPS	5,10,69,978	4,56,76,691
NPS (Employees share) Liability	-	-
Contribution to Provident Fund (EPF)	76,73,860	70,82,582
Children Education Allowance	38,85,000	40,14,000
LTC	90,829	1,62,434
Travel Expense	33,60,222	27,73,928
Gratuity (Pensionary Benefit)	15,20,033	17,20,085
<b>Total</b>	<b>41,91,39,824</b>	<b>37,00,00,093</b>



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Schedule to Income and Expenditure Account for the year ended 31st March 2024

Particulars	Current year	Previous year
<b>Schedule 21: Other Administrative Expenses</b>		
Purchases	3,03,28,583	1,86,52,119
Labour expenses	5,01,52,694	4,38,44,635
Electricity and power	1,14,96,889	1,16,86,963
Repair and maintenance of Electricals	23,12,546	13,56,366
Vehicles running and maintenance	5,48,056	3,71,803
Postage telephone and communication charges	10,06,521	13,56,864
Printing and Publication	7,80,318	6,09,823
Expenses on seminar and workshop	37,06,067	40,19,121
Expenses on stationary	16,63,136	15,71,998
Other Professional & Special Services	42,130	90,334
Professional charges (legal fees)	3,80,403	2,95,202
Advertisement and publicity	5,57,845	3,82,861
Security agency	1,53,42,301	1,18,26,465
Executive council meeting	3,36,887	6,59,475
Other charges	8,76,038	22,31,104
Maintenance of laundry, kitchen, incinerator	10,18,772	10,90,727
Maintenance of Xerox, water plants, DG sets, EPBX	43,86,159	43,63,017
Servicing and repairing of hospital equipment	18,19,120	6,59,093
Contribution to professional bodies	5,18,400	6,86,270
Information Technology	2,84,260	6,29,534
Consultancy Fees	94,857	2,15,390
Community Psy programme	2,26,830	1,15,180
Medical Expenses Reimbursement of staff	16,53,759	14,39,893
Stipend and Scholarship	2,17,40,689	1,77,77,993
Rent, Rates & taxes	-	1,79,174
Maintenance of Building/Electrical Equipment	4,43,322	85,400
Information Education communication & other expenses.	-	1,534
Research Salary	3,59,210	2,20,000
Swachhata Action Plan-3257(1.9- Misc Road Show etc)	2,83,409	20,58,696
Chemical & consumable	4,97,466	6,31,777
IEC	-	1,07,659
Infection control-Targeted Surveillance	8,38,730	37,63,064
Horticulture	71,358	-
Content Development	-	60,770
WAPR expenditure (1158)	-	2,26,270
<b>Total</b>	<b>15,37,66,755</b>	<b>13,32,66,574</b>
<b>Schedule 22: Expenditure on Grant / Subsidies etc.</b>		
WAPR Conference expenditure	-	1,97,600
Hostel Fee Expenditure	-	3,20,588
Grant Received from NEC, Shillong (WAPR) & expense there on(A/C 1158)	-	3,07,864
Caution Deposit expenses	95,000	2,35,000
Computer Expenses	2,90,775	-
CME & PG Development programme Exp	3,00,523	-
Exp of Training fee fund received from State Health Society, NMHP	79,121	-
Training fee unspent amount refund to State Health Society, NMHP	15,659	-
Training fee received & Expenditure in A/C 2733 (From SATRA)	80,460	-
Expenditure from Fees Collected	3,50,737	3,04,720
<b>Total</b>	<b>12,12,275</b>	<b>13,65,772</b>
<b>Schedule 23: Interest</b>		
Release of Accrued interest F.Y-2020-21(A/C No 1158)	-	-
<b>Total</b>	<b>-</b>	<b>-</b>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
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Schedule to Income and Expenditure Account for the year ended 31st March 2024

Particulars	Current year	Previous year
Sundry Creditors	As on 31/03/2024	As on 31/03/2023
Community Psychiatry programme	-	-
Misc exp from fee collection from student	-	-
General Medicine	-	-
Other Charge	-	-
Research	-	-
S Cr (Advertisement & Publication Charge)	-	10,418
Bills Payable(Postage & Telegram)	4,519	11,888
Bills Payable(Electricity Charge)	4,23,245	9,24,131
Bills Payable(Payment of Telephone Charge)	11,901	81,493
S Cr(Purchase of Medical/Surgical items)	-	17,829
S Cr(Misc Road Show)	-	17,17,284
<b>Total</b>	<b>4,39,665</b>	<b>27,63,043</b>

Closing Stock	As on 31/03/2024	As on 31/03/2023
Stationery	6,91,304	4,61,463
Surgical Item	1,31,701	1,35,696
Psychotropic Medicine	-	16,73,999
Antipsychotropic medicines	39,40,196	-
Diet	-	-
General Medicines	36,920	80,490
<b>Total</b>	<b>48,00,121</b>	<b>23,51,648</b>



Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
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Schedule to Receipts and Payments Account for the year ended 31st March 2024

Particulars	2023-24	2022-23
<b>Annexure I: Opening Deposit Account Balance at bank</b>		
Account Number: 129001000001172- Fixed Deposit	1,69,72,004	-
<b>Total</b>	<b>1,69,72,004</b>	<b>-</b>
<b>Annexure I.A: Opening Deposit Account Balance at bank(Endowment Fund)</b>		
Account Number: 129001000004797- Fixed Deposit	1,15,857	-
Account Number: 129001000006000 Fixed Deposit	91,46,589	-
<b>Total</b>	<b>92,62,446</b>	<b>-</b>
<b>Annexure I.B: Opening Balance at bank(SD A/C)</b>		
2733	2,36,03,547	1,94,13,128
1172	8,61,055	1,62,72,685
4797	839	1,12,478
1158	22,99,44,814	53,11,52,463
6000	14,98,427	1,11,98,362
4798	75,228	70,972
6666	1,506	1,466
5555	3,12,27,188	2,98,50,688
Account No: 10083 (ATF)	15,10,703	-
Account No:10105 (Hostel Fee )	13,43,014	-
Donation,A/C No:-10999 (Donation A/C )	4,860	-
Account No: 111222 (Tele Manas)	36,57,838	-
8930(ICSSR)	479	29,825
ICMR Project (Covid-19) ,A/C No:-129001000009248	-	5,28,261
<b>Total</b>	<b>29,37,29,498</b>	<b>60,86,30,328</b>
<b>Annexure II: Grants/Subsidies Received</b>		
<b>Grant in Aid Received From MOH &amp; FW, GOI</b>		
Received From MOH & FW, GOI (Capital Grant)(A/C 1158)	9,02,68,851	5,67,00,000
Received From MOH & FW, GOI (Revenue Grant)(A/C 1158)	62,07,26,899	50,63,00,000
Grant received from GOI-SAP(A/C 1158)	-	2,00,00,000
Grant Received from NEC, Shillong (WAPR) & exp there on(A/C 1158)	4,80,000	3,20,000
Training fee fund received in A/C 2733 (From NMHP)	94,780	-
Training fee received & Expenditure in A/C 2733 (From SATRA)	80,460	-
ATF Fund received	32,61,555	17,58,750
Fund Received in Tele Manas	-	37,09,375
<b>Total</b>	<b>71,49,12,545</b>	<b>58,87,88,125</b>
<b>Annexure III: Interest Earned on Savings Account</b>		
2733	6,24,330	4,51,366
1172	2,50,845	3,61,790
4797	1,484	2,361
1158 (Interest payable to Bharatkosh)	13,95,26,131	1,38,78,434
6000	1,34,767	2,55,933
4798	7,559	4,256
6666	42	40
5555	7,72,290	6,56,664
8930(ICSSR)	12	479
ICMR Project (Covid-19) ,A/c No:-129001000009248	-	6,351
Interest earned ATF	30,687	-
Bank Interest Donation Account	2,050	-
Bank Interest( Hostel Fee)	41,989	-
Account No. 129001000010152(Holding A/C,National Tele Mental Health Programme)	45	-
Tele Manas(Interest payable to Bharatkosh)	85,353	20,570
<b>Total</b>	<b>14,14,77,584</b>	<b>1,56,38,244</b>
<b>Annexure IV: Interest Earned on Term Deposits</b>		
2733	-	4,76,712
1172	2,89,919	2,72,004
4797	1,979	1,857
1158	-	59,19,661
6000	1,56,244	1,46,589
5555	-	7,19,836
<b>Total</b>	<b>4,48,142</b>	<b>75,36,659</b>



Particulars	2023-24	2022-23
<b>Annexure V: Other Income</b>		
A/c 2733		
Admission Fee (MSc,Nursing)	3,47,700	1,85,900
Admission Fee (Mphil,CP)	2,36,200	1,88,801
Admission Fee (Phd,CP)	1,38,550	1,18,700
Admission Fee (DPN)	4,950	11,550
Caution Fee received	-	-
Registration Fee received (CME & PG Development programme)	66,951	-
Overhead charge received from ICMR	-	55,183
Admission Fee (Mphil,PSW)	2,47,850	1,88,900
Admission Fee (MD ,Psy)	16,05,254	16,05,353
Bond Fee (MSc Psy Nursing)	1,80,000	1,80,000
Posting Fee	3,33,300	4,33,000
Training fee received(From Meghalaya Govt)	-	1,50,000
1st Year (MMLS)A/c	1,16,500	1,04,851
Admission Fee (Phd,Nursing)	99,051	1,18,700
DMHP PSW Training A/C	-	-
Other misc Received A/c-2733	10	-
Electricity charge receive	215	-
Admission Fee,(Phd,PSW)	1,97,900	2,37,400
<b>Total (a)</b>	<b>35,74,331</b>	<b>35,78,338</b>
Canteen Rent	5,61,000	5,11,200
Tender Fee	-	-
Auction fee	-	4,01,580
Application Fees 1172	15,300	10,200
Bills Receivable (Adjusted) FY 22 23 (Canteen rent)	42,600	-
Bills Receivable(Adjusted) FY 22 23(IOB ATM room rent)	300	-
IOB ATM Room rent	3,300	3,600
<b>Total (b)</b>	<b>6,22,500</b>	<b>9,26,580</b>
A/c 1158		
OPD Registration fees	2,08,000	2,04,000
Other Misc Received (PFMS)	3,000	-
Misc received	1	-
Penalty charged for loss/ damage of Asset	12,079	-
Recovery of Penalty charge from wages	1,100	-
Transfer to A/C 1158(For WAPR Reimbursement of Exp) from SBI A/C 42196321041	3,85,253	-
Guest house rent received	-	1,900
Security Deposit 1158 Forfeited	-	2,57,468
Performance Bank Guarantee forfeited	-	5,98,242
Withheld Amount (Radiant Skill)	-	29,628
License Fees(Quarter)	-	14,64,493
Inter account Trf(EC received in A/C No 1172 later trf to A/C 1158)	-	4,512
Electric Charge	26,30,555	20,90,843
<b>Total (c)</b>	<b>32,39,988</b>	<b>46,51,086</b>
Hotel Exp A/C		
Hotel Fee received	4,00,200	-
<b>Total(d)</b>	<b>4,00,200</b>	
<b>Account Number : 129001000010999 (Donation )</b>		
Donation received from Russan Pharma for CME & PG Dev Prog	2,30,300	-
Transfer to Donation Account No. 10999(For WAPR Reimbursement of Exp)from SBI A/C 42196321041	94,747	-
<b>Total(e)</b>	<b>3,25,047</b>	
<b>Account Number: 12901000004798</b>		
Misc Received A/C No 4798)	6,001	-
<b>Total(f)</b>	<b>6,001</b>	
<b>Grand Total (a+b+c+d+e+f)</b>	<b>81,68,067</b>	<b>91,56,004</b>
<b>Annexure VI: Other receipts of non-revenue in nature</b>		
<b>a) Security Deposits</b>		
A/c 1158	2,89,900	3,93,745
<b>Total</b>	<b>2,89,900</b>	<b>3,93,745</b>
<b>b) Earnest Money Deposit</b>		
A/c 1158	3,87,015	5,13,650
<b>Total</b>	<b>3,87,015</b>	<b>5,13,650</b>



Particulars	2023-24	2022-23
<b>c) Caution Money Deposit (A/C 2733)</b>		
A/c 2733	3,35,000	-
Caution Deposit for Hostel Fee A/C:10105 (Hostel Fee )	15,000	-
<b>Total</b>	<b>3,50,000</b>	<b>-</b>
<b>d) Others</b>		
A/c 1158	-	-
PCA recovery	1,53,277	7,57,140
SCA recovery	-	63,169
Other Deduction From Pensioner	1,54,000	-
LTC recovery from TMF Chetry	16,542	-
Held Up amount (Kalpana Hazarika, recovery from leave salary)	7,88,620	-
Stipend Recovery	1,62,903	-
Transport Allowance Recovery	56,604	-
Children Education allowance Recovery	81,000	-
Recovery :GIA Salaries/1.4 Other Benefits/Immediate Relief (Advance)	12,000	-
Bills Receivable of FY 22-23 Received & adjustment A/c ( Dr.Jansina Rajeswara Rs.18023/- Dr.Ramasubramania Rs.14018/- & Dr.V.K Radhakrishnan Rs.13938/)	45,979	-
Pre Paid of FY 22-23 vehicle pollution Exp & adjustment	146	-
Pre Paid of FY 22-23 vehicle insurance exp & adjustment	25,746	-
Bills Receivable Of FY 22-23 Adjustment (Electricity Charge Canteen )	1,695	-
Bills Receivable of FY 22-23(10B ATM Electricity Charge)	2,412	-
Asst. Prof. Fixation Recovery	-	2,65,463
NPL Bonus Recovery	-	43,862
Insurance Claim received from National Insurance Co	-	23,500
Recovery of Penalty charge from wages	-	11,600
Expenditure from Kayakalp Award Money	-	-
License Fees(Quarter)	14,13,360	-
License Fees Recovery (ICMR)	-	-
Refund against advance(Air ticket)	-	7,149
Excess deposit of Hostel Fee refunded	-	1,400
Other Deduction from salary	20,17,083	1,28,95,358
NPS(Employees Share)	1,41,84,093	1,14,00,693
Penalty charged for loss/damage of Asset	-	11,910
Receipt/Refund of Hostel Fees	-	6,93,102
Adjustment of Advance Electricity Security(CAEDCL)	10,86,740	-
Posting Fee received & refunded to Ramakrishna Mission	-	9,500
Adjustment of Advance Miscellaneous(SAP)	80,000	-
Advance TA	18,71,676	16,08,724
GPF Recovery	4,42,180	7,83,250
GPF	41,38,000	47,45,000
GBS	94,600	1,05,400
EPF	72,24,995	66,77,109
Income Tax	3,40,87,579	4,43,80,347
P/TAX	11,10,246	10,58,524
LIP	49,81,549	46,86,151
GSLI	2,54,880	2,57,850
NPS 80CCD	-	1,50,000
IGST	6,67,448	2,72,463
CGST	4,74,617	11,44,500
SGST	4,74,617	11,44,500
Encashment of FDR IOB	-	24,00,00,000
<b>Inter bank Transfer</b>		
License Fee transfer from ATF A/c to A/C 1158	55,510	-
License Fee transfer from Tele-Manas (Holding ) A/c111222	7,280	-
License Fees Transferred from a/c 6000 (NMHP) to A/C 1158	12,740	-
<b>Overhead Charges (Trf from A/C 2733) Against Fund of SATRA to A/C No 1158</b>	<b>6,700</b>	<b>-</b>
Inter Bank Transfer(Trf from Donation A/c no:10999 to A/C 2733(To adjust the expenditure of CME & PG Development programme))	2,23,922	-



Particulars	2023-24	2022-23
<b>ICMR PROJECT (COVID-19) A/c No:-129001000009248</b>		
Misc Received	-	-
P. Tax (ICMR)	-	2,796
License Fee (ICMR)	-	5,783
Electricity Charges (ICMR)	-	1,696
P. Tax (Tele Manas)	6,240	358
License Fee (Tele Manas)	7,280	-
Donation received from IOB	-	2,00,000
CGST A/C-(Donation)10999 (liability) FY 22 23	-	1,230
SGST A/C-(Donation)10999 (liability) FY 22 23	-	1,230
Hostel Fee received	-	7,56,302
CGST(ATF)liability	-	2,042
SGST(ATF)liability	-	2,042
<b>Total</b>	<b>7,64,24,259</b>	<b>33,41,71,143</b>
<b>Annexure VII: Establishment Expenses</b>		
Salary	35,52,00,722	32,29,30,224
Employer's share for EPF & Gratuity	76,73,860	70,82,582
NPS (Employees share)Liability	-	-
Group Gratuity Premium Amount	16,20,033	17,20,085
Employer's share for NPS	2,01,53,382	1,55,32,914
Children Education Allowance	39,66,000	40,14,000
Pension Contribution	3,19,17,166	3,01,43,777
Travel Expense	33,60,222	22,01,077
Leave Travel Concession	1,07,371	1,62,434
<b>Total</b>	<b>42,39,98,756</b>	<b>38,37,87,093</b>
<b>Annexure VIII: Office Expenses</b>		
Legal services	3,80,403	2,95,202
Printing & Stationery	16,63,136	15,71,998
Printing and publications	7,80,318	6,09,823
Advertisement and publicity	5,57,845	3,72,443
Postage and Telegram	80,409	1,66,316
BOG/EC Meeting	3,36,887	6,59,475
Electricity Charges	1,37,08,470	1,18,10,499
Telephone charges	9,09,692	10,97,167
Security agency	1,53,42,301	1,18,26,465
Maintenance of computer / Xerox	11,59,736	3,30,302
Maintenance of Water plant	-	-
Other charge	8,76,038	22,60,732
Staff welfare	-	-
Maint. Of DG sets	32,26,423	40,32,715
Information Technology	2,84,260	6,29,534
Improvement & maintenance of electrical item	23,12,546	10,47,283
Information Education communication & other expenses.	-	1,534
Rent ,Rates & taxes	-	1,79,174
Normal maintenance and wear and tear.	-	-
Research Salary	3,59,210	2,20,000
<b>Total</b>	<b>4,19,77,674</b>	<b>3,71,10,662</b>
<b>Annexure IX: Administrative Expenses</b>		
Salary & Wages	5,01,52,694	4,38,56,235
Vehicle Maintenance/POL	5,48,056	3,95,303
Reimbursement of Medical Expenses	16,53,759	14,39,893
Maintenance/Upgradation of Building etc	2,00,000	85,400
Maintenance of Building/Electrical Equipment	4,43,322	13,56,366
Payment of Prof. and spl service	42,130	90,334
Payment of Professional /Special Services (WIP)	-	7,83,75,946
Stipends	2,17,40,689	1,77,77,993
<b>Total</b>	<b>7,47,80,650</b>	<b>14,33,77,470</b>



Particulars	2023-24	2022-23
<b>Annexure X: Hospital Expenses</b>		
Diet expenses	45,54,096	35,42,253
Medicine	1,54,48,296	89,50,915
Clothing	3,51,603	2,17,352
Laboratory Maintenance	95,32,621	52,64,493
Hygienic expenses	1,43,440	2,60,659
Maint. Of laundry & Kitchen	8,92,532	9,93,147
Maintenance of Incinerator	1,26,240	95,580
Surgical Stores	2,98,527	3,98,618
Servicing/repairing of Hospital Instrument	18,19,120	6,59,093
Community psy. Programme	2,26,830	1,15,180
<b>Total</b>	<b>3,33,93,305</b>	<b>2,04,99,290</b>
<b>Annexure XI: Academic Expenses</b>		
Consultancy Fees	94,857	2,15,390
Contributions to professional bodies	5,18,400	6,86,270
Training / conference/seminar	37,06,067	40,19,121
<b>Total</b>	<b>43,19,324</b>	<b>49,20,781</b>
<b>Annexure XII: Swachhata Action Plan-3257</b>		
1.9- Misc Road Show etc	2,83,409	3,12,348
Chemical & consumable	4,97,466	6,31,777
IEC	-	1,07,639
Infection control-Targeted Surveillance	8,38,730	37,63,064
Horticulture	71,358	-
Content Development	-	60,770
<b>Total</b>	<b>16,90,963</b>	<b>48,75,618</b>
<b>Annexure XIII: Expenses from A/c 2733</b>		
Caution Money Release	60,000	15,000
Caution Money Exp	95,000	2,35,000
CME & PG Development programme Exp	3,00,523	-
Exp of Training for fund received from State Health Society, NMHP	79,121	-
Training fee unspent amount refund to State Health Society, NMHP	15,659	-
Expenditure from Fees Collected	3,50,737	3,04,720
Payment of Sundry Creditors FY 21 22	-	6,678
Excess deposit of hostel fee refunded	-	1,400
Training fee received & Expenditure in A/C 2733 (From SATRA)	80,460	-
<b>Total</b>	<b>9,81,500</b>	<b>5,62,798</b>
<b>Annexure XIV: Payment from A/c 6000</b>		
Interest Refund to Bharat Kosh F/Y 2021-22 (A/C 6000)	36,831	-
Interest Refund to Bharat Kosh F/Y 2022-23(A/C 6000)	2,55,933	-
Salary	15,43,656	9,55,868
<b>Total</b>	<b>18,36,420</b>	<b>9,55,868</b>
<b>Annexure XV: Exp from ICSSR Project Account</b>		
Salary	-	-
T.A.	-	-
Stationary	-	5,180
ICSSR Balance amount return	-	24,645
<b>Total</b>	<b>-</b>	<b>29,825</b>
<b>Annexure XVI: Exp from ICMR Project Account</b>		
Salary	-	3,94,000
ICMR A/C (TA & Accessories )	-	53,072
ICMR A/C (Compensation)	-	75,300
ICMR Balance amount return	-	12,240
P. Tax (ICMR)	-	2,796
Licence Fee (ICMR)	-	5,783
Electricity Charges (ICMR)	-	1,596
<b>Total</b>	<b>-</b>	<b>5,44,887</b>



Particulars	2023-24	2022-23
<b>Annexure XVII. ACCOUNT NO. 111222 (Tele Manas)</b>		
Salary	10,90,000	53,871
Office Expenses	29,102	18,000
License Fee (Tele Manas)	7,280	-
Bank Interest Tele Manas (Payable to Bharukoh)	20,570	-
Travel, Meeting & Research (Tele Manas)	93,831	-
P.Tax (Tele Manas)	6,240	358
<b>Total</b>	<b>12,47,023</b>	<b>72,229</b>
<b>Annexure XVIII. A/c No:-10999 (DONATION A/C)</b>		
Inter Bank Trf (Trf to A/c no:2733 for CME project expenses from Donation A/C)	2,23,922	-
CGST A/C-(Donation)10999 (liability) FY 22 23	1,230	-
SGST A/C-(Donation)10999 (liability) FY 22 23	1,230	-
Donation Expenses	-	1,97,600
<b>Total</b>	<b>2,26,382</b>	<b>1,97,600</b>
<b>Annexure XIX. ACCOUNT NO.10105 (HOSTEL FEE)</b>		
Caution Deposit for Hostel Fee A/C:10105 (Hostel Fee)	10,000	-
Hostel Fee Expenditure	-	3,20,588
<b>Total</b>	<b>10,000</b>	<b>3,20,588</b>
<b>Annexure XX. ACCOUNT NO. 10083 (ATF)</b>		
ATF (Salary)	24,67,749	7,742
ATF (Equipment, Furniture)	-	1,66,200
ATF (Equipment, Computer)	-	53,875
ATF (Overheads)	85,999	-
CGST (ATF) liability FY 22 23	2,042	-
SGST (ATF) liability FY 22 23	2,042	-
ATF (Stationery)	-	20,174
ATF (Office Expenses)	52,088	4,140
<b>Total</b>	<b>26,09,920</b>	<b>2,52,131</b>
<b>Annexure XX(A). Account Number: 42196321041 (SBI Tezpur, ZBSA)</b>		
Transfer to Donation Account No. 10999 (For WAPR Reimbursement of Exp) from SBI A/C 42196321041	94,747	-
Transfer to A/C 1158 (For WAPR Reimbursement of Exp) from SBI A/C 42196321041	3,85,253	-
<b>Total</b>	<b>4,80,000</b>	<b>-</b>
<b>Annexure XXI: Fixed Assets Purchased &amp; WIP</b>		
GIA, Capital, Physical Infrastructure -Construction (WIP)	73,15,021	4,98,69,528
GIA General/Minor Works/Improvement / Maintenance of Electrical works (Equipment electrical)	-	96,493
GIA General/3.01 Material & Supplies /C.8 Furniture and Fixtures.	-	1,01,250
ATF (Equipment, Furniture)	21,236	-
ATF (Equipment, Computer)	1,73,570	-
GIA General/3.01 Material & Supplies /C.10 Equipments (a) computers, others.	-	-
GIA General/3.01 Material & Supplies /C.10 Equipments (a) computers, others.	6,741	8,262
3.04 Library/D.2 (i) Purchase of library books and learning materials (Learning materials for clinical Phy & Psy Nursing)	13,67,362	-
3.04 Library/D.2 (i) Purchase of library books and learning materials.	57,34,663	-
GIA General/3.01 Material & Supplies /C.10 Equipments (b) Hospital Equipments (Medical Equipment)	23,970	1,04,279
Swachhata Action Plan-3257 :Equipment, Machine for Automation	4,81,623	18,000
Swachhata Action Plan-3257 :Infection control-Targeted Surveillance(Hospital Equipment)	-	2,95,500
GIA General/Maintenance/Replacement of Vehicle/Maintenance of Computer /Xerox under AMC/Computer equipment)	-	8,395
Swachhata Action Plan-3257 :Horticulture(Hospital Equipment)	-	2,00,000
Swachhata Action Plan-3257 :Misc road Show(Hospital Equipment)	-	51,583
Grants for Creation of Capital Assets(2)/Physical Infrastructure/Machinery & Equipment	12,60,426	-
GIA General/IT Development/Information Technology -Website etc(Computer equipment)	-	63,419
Grants for Creation of Capital Assets(2)/Physical Infrastructure/Machinery & Equipment(Computer)	65,86,615	12,24,918
Grants for Creation of Capital Assets(2)/Physical Infrastructure/Machinery & Equipment(Electrical)	-	11,33,243



Particulars	2023-24	2022-23
Grants for Creation of Capital Assets(2)Physical Infrastructure/Machinery & Equipment(Hospital)	2,98,300	4,90,760
Grants for Creation of Capital Assets(2)Physical Infrastructure/Machinery & Equipment(Furniture)HSCC	91,21,500	-
Consultancy fee HSCC	19,48,086	-
Grants for Creation of Capital Assets(2)Physical Infrastructure/Machinery & Equipment(Furniture)	7,08,496	8,92,571
<b>Total</b>	<b>3,50,47,609</b>	<b>5,45,58,201</b>
<b>Annexure -XXII</b>		
Bank Charges	-	236
<b>Total</b>	<b>-</b>	<b>236</b>
<b>Annexure XXIII: Advances/Liability Paid</b>		
NPS	1,43,95,204	1,10,94,900
Pre Paid Information Technology -Website etc	9,74,617	-
Pre Paid of FY 22-23 vehicle polition Exp & adjustment	538	-
Pre Paid of FY 22-23 vehicle insurance exp & adjustment	23,392	-
Pre Paid Telephone Charges	77,397	-
Bills Payable( Postage & Telegram)	11,888	-
Bills Payable( Electricity charges)	9,24,131	-
Bills Payable(Payment of telephone charges)	81,493	-
Gratuity & EI. Release of Prafulla Saikia	16,96,406	-
GPF	41,38,000	47,45,000
GPF Recovery	4,42,180	7,83,250
GIS	94,600	1,05,400
P/ TAX	11,10,454	10,58,316
LIP	49,81,549	46,86,151
GSLI	2,55,150	2,57,580
Posting Fee received & refunded to Ramakrishna Mission	-	9,500
S Cr(Other Expense) Paid FY 21 22	-	26,100
S Cr (Materials & Supplies ) paid FY 21 22	-	32,097
Sundry Creditors (Misc Road Show) SAP	17,17,284	-
IGST Suspense SAP (S Cr)	29,064	-
Sundry Creditor Material & Supply(Surgical items) FY 22 23	17,829	-
Sundry Creditor (Advertisement & Pub Charge) FY 22 23	10,418	-
S Cr(Office Expense) paid FY 21 22	-	1,215
S Cr(Research) paid FY 21 22	-	80,000
NPS 80CCD	-	1,50,000
IGST	4,44,943	2,24,275
CGST	5,44,187	9,59,048
SGST	5,44,187	9,59,048
EPF	72,35,552	66,66,552
Income Tax	3,40,87,579	4,43,80,347
Security Deposit (HSCC)	8,07,959	-
Security Deposit 1158	11,52,522	77,28,308
Earnest Money 1158	5,66,615	2,99,200
Pre Paid vehicle polition	-	146
Pre Paid vehicle insurance	-	25,746
Adv Miscellaneous (SAP)	50,96,566	-
Advance GLA -Capital- Physical Infrastructure -Building-Construction	6,50,00,290	-
Advance Horticulture	11,06,300	-
Adv Reimbursement of medical expenses.	36,000	-
Advance Upkeep & maintenance of building/quarters and approach road	2,57,03,982	-
Advance Electrical Works	8,00,000	-
Advance Maintenance of Building/Electrical Equipment	1,88,83,693	-
Advance TA	18,71,676	10,28,724
Adv Misc road Show	-	1,14,27,850
<b>Total</b>	<b>19,48,63,645</b>	<b>9,67,28,753</b>



Particulars	2023-24	2022-23
<b>Annexure XXIV: Other Payment</b>		
Advance TA Adjustment FY 21 22	-	5,80,000
Release of Accrued interest F.Y-2020-21 A/C 1158	1,38,78,434	1,15,04,108
Refund of Accumulated Interest deposit by HSCC	-	7,00,00,000
Receipt/Refund of Hostel Fees	-	6,93,102
Bills Receivable A/c ( Dr.Jamuna Rajeswara Rs.18023/- ,Dr.Ramasubramania Rs.14018/- & Dr.V.K Radhakrishnan Rs.13938/-)	-	45,979
Purchase of FDR IOB A/C 1158	-	24,00,00,000
Grant Received from NEC, Shillong (WAPR) & exp there on(A/C 1158)	-	3,07,864
WAPR expenditure (1158)	-	2,26,270
Furniture & Fixture(Work in Progress)	-	14,22,000
Advance:Grants for Creation of Capital Assets(2)/Physical Infrastructure:Building/Advance Construction	-	16,59,33,251
GIA General:Maintenance:Advance Maintenance of Building/Electrical Equipment	-	22,88,615
GIA :General:Minor works:Advance Upkeep & maintenance of building/quarters and approach road	-	2,80,000
Advance:Swachhata Action Plan-3257 :Horticulture	-	30,99,220
<b>Total</b>	<b>1,38,78,434</b>	<b>49,63,80,409</b>
<b>Annexure XXV: Closing Balance of Cash at bank</b>		
2733	45,54,870	2,36,03,547
1172	9,96,323	8,61,055
4797	1,20,159	839
1158	29,68,14,861	22,99,44,814
6000	90,99,607	14,98,427
4798	88,788	75,228
6666	1,548	1,506
5555	3,99,478	3,12,27,188
Account No: 10083 (ATF)	19,98,219	15,10,703
Account No:10105 (HOSTEL FEE )	17,90,203	13,43,014
Donation,A/c No:-10999 (DONATION A/C )	1,05,375	4,860
Account No: 111222 (Tele Manas)	25,09,688	36,57,838
ICSSR PROJECT ,A/c No:-129001000008930	491	479
Account No. 129001000010152(Holding A/C.National Tele Mental Health Programme)	45	-
<b>Total</b>	<b>31,84,79,855</b>	<b>29,37,29,498</b>
<b>Annexure XXVI: Closing Balance of Term Deposit</b>		
Account Number: 129001000002733-Fixed Deposit	2,30,00,000	-
Account Number: 129001000001158- Fixed Deposit	4,00,00,000	-
1172	1,80,00,000	1,69,72,004
<b>Total</b>	<b>8,10,00,000</b>	<b>1,69,72,004</b>
<b>Annexure XXVII: Closing Balance of Term Deposit from Endowment Fund</b>		
4797	-	1,15,857
Account Number: 129001000005555- Fixed Deposit	3,16,00,000	-
6000	-	91,46,589
<b>Total</b>	<b>3,16,00,000</b>	<b>92,62,446</b>
Inter account Trf (EC received in A/C No 1172 later trf to A/C 1158)	-	4,512
<b>Total</b>	<b>-</b>	<b>4,512</b>

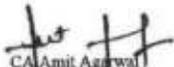


Lokpriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000002733

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
Opening Balance	2,36,03,546	1,94,13,128	CME & PG Development programme Exp	3,00,523	-
Interest earned	6,24,330	4,51,366	Caution Money Release	60,000	15,000
FD(A/C 2733) Interest receivable A/C		4,76,712	Caution Money Exp	95,000	2,35,000
			Payment of Sundry Creditors FY 21 22		6,678
			Exp of Training fee fund received from State Health Society, NMHP	79,121	
			Training fee unspent amount refund to State Health Society, NMHP	15,659	-
<u>Other Income(Specify)</u>			Hostel fee transferred to Hostel fee Account		69,600
Admission Fee (MSc,Nursing)	3,47,700	1,85,900	Training fee received & Expenditure in A/C 2733 (From SATRA)	80,460	
Admission Fee (Phd,CP)	1,38,550	1,18,700	Purchase of FDR	2,30,00,000	-
Admission Fee (Mphil,CP)	2,36,200	1,88,801			-
Admission Fee (Phd,Nursing)	99,051	1,18,700	Expenditure from Fees Collected	3,50,737	3,04,720
Caution Fee received	3,35,000	3,15,000	MD (Pay) course exp		-
Admission Fee (DPN)	4,950	11,550	Excess deposit of hostel fee refunded		1,400
Overhead charge received from ICMR	-	55,183	Fixed Deposit Investment Made		2,00,00,000
Bond Fee (MSc Pay Nursing)	1,80,000	1,80,000	<u>Closing Balance</u>		
DMHP PSW Training A/C		-	Cash at bank	45,54,869	2,36,03,546
Admission Fee (Phd,PSW)	1,97,900	2,37,400			
Training fee received(From Meghalaya Govt)	-	1,50,000			
Excess deposit of Hostel Fee refunded	-	1,400			
Admission Fee (Mphil,PSW)	2,47,850	1,88,900			
Electricity charge received	215	-			
Admission Fee (MD Pay)	16,05,254	16,05,353			
1st Year (MML.S)A/c	1,16,500	1,04,851			
Youth Wellness HUB Registration Fee		-			
Posting Fee	3,33,300	4,33,000			
Fixed deposit Matured		2,00,00,000			
Other misc Received A/c:-2733	10				
<u>(VI) Any other Receipts (give details)</u>					
<u>Other Receipts of non-revenue in nature</u>					
Inter Bank Transfer(Trf from Donation A/c no:10999 to A/C 2733(To adjust the expenditure of CME & PG Development programme))	2,23,922				
Registration Fee received (CME & PG Development programme)	66,851				
Training fee fund received in A/C 2733 (From NMHP)	94,780				
Training fee received & Expenditure in A/C 2733 (From SATRA)	80,460				
	2,85,36,369	4,42,35,944		2,85,36,369	4,42,35,944

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

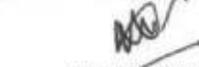
  
CA Amit Agarwal  
Partner  
MRN: 066877; FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



Page 28 of 57

For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000002733-Fixed Deposit

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
Opening Balance	-	-	Fixed Deposit Matured		2,04,76,712
Fixed Investment made during the year	2,30,00,000	2,00,00,000	Closing Balance	2,30,00,000	-
Interest on FD		4,76,712		2,30,00,000	2,04,76,712
	2,30,00,000	2,04,76,712			

In terms of our report of even date attached.

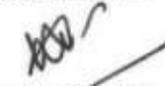
For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877; FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

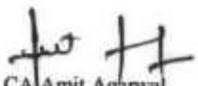
  
Authorized Signatory  
ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000001172

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs	Rs		Rs	Rs
<u>Opening Balance</u>			Inter account Trf (EC received in A/C No 1172 later trf to A/C 1158 from A/C No 1172)	-	4,512
a) Cash in hand	-	-			
b) Cash at bank	8,61,055	1,62,72,685			
<u>Interest earned</u>			Fixed Deposit Made	1,80,00,000	1,67,00,000
On SB Deposit	2,50,845	3,61,790	<u>Closing Balance</u>		
Interest on FD Received	2,89,919		a) Cash in hand		-
Encash of FDR-1172	1,69,72,004		b) Cash at bank	9,96,323	8,61,055
<u>Other Income(Specify)</u>					
Canteen Rent	5,61,000	5,11,200			
Tender Fee					
IOB ATM Room rent	3,300	3,600			
Late Fine					
RTI Fees 1172		-			
Application Fees 1172	15,300	10,200			
Auction fee		4,01,580			
Bills Receivable (Adjusted) FY 22 23 (Canteen rent)	42,600				
Bills Receivable(Adjusted) FY 22 23(IOB ATM room rent)	300				
Inter account Trf(EC received in A/C No 1172 later trf to A/C 1158 from A/C No 1172)		4,512			
	-				
	1,89,96,323	1,75,65,567		1,89,96,323	1,75,65,567

In terms of our report of even date attached.

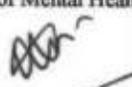
For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

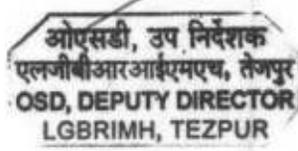
  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory

  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000001172- Fixed Deposit

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs	Rs		Rs	Rs
Opening Balance	1,69,72,004	-	Encash of FDR-1172	1,72,61,923	
Investments made during the year	1,80,00,000	1,67,00,000	Closing Balance	1,80,00,000	1,69,72,004
Interest earned	2,89,919	2,72,004			
	3,52,61,923	1,69,72,004		3,52,61,923	1,69,72,004

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

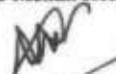
  
CA Amit Agarwal  
Partner

MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

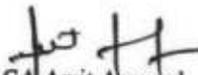
  
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ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000004797

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<b>Opening Balance</b>			<b>Investment in Fixed Deposit</b>		1,14,000
a) Cash in hand					
b) Cash at bank	839	1,12,478			
<b>Interest earned</b>			<b>Closing Balance</b>	1,20,159	839
On SB Deposit	1,484	2,361			
FD Interest	1,979				
Encashment of FDR 4797	1,15,857				
	1,20,159	1,14,839		1,20,159	1,14,839

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

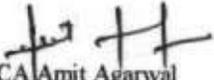
  
Authorized Signatory  
ओप्रेसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000004797- Fixed Deposit

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
Opening Balance	1,15,857	-	Encashment of FD	1,17,836	
Investments made in Fixed Deposit	-	1,14,000	Closing Balance		1,15,857
Interest earned	1,979	1,857			
	1,17,836	1,15,857		1,17,836	1,15,857

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner

MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR



Ladyslipa Gopabandh Bortholm Engineers' Institute of Hospital Health  
 Tezpur - Doozpur - Assam  
 Receipts and Payment Account for the year ended 31st March 2024  
 Account Number: 1259105001104

Particulars	2023-24	2022-23
(I) Opening Balance		
(A) Cash in hand	35,51,48,814	35,51,48,814
(B) Bank Balances	5,11,57,485	5,11,57,485
(C) Debtors		
(D) Creditors		
(E) Other Assets		
(F) Other Liabilities		
Total	40,63,06,299	40,63,06,299
(II) Receipts		
(A) From Patients	3,20,000	3,20,000
(B) From Donations	3,20,000	3,20,000
(C) From Government		
(D) From Other Sources		
Total	6,40,000	6,40,000
(III) Payments		
(A) To Patients	3,20,000	3,20,000
(B) To Donations	3,20,000	3,20,000
(C) To Government		
(D) To Other Sources		
Total	6,40,000	6,40,000
Balance carried over	35,51,48,814	35,51,48,814

Particulars	2023-24	2022-23
(I) Expenses		
(A) For A. Admission		
(B) For B. Examinations		
(C) For C. Other Expenses		
(D) For D. Other Expenses		
(E) For E. Other Expenses		
(F) For F. Other Expenses		
(G) For G. Other Expenses		
(H) For H. Other Expenses		
(I) For I. Other Expenses		
(J) For J. Other Expenses		
(K) For K. Other Expenses		
(L) For L. Other Expenses		
(M) For M. Other Expenses		
(N) For N. Other Expenses		
(O) For O. Other Expenses		
(P) For P. Other Expenses		
(Q) For Q. Other Expenses		
(R) For R. Other Expenses		
(S) For S. Other Expenses		
(T) For T. Other Expenses		
(U) For U. Other Expenses		
(V) For V. Other Expenses		
(W) For W. Other Expenses		
(X) For X. Other Expenses		
(Y) For Y. Other Expenses		
(Z) For Z. Other Expenses		
Total	15,12,500	15,12,500

Particulars	2023-24	2022-23
(I) Assets		
(A) Fixed Assets		
(B) Current Assets		
(C) Other Assets		
(D) Other Assets		
(E) Other Assets		
(F) Other Assets		
(G) Other Assets		
(H) Other Assets		
(I) Other Assets		
(J) Other Assets		
(K) Other Assets		
(L) Other Assets		
(M) Other Assets		
(N) Other Assets		
(O) Other Assets		
(P) Other Assets		
(Q) Other Assets		
(R) Other Assets		
(S) Other Assets		
(T) Other Assets		
(U) Other Assets		
(V) Other Assets		
(W) Other Assets		
(X) Other Assets		
(Y) Other Assets		
(Z) Other Assets		
Total	3,05,300	3,05,300

Particulars	2023-24	2022-23
(I) Liabilities		
(A) Current Liabilities		
(B) Long Term Liabilities		
(C) Other Liabilities		
(D) Other Liabilities		
(E) Other Liabilities		
(F) Other Liabilities		
(G) Other Liabilities		
(H) Other Liabilities		
(I) Other Liabilities		
(J) Other Liabilities		
(K) Other Liabilities		
(L) Other Liabilities		
(M) Other Liabilities		
(N) Other Liabilities		
(O) Other Liabilities		
(P) Other Liabilities		
(Q) Other Liabilities		
(R) Other Liabilities		
(S) Other Liabilities		
(T) Other Liabilities		
(U) Other Liabilities		
(V) Other Liabilities		
(W) Other Liabilities		
(X) Other Liabilities		
(Y) Other Liabilities		
(Z) Other Liabilities		
Total	3,05,300	3,05,300







Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000001158- Fixed Deposit

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs	Rs		Rs	Rs
Opening Balance	-	-	Fixed Deposit Matured	-	24,59,19,661
Investments made during the year	4,00,00,000	24,00,00,000	Closing Balance	4,00,00,000	-
Interest earned	-	59,19,661			
	4,00,00,000	24,59,19,661		4,00,00,000	24,59,19,661

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E



Date: 21/06/2024  
Barpeta Road, Assam

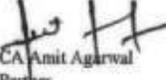
  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokpriya Gopinath Bordoloi Regional Institute of Mental Health  
 Tezpur :: Sonitpur :: Assam  
 Receipts and Payments Account for the year ended 31st March 2024  
 Account Number: 129001000006000

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<b>Opening Balance</b>					
a) Cash in hand			Salary	15,43,656	9,55,868
b) Cash at bank	14,98,427	1,11,98,362	Interest Refund to Bharat Kosh F/Y 2021-22 (A/C 6000)	36,831	-
			Interest Refund to Bharat Kosh F/Y 2022-23(A/C 6000)	2,55,933	-
			License fee NMHP A/C 6000	12,740	-
			Electricity Charge NMHP A/C 6000	10,795	-
			P Tax NMHP A/C 6000	8,320	-
			Investment made in Fixed Deposit	-	90,00,000
<b>Grants Received</b>			<b>Closing Balance</b>		
Fund Received from MHFW-A/c-6000	-	-	a) Cash in hand	-	-
<b>Interest earned</b>			b) Cash at bank	90,99,607	14,98,427
On SB Deposit	1,34,767	2,55,933			
Fixed Deposit Interest A/C 6000	1,56,244	-			
Encashment of FDR A/C 6000	91,46,589	-			
License fee NMHP A/C 6000	12,740	-			
P Tax NMHP A/C 6000	8,320	-			
Electricity Charge NMHP A/C 6000	10,795	-			
	1,09,67,882	1,14,54,295		1,09,67,882	1,14,54,295

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
 Chartered Accountants

  
 CA Amit Agarwal  
 Partner  
 MRN: 066877; FRN: 326857E

Date: 21/06/2024  
 Barpeta Road, Assam



For and on behalf of the Management  
 LGB Regional Institute of Mental Health

  
 Authorized Signatory  
 ओएसडी, उप निदेशक  
 एलजीबीआरआईएमएच, तेजपुर  
 OSD, DEPUTY DIRECTOR  
 LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000006000 Fixed Deposit

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
Opening Balance	91,46,589	-	Encashment of FD	93,02,833	
Investment made in Fixed Deposit		90,00,000	Closing Balance	-	91,46,589
Interest earned	1,56,244	1,46,589			
	93,02,833	91,46,589		93,02,833	91,46,589

*In terms of our report of even date attached.*

*For and on behalf of Amit Bishnu and Associates  
Chartered Accountants*

*For and on behalf of the Management  
LGB Regional Institute of Mental Health*

  
CA Amit Agarwal  
Partner

MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



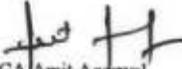
  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
QSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 12901000004798

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<u>Opening Balance</u>					
a) Cash in hand	-	-			
b) Cash at bank	75,228	70,972			
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit	7,559	4,256	a) Cash in hand		-
<u>Any other Receipts</u>			b) Cash at bank	88,788	75,228
Misc Received(A/C No 4798)	6,001				
	88,788	75,228		88,788	75,228

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner

MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory  
ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 12901000006666

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs	Rs		Rs	Rs
<u>Opening Balance</u>					
a) Cash in hand	-	-	<u>Closing Balance</u>		
b) Cash at bank	1,506	1,466	a) Cash in hand	-	-
<u>Interest earned</u>			b) Cash at bank	1,548	1,506
On SB Deposit	42	40			
	1,548	1,506		1,548	1,506

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants



CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory

ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000005555

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
Opening Balance	3,12,27,188	2,98,50,688	Investment made in Fixed Deposit	3,16,00,000	3,02,00,000
Fixed Deposit Matured	-	3,09,19,836	Closing Balance	3,99,478	3,12,27,188
SB Interest earned	7,72,290	6,56,664			
	3,19,99,478	6,14,27,188		3,19,99,478	6,14,27,188

In terms of our report of even date attached.

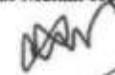
For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory

ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000005555- Fixed Deposit

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
Opening Balance	-	-	Fixed Deposit Matured	-	3,09,19,836
Investment made in Fixed Deposit(A/C 5555)	3,16,00,000	3,02,00,000	Closing Balance	3,16,00,000	-
Interest earned		7,19,836			
	3,16,00,000	3,09,19,836		3,16,00,000	3,09,19,836

In terms of our report of even date attached.

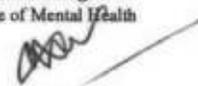
For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877; FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

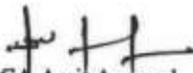
  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000010083 (ATF)

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<u>Opening Balance</u>			ATF (Salary)	24,67,749	7,742
a) Cash in hand			ATF(Equipment,Furniture)	21,236	1,66,200
b) Cash at bank	15,10,703		ATF(Equipment,Computer)	1,73,570	53,875
Fund received	32,61,555	17,58,750	ATF(Stationery)	-	20,174
			ATF(Office Expenses)	52,088	4,140
			ATF (Overheads)	85,999	
			CGST(ATF)liability FY 22 23	2,042	
			SGST(ATF)liability FY 22 23	2,042	
			P.Tax (ATF )	17,888	
CGST(ATF)liability		2,042	Licence Fee (ATF)	55,510	
SGST(ATF)liability		2,042	<u>Closing Balance</u>		
P.Tax (ATF )	17,888		a) Cash in hand		
Licence Fee (ATF)	55,510		b) Cash at bank	19,98,219	15,10,703
<u>Interest earned</u>					
Interest earned ATF	30,687	-			
	48,76,343	17,62,834		48,76,343	17,62,834

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory

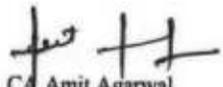
ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000010105(Hostel Fee A/C)

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<b>Opening Balance</b>					
a) Cash in hand			Hostel Fee Expenditure		3,20,588
b) Cash at bank	13,43,014		Caution Deposit for Hostel Fee	10,000	
			A/C:10105 (Hostel Fee )		
Transfer from 1158	-	8,37,700			
Transfer from 2733		69,600	<b>Closing Balance</b>		
Hostel Fee received	4,00,200	7,56,302	a) Cash in hand	17,90,203	13,43,014
Bank Interest( Hostel Fee)	41,989		b) Cash at bank		
Caution Deposit for Hostel Fee					
A/C:10105 (Hostel Fee)	15,000				
	18,00,203	16,63,602		18,00,203	16,63,602

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory

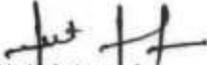
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number : 129001000010999 (Donation )

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<u>Opening Balance</u>			<u>Other Payments</u>		
a) Cash in hand	-	-	WAPR Conference expenditure		1,97,600
			Inter Bank Trf (Trf to A/c no:2733 for CME project expenses from Donation A/C)	2,23,922	
			CGST A/C:- (Donation)10999 (liability) FY 22 23	1,230	
			SGST A/C:- (Donation)10999 (liability) FY 22 23	1,230	
b) Cash at bank	4,860	-	<u>Closing Balance</u>		
Donation received from IOB	-	2,00,000	a) Cash in hand	-	-
Donation received from Rusan Pharma for CME & PG Dev Prog	2,30,300				
Transfer to Donation Account No. 10999(For WAPR Reimbursement of Exp)from SBI A/C 42196321041	94,747		b) Cash at bank	1,05,575	4,860
CGST A/C:- (Donation)10999 (liability) FY 22 23	-	1,230			
SGST A/C:- (Donation)10999 (liability) FY 22 23	-	1,230			
Bank Interest Donation Account	2,050				
	3,31,957	2,02,460		3,31,957	2,02,460

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory  
ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 1290010000111222 (National Tele Mental Health Programme)

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<b>Opening Balance</b>			Salary	10,90,000	53,871
a) Cash in hand			Office Expenses	29,102	18,000
b) Cash at bank	36,57,838	-	Bank Charges		236
<b>Fund Received</b>		37,09,375	P.Tax (Tele Manas )	6,240	358
			License Fee (Tele Manas)	7,280	
			Travel, Meeting & Research (Tele Manas)	93,831	
P.Tax (Tele Manas )	6,240	358	Bank Interest Tele Manas (Payable to Bharatkosh)	20,570	
License Fee (Tele Manas)	7,280		<b>Closing Balance</b>		
SB Deposit Interest (Payable to Bharat Kosh)	85,353	20,570	a) Cash in hand		
			b) Cash at bank	25,09,688	36,57,838
	37,56,711	37,30,303		37,56,711	37,30,303

*In terms of our report of even date attached.*

*For and on behalf of Amit Bishnu and Associates  
Chartered Accountants*

*For and on behalf of the Management  
LGB Regional Institute of Mental Health*

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



  
Authorized Signatory  
ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000009248 (ICMR)

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<u>Opening Balance</u>			<u>Other Payments</u>		
a) Cash in hand			Salary		3,94,000
b) Cash at bank		5,28,261	ICMR A/C (TA & Accessories )		53,072
Grants Received	-		ICMR A/C (Compensation)		75,300
Misc Received	-		ICMR Balance amount return		12,240
P.Tax (ICMR)		2,796	P.Tax (ICMR)		2,796
Licence Fee (ICMR)		5,783	Licence Fee (ICMR)		5,783
Electricity Charges (ICMR)		1,696	Electricity Charges (ICMR)		1,696
<u>Interest earned</u>			<u>Closing Balance</u>		
On SB Deposit		6,351	a) Cash in hand	-	
			b) Cash at bank	-	
	-	5,44,887		-	5,44,887

In terms of our report of even date attached.

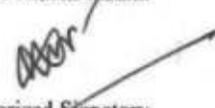
For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory

ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

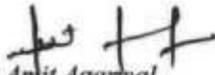
Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 129001000008930 (ICSSR PROJECT)

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs.	Rs.		Rs.	Rs.
<u>Opening Balance</u>			<u>Other Payments</u>		
a) Cash in hand			Salary	-	
b) Cash at bank	479	29,825	TA	-	
Grants Received	-		Stationery		5,180
<u>Interest earned</u>			ICSSR Balance amount return		24,645
On SB Deposit	12	479	<u>Closing Balance</u>		
			a) Cash in hand	-	
			b) Cash at bank	491	479
	491	30,304		491	30,304

*In terms of our report of even date attached.*

*For and on behalf of Amit Bishnu and Associates  
Chartered Accountants*

*For and on behalf of the Management  
LGB Regional Institute of Mental Health*

  
CA Anjit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



  
Authorized Signatory  
ओएसडी, उप निदेशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam  
Receipts and Payments Account for the year ended 31st March 2024  
Account Number: 42196321041(SBI Tezpur,ZBSA)

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs	Rs		Rs	Rs
<u>Opening Balance</u>	-		Transfer to Donation Account No. 10999(For WAPR Reimbursement of Exp)from SBI A/C 42196321041	94,747	
a) Cash in hand			Transfer to A/C 1158(For WAPR Reimbursement of Exp) from SBI A/C 42196321041	3,85,253	
b) Cash at bank	-		<u>Closing Balance</u>		
<u>Grant Received from NEC for VII National Conference WAPR-IC in SBI A/C 42196321041</u>	4,80,000		a) Cash in hand	-	
			b) Cash at bank	-	
	4,80,000	-		4,80,000	-

In terms of our report of even date attached.

For and on behalf of Amit Bishnu and Associates  
Chartered Accountants

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E  
Date: 21/06/2024  
Barpeta Road, Assam



For and on behalf of the Management  
LGB Regional Institute of Mental Health

  
Authorized Signatory  
ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

Lokopriya Gopinath Bordoloi Regional Institute of Mental Health  
Tezpur :: Sonitpur :: Assam

Receipts and Payments Account for the year ended 31st March 2024

**ACCOUNT NO. 129001000010152(Holding A/C,National Tele Mental Health Programme)**

Particulars	2023-24	2022-23	Particulars	2023-24	2022-23
	Rs	Rs		Rs	Rs
<u>Opening Balance</u>					
a) Cash in hand	-	-		-	
b) Cash at bank	-	-	<u>Closing Balance</u>		
Bank Interest	45	-	a) Cash in hand	-	
			b) Cash at bank	45	
	45	-		45	-

*In terms of our report of even date attached.*

*For and on behalf of Amit Bishnu and Associates  
Chartered Accountants*

*For and on behalf of the Management  
LGB Regional Institute of Mental Health*

  
CA Amit Agarwal  
Partner

MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



  
Authorized Signatory

ओएसडी, उप निर्देशक  
एलजीबीआरआईएमएच, तेजपुर  
OSD, DEPUTY DIRECTOR  
LGBRIMH, TEZPUR

SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2024

SCHEDULE 24: SIGNIFICANT ACCOUNTING POLICIES

**Accounting Convention:**

The attested financial statements have been prepared on the basis of historical cost concept and on accrual basis.

**Inventory Valuation:**

Stores and spares are valued at cost or net realizable value, whichever is lower.

**Fixed assets and depreciation:**

- a) Fixed assets are stated at written down value after providing depreciation at the rates prescribed under Section 32 of the Income Tax Act, 1961. However, the asset register is not maintained under Block Method prescribed under Section 32 of the Income Tax Act, 1961.
- b) Assets amounting to ₹ 22,74,70,768 is not yet capitalized and is accounted for as Capital Work in Progress. As explained and as per information provided to us, the same is not capitalized in absence of final bill receivable from the vendor.
- c) Consultancy fees amounting to ₹ 9,06,71,629 paid to HSCC against various packages of work carried out is not allocated to the cost of package already capitalized in books of accounts. As per Accounting Standard 10 on Property, Plant and Equipments issued by the Institute of Chartered Accountants of India, element of cost shall include "any costs directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management." It is, therefore suggested, that the consultancy fees accounted separately should be proportionately debited to the cost of the asset/ package.



**Government Grants:**

Government grants are recognized as income on realization basis. However, grants received for Capital Outlay have been credited to Corpus Fund account and any specific grant received for a specific purpose is credited to Earmarked Fund account.

**Retirement Benefits:**

No provisions have been made for gratuity or leave encashment payable.

**Interest Income:**

- a) Grants in Aid received are accounted for on realization basis.
- b) Interest income on savings account is recognized on realization basis and interest accrued on fixed deposits is recognized on accrual basis.
- c) Other income is recognized on accrual basis.

**Earmarked Funds:**

Earmarked Fund, maintained for specific purposes, is credited with both Grants in aid amount received and interest earned on savings bank/ deposits accounts maintained for such grants. The fund account is debited with expenditure, whether capital or revenue and on completion of the purpose, the fund balance is transferred to Corpus Fund of the Institution.

*For and on behalf of Amit Bishnu and Associates  
Chartered Accountants*

*For and on behalf of the Management  
LGB Regional Institute of Mental Health*

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024  
Barpeta Road, Assam



Authorized Signatory

SCHEDULES FORMING PART OF THE ACCOUNTS FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2023

SCHEDULE 25: CONTINGENT LIABILITIES AND NOTES ON ACCOUNTS

1. **Fixed Assets Register:**

The fixed assets register of the Institute is updated at periodical intervals. However, we suggest that the same should be reported as per Block Method prescribed under Section 32 of the Income Tax Act, 1961.

2. **Capital Work in Progress:**

As explained and as per information provided to us, the Institute, for want of final bill from HSCC Limited, has not capitalized assets valued at ₹ 22,74,70,768. It is advisable that the projects which are completed, handed over and are put to use should be capitalized and depreciation should be provided for on those assets at applicable rates.

Further, such capital work in progress is accounted for into a single account 'Creation of Capital Assets' irrespective of the nature of assets bought for e.g furniture, machinery, building. A detail of the same was not made available for verification.

3. **Current Assets, Loans and Advances:**

In the opinion of the management, current assets and loans and advances have a value on realization in the ordinary course of business, at least to the aggregate amount shown in the Balance Sheet.

4. **Provision for taxation:**

Provision for income tax is not made for the reason that the Institute is exempted from taxation under section 10 of the Income Tax Act, 1961.

However, as amended in Budget 2014, any medical institution or hospital covered under Section 10(23C)(iia) or (via) of the Income Tax Act, 1961 shall be required to file its return of income u/s



139(4C) if its income (without giving exemption under section 10) exceeds the maximum amount not chargeable to tax.

*It is advisable that the Institute should take necessary steps to abide by the taxation laws.*

5. **Books of accounts:**

The Institute has computerized system of accounting. All the accounts, general or specific, are maintained in a single data. However, the annual reports namely Receipts and Payments are maintained bank account wise which is compiled manually.

6. **Depreciation:**

Depreciation on fixed assets is charged at the rates prescribed under Section 32 of the Income Tax Act, 1961 under WDV method.

7. **Contingent Liabilities:**

The Institute has an on-going legal case for amount recovered from the employees for excess amount paid in earlier years. As explained and as per information provided to us, further recovery of the excess amount paid has been put at abeyance. The Institute has recovered an amount of ₹ 44,40,000 till date through adjustment against salary payable upto the current year. The amount recovered might be payable subject to final verdict of the Honorable Gauhati High Court.

8. **Goods and Service Tax:**

- a) As per Section 22 of the Goods and Services Tax Act, 2017 every Supplier is liable to register itself under the aforesaid Act, if its Aggregate Turnover exceeds ₹ 20,00,000 per annum. Further, Aggregate Turnover is defined to include all Taxable & Exempted supplies made by the supplier. In light of the above provisions, Canteen Rent received for ₹ 6,12,000/-, IOB ATM Rent ₹ 3,600/- are taxable events and hence, the Institute is liable for Compulsory Registration, (other than as Tax Deductor), being the Supplier of Goods or Services or Both.



The Institute has neither applied for registration nor have it discharged its liability to pay the due tax on the aforesaid transaction.

- b) Further, the Institute is also liable for registration under Section 24 of the Goods and Services Tax Act, 2017 and tax is payable under Reverse Charge Mechanism under section 9(4) of the Act on legal expenses paid. The details of legal expenses paid during the year is as follows:

Particulars	Amount
Sudesh Singh	33,000
Goswami and Associates	48,700
Ajit Kumar Dutta	1,80,853

9. Funds transferred between two bank accounts for further payment/ transfer via internet banking/ holding account are not reflected in the Receipts and Payments Account of A/c No. 12901000004798 and 129001000010152. As explained and as per information provided to us, the same are not accounted because they are immediately squared off and have neutral effect.

10. **Re-arrangement of previous year's figure:**

The previous year's figures have been re-grouped, re-arranged and re-classified wherever necessary to facilitate comparison with the current year's figures.

*For and on behalf of Amit Bishnu and Associates  
Chartered Accountants*

*For and on behalf of the Management  
LGB Regional Institute of Mental Health*

  
CA Amit Agarwal  
Partner  
MRN: 066877: FRN: 326857E

Date: 21/06/2024

UDIN: 24066877BKEROQ9308  
Barpeta Road, Assam



Authorized Signatory